

[https://www.gazettetimes.com/opinion/letters/letter-get-the-truth-about-vaccines/article\\_8f39c3ab-5ec6-5c33-84be-c6863c15826d.html](https://www.gazettetimes.com/opinion/letters/letter-get-the-truth-about-vaccines/article_8f39c3ab-5ec6-5c33-84be-c6863c15826d.html)

## **Letter: Get the truth about vaccines**

Jan 2, 2019

It's time to cut the politically naive and uncritical bologna about vaccinations. Pro-vaxxers like medical columnist Keith Roach, M.D. should get educated and quit espousing thoroughly discredited views propping up a Mickey Mouse view of modern life which is closer to the Gilded Era dysfunction of Scrooge McDuck.

We supposedly live in an educated community but many still cling to outdated and frankly erroneous views of vaccination. Education is needed! Yes, you've been lied to — and it's time to start getting over it.

For starters, two recent, historically important, laboriously researched, and medically well-informed books, "Vaccine Safety Manual For Concerned Families and Health Practitioners" by Neil Miller (2015) and "Dissolving Illusions: Disease, Vaccines, and the Forgotten History" (2015) by Suzanne Humphries, M.D, provide a nuanced background and reset for fact-based views (e.g. unwinding dubious vaccine claims).

Shabbily constructed pro-vaccine views are functionally flattened going back 80-150 years to what reduced infamous infectious diseases over 90-95 percent from historic highs — before individual vaccines were introduced or proliferated — “public health measures” like clean water and garbage collection graciously transforming urban dwellers’ lives.

Major figures of that era such as William Osler, "The Great Physician," and Albert Szent-Györgyi, the Hungarian Nobel-Prize winning biochemist who first isolated Vitamin C routinely marveled at changes wrought by the “Sanitation Era” from 1850 to the early 1900s which converted these once relatively frequent infectious diseases — measles, smallpox, cholera, typhoid fever, whooping cough, and others — into minor statistical concerns among national mortality figures.

**Chris C. Foulke**

Corvallis (Dec. 31)