

From: Shila Helmer <starrose78@yahoo.com>
Sent: Wednesday, February 27, 2019 7:02 PM
To: Rep Salinas <Rep.AndreaSalinas@oregonlegislature.gov>
Subject: Opposition to SB 3063

Testimony for Opposition of SB 3063

Hello Health Care Committee Chair Representative Andrea Salinas,

If I were eloquent and more academic-minded I would submit medical facts and figures to the Health Committee. I would point out that this Bill for Mandatory Vaccination is targeting a small section of the population because the actual numbers of vaccinated people in Oregon is very high. I would show that a "one-size fits all approach" to medicine is detrimental to creating a healthy productive society. I would illustrate that costs from this course of action will in the long run only increase and thus hurt the economy of our state. I would point out that it is near impossible to get a medical exemption from providers because of many reasons. For many of us, we are too sick to want more poisonous injections-and the resultant consequences-but not sick enough to warrant an obvious exemption. But, since I believe many others have written of these points very well, I will simply ask you to respect the right of each citizen to make their own informed choices.

This proposed law is in direct violation of the Nuremberg Code, section one, which reads, "The voluntary consent of the human subject is absolutely essential. This means that the person involved should have legal capacity to give consent; should be so situated as to be able to exercise free power of choice, without the intervention of any element of force, fraud, deceit, duress, over-reaching, or other ulterior form of constraint or coercion; and should have sufficient knowledge and comprehension of the elements of the subject matter involved, as to enable him to make an understanding and enlightened decision. This latter element requires that, before the acceptance of an affirmative decision by the experimental subject, there should be made known to him the nature, duration, and purpose of the experiment; the method and means by which it is to be conducted; all inconveniences and hazards reasonably to be expected; and the effects upon his health or person, which may possibly come from his participation in the experiment. The duty and responsibility for ascertaining the quality of the consent rests upon each individual who initiates, directs or engages in the experiment. It is a personal duty and responsibility which may not be delegated to another with impunity." I suggest you read the entire thing

here: <https://history.nih.gov/research/downloads/nuremberg.pdf> Please respect these outlined rights, rights that our brothers- and sisters-in-arms fought and died for, for us.

If Jehovah's Witnesses are allowed to refuse blood products, even in dire emergency of loss of life, as an adult and for his/her own child, then I have the right to choose what, if any, vaccines and when I want them, for myself and my children.

Please respect the right of every individual adult for self autonomy, to decide for himself or herself and not be forced by the State or the Government. Please respect the right of each parent to make informed decisions for the behalf of their own children. Please respect the right to say "No" to actions that are in opposition to an individual's religious and moral philosophies. Please listen to the words that are being shared with you today and hear our hearts, do not be afraid and rush into a decision that takes away our rights.

This Bill directly affects my health and the health of my children. My oldest child was vaccine injured by the MMR vaccine. I will never be able to take that back. I can not undo that action. I will never know who my child was destined to be or what she was destined to become because my action-my decision to go against my intuition and let myself be bullied into vaccinating her despite her genetic inheritance towards vaccine injury, can never be erased. Please, please do not force my children and I to be vaccinated against our God-given will to choose for ourselves. A nation that does that does not prosper. Thank you.

Sincerely,

Shila Helmer

La Grande, Oregon