Please protect our children by protecting parent informed consent. We are not a danger to society, we are who society needs to help protect. We vote for you to represent us as the people... listen to the cry of your people/constituents! We are a minority that matters! OR brags about our freedoms... medical choice is a very important freedom we need to protect for everyone!

My testimony:

I have had a long health history with chronic issues that were never able to be figured out and often dismissed by doctors. Small things that didn't seem like a big deal - until years later I can look back and see they were my body's warning signs that I needed to be paying attention to, that doctors *should* have been paying attention to.

My body freaked out in 2004 when I got updated vaccines with the enrollment in college. I got very sick, my thyroid function halted, and everything your thyroid affects was affected. I had further vaccine updates in 2005, and with in a year had chronic pain, back issues, stomach issues, skin issues, etc. From 2004 - 2011 it was a painful, uphill battle. Finally around 2014 (three years after moving to OR) I was able to get help from doctors here, after many of the well meaning doctors discredited me. I didn't even know what an autoimmune disease was until my mid 20's!

BUT I KNOW MY BODY, I KNOW SOMETHING IS NOT RIGHT. I NEED TO BE ABLE TO MAKE DECISIONS, and that decision includes choosing a doctor that allows informed consent and looks at me as a patient, not as a bonus check from an insurance company because they give me all the vaccines.

Coming to OR in 2011 gave me more options in medical care and more people willing to look at me holistically instead of just prescribing something else for a new ailment or (too often) telling me things were in my head. I had to switch doctors a few times trying to find one - in Portland - that would listen to me. Even a doctor an OHSU refused to diagnose me when I brought them thoroughly researched information and asked them to run the test to either rule it out or confirm. OHSU REFUSED WHEN I ASKED TO BE DIAGNOSED! This is a problem. I the patient was in pain, my body and life was deteriorating and needing medical help. Medical help I was being declined because it was "in my head".

Turns out... it wasn't just in my head. I eventually found a naturopathic doctor who (by the way is in favor of vaccines <u>but also informed consent</u>) and they listened and diagnosed me correctly, so I could start to heal. I was in so much pain working was difficult. **All because doctors told me things were in my head, I was heading for disability!** Life was increasingly difficult. My marriage and relationships were affected. Social situations gave me anxiety because of my pain. I was having panic attacks that were affecting my sleep and work. Having a doctor who had the freedom to look at me as a patient and put together clues and a healing plan gave me freedom in healing. Gave me my life back! No more panic attacks, stomach aches, my aches and pains decrease, because she could diagnose me and make a treatment plan for MY BODY.

Since being diagnosed with my autoimmune disease, I've been able to help share information that has helped me with family members across the country who also have similar stories to me. Some have been able to get autoimmune diagnoses for themselves, but many have doctors who discredit autoimmune diseases and still write them off as psychological, or something that can be fixed with a pill or injection. But they continue to get worse and have no answers. This is the standard "medical care" in our country. THIS IS A TRUE EPIDEMIC! The chronic conditions in our family need to be allowed to be treated, even if treatment is to decline some and delay some vaccinations to give our future generations the change to not have chronic/autoimmune issues from childhood. Each generation it starts earlier and is more intense!

We need the freedom to make our own medical choices, for ourselves and our families.

We need the ability to delay vaccinations and decline any that are of concern when we have medical histories like autoimmune diseases - for which many doctors discredit UNTIL THEY EXPERIENCE IT PERSONALLY.

If these vaccine mandates pass, my children are at risk of repeating what I have been fighting the last 10 years to heal and be free from. Doctors need to be able to look at our family's personal risk factors and my children need to not be discriminated against because of our health.

So many friends and family members have suspected autoimmune issues and they need help. More mandates will make it harder for them, not easier. I have seen time after time my friend's kids and cousin's kids respond poorly to vaccines, from food allergies to autism. There are a subset of us that need freedom to choose! Our children and future generations are at risk.

MY BODY MY CHOICE also includes the ability to make informed decisions with our doctor of choice about how we treat and heal our bodies, and prevent further sickness. As parents we know our children and our family history better than anyone, and we need the ability to make decisions FOR THE SAKE of our child!

I am not against vaccinations, and think if someone is not at risk they should get vaccines. The data and statistics support that we are not risking herd immunity.

But you're putting a death sentence on those of us who need freedom to choose. And not freedom to fight every doctor - but **actual** freedom to choose. My body, and my child(future children) should not be sacrificial lambs when there is this much at stake.

MANDATORY SAFETY TESTING AND ACCOUNTABILITY FOR THE COMPANIES MAKING THE VACCINES SHOULD BE THE FOCUS!!!

Jon & Leslie Fairman

- and our unborn son who we've fought the past 5 years especially to heal our bodies to be able to have, and want to proactively protect him (and future kids) on a delayed schedule so he has the best chance at not living a life under the burden of an autoimmune disease.

Mandating Vaccination for ALL students in Oregon for school attendance <u>will impact 31,521</u> <u>students</u> that have filed a non-medical exemption

Exempt in Oregon means the student didn't receive <u>ALL 31 of 31 required</u> vaccines for school attendance.

Oregon has extremely high MMR rates across all counties.

OHA data on high vaccination rates across Oregon.

7.5% of kindergarteners file an exemption form, meaning they could simply be exempt from ONE vaccine and not ALL vaccines.

Only 2.6% of students in K-12 are 100% UNVACCINATED so that means of the people who filed an exemption, 66% of them partially vaccinated their kids! (Because only 2.6% of the 7.5% of exemptions did no vaccines, that means 4.9% did vaccinate, 4.9/7.5=65%)

Exemption rates go up naturally over time as a new vaccine is added to the schedule, parents are opting out until they are ready.