

Good evening,

I would like to submit written testimony explaining my opposition to HB 3063 since I will be unable to attend the public hearing on Thursday afternoon. You are welcome to take any excerpts from the following statement to better fall into the applicable time allotment. I'll highlight the sections in yellow that I think will only take 1.5-2 minutes to read/speak but you are welcome to choose any segments you see fit:

Please consider this our letter of opposition to HB 3063, particularly the amendments to Section 2 ORS 433.267. The following is the main reason we are encouraging you to oppose this health bill. **Please note that we are not opposed to vaccinations, but rather the schedule required of these vaccinations before children are two days old, before daycare, preschool and grade school.**

Our family has a history of autoimmune disease, specifically [Ankylosing spondylitis](#). **Following a modified vaccination schedule (delaying vaccines, spacing out injections) is logical to reduce insult to the immune system, allowing the system time to respond to vaccines in a healthy way.** Any unnecessary risk of stimulating the immune system (from currently required Chickenpox and Hepatitis vaccines) poses a high risk of triggering the start of the genetic autoimmune response. While we agree that there are many reasons for medical exceptions there are more shades of grey than black and white which we encourage you to consider. The likelihood of receiving a medical exception to delay/spread out vaccinations for our genetically predisposed children is unlikely under the current standards. **Why should our children not be allowed to attend public school because their health concerns fall outside the absolute medical exception?** We fear that restrictive legislation could cause a drastic decrease in preventative doctor office visits.

Furthermore, how many adults living in Oregon have been immunized for Hepatitis A or Hepatitis B? Why is herd immunity **beginning on the day of a child's birth** for these immunizations when the vast majority of Americans do not have these immunizations? **Again, we are not opposed to vaccinations against Hepatitis A or Hepatitis B, just the required schedule of these immunizations immediately following birth.**

Please consider the logic and the science of immunization effectiveness and how that relates to overstimulating a baby/young child's underdeveloped immune system when administering multiple vaccines in one visit. **Please educate people on the research that shows with 100% certainty that all vaccines will not trigger an autoimmune risk/response in children. If you are unable to show the general public well respected research with 100% certainty of no side effect or autoimmune risk then you are simply taking away our right to consent to a vaccine.** How are you able to **make an informed decision** unless you have the respectable **research to prove no autoimmune harm?**

Unfortunately, we are unable to attend the public hearing in person given the short notice, but please feel free to share any of our content or ask any additional questions. We encourage you to reach out to Naturopathic Medical Doctors to receive informed information about this topic.

Thanks for your time,

David and Julie Pond