

I was told you are considering stopping the time changes in Oregon. As an older citizen I find it increasingly more difficult to adjust. My sleep is disturbed and it takes a few months to get relined up and then it is time to change again. We are also cattle ranchers, we try and feed on a schedule and every time it changes it is a huge adjustment for all of us. I have no preference which direction, but I do urge you to come up with one 'time' and leave it there. The power savings is not working, we use as much electricity or more in the dark mornings- it is usually colder in the AM. When we used to work outside of the place, we loved the late hours we could work on the ranch, but getting up on time for work was tough because we stayed up too late. We then had to darken our house so we could go to sleep and get up for work. I appreciate that you are even considering stopping this insane switching of times and I wish the US would do the same. Bonnie Christensen Vale Or