

Hello,

I emailed last week, asking our representatives to oppose HB 3063, but wanted to make sure that I got in for the written testimony, as well. I will repeat my email at the bottom of this statement, but did want to add to my statement...

As you are considered "exempt" even if your child gets some vaccines, but not the whole schedule, I had to speak up about the Hepatitis B vaccine. This is the one that they have started giving to newborn babies. Please see the following - How is hepatitis B spread?

The hepatitis B virus is spread when blood, semen, or other body fluid infected with the hepatitis B virus enters the body of a person who is not infected. People can become infected with the virus from:

- * Birth (spread from an infected mother to her baby during birth)
- * Sex with an infected partner
- * Sharing needles, syringes, or drug preparation equipment
- * Sharing items such as toothbrushes, razors or medical equipment such as a glucose monitor with an infected person
- * Direct contact with the blood or open sores of an infected person
- * Exposure to blood from needle sticks or other sharp instruments of an infected person

Hepatitis B virus is not spread through food or water, sharing eating utensils, breastfeeding, hugging, kissing, hand holding, coughing, or sneezing. <https://www.cdc.gov/hepatitis/hbv/bfaq.htm#bFAQc01>

I am not opposed to testing mothers for Hepatitis B, and I would guess that they already are tested as I was tested for sexually transmitted diseases when I was pregnant. I did not check to see which diseases were in fact performed. If, IF, a mother has Hepatitis B, then I could see giving the baby the vaccine at birth, a number far smaller than what is currently being vaccinated at birth. Other than a mother that has Hepatitis B, I cannot see one good reason to give a newborn baby any vaccine, not having established any substantial baselines. This is one of the many reasons why I do not trust the pharmaceutical industry, as the only reason I could see giving a newborn a vaccine would be to take advantage of parents that are in an extremely vulnerable state, only to later be able to say that their child has already gotten vaccinated and to help with coercion in getting the parents to sign off on all other vaccines.

I would also like an answer to the very simple question of why in 1983 there were 22 doses of 7 vaccines by age 6 and 24 doses of 7 vaccines by age 18 / in 2017 there were 50 doses of 14 vaccines by age 6 and 69 doses of 16 vaccines by age 18. <https://www.nvic.org/cmstemplates/nvic/pdf/downloads/1983-2017-vaccine-schedules.pdf> And yet, childhood diseases are on the rise and it is now believed that the youngest generation will not be outliving their parents age? I know that there are many contributing factors to that alarming new information, however, there are also many contributing factors as to the side effects associated with having vaccines, especially such a large amount. To gut health, hormones, not to mention neurological effects.

With this many vaccines (and the above statistic is from 2017...) and excluding just one puts you in the "exempt" category, it is really only reasonable that parents be given the choice as to give their children all of these vaccines. Particularly, I must point out, the ones that are largely specific to sexually active people or drug users (Hepatitis B), that are given to infants.

My email that was sent last week is listed below, and I stand by all of it and would like it to be part of my statement-

Representatives,

I am not your typical extremist anti-vaxxer. I am not extreme, at all, and would rather not feel like I have to write a letter like this. I don't try to convince other parents one way or another about vaccines, as I understand that it is a very personal decision, on whether to vaccinate or not. My son has had some vaccines, although not the full schedule. I have watched the video for exemptions for my son to go to public elementary school, and work with our pediatrician to decide on vaccines. I appreciate, very much, the freedom to be able to make these choices. As well as the choices of making sure that my son gets adequate sleep, drinks mostly water (not juice or soda), gets several servings of fruits and vegetables in his well rounded diet every day, as well as plenty of activity and time outside, in the fresh air. All of these decisions I make to keep him as healthy as we can and teach him to make healthy choices as he ages. I would hate for any of these choices to be taken away from us, or any other parent.

I understand that there is legislation to take some of these choices away. I am sure that you would not attempt to take away the choice to feed our son fruits and vegetable everyday, that would be shocking, would it not? As with taking away the choice to decide on a reasonable bed time, that would surely be laughable. Not to mention if you tried to take away playtime outside, in the fresh air, again, I am certain that legislation wouldn't be given a second thought. Yet, the writers of this legislation feel that they have the ability to say whether we inject chemicals and viruses (dead or alive) into our children, this, to me, is shocking.

I am a parent that has done my research, as I hope that every parent making any decision for their children does. Not the internet "junk" that has been referred to, but actually reading medical books, reading study's and scouring the CDC website for more double blind safety study's, ingredients and side effects of vaccines. Now, I did most of my research when my son was young, but in a quick recent search I could find out about how Gardasil was a vaccine that had a double blind, placebo controlled trial for safety, pointing out how even the gold standard of safety tests still lets extremely dangerous vaccines through to market. If you are not aware of the Gardasil vaccine, and the now known side effects, I implore you to do your research before voting on this legislature.

Lastly, I am sure that as a state representative you are acutely aware of the responsibility that you have to the people that you are making decisions for. I would guess that you get bills put before you weekly, or daily, that have major impact on the lives of Oregonians, and I am sure that you take that responsibility very seriously. Please, please consider, before voting, how many children you may be putting in harms way via vaccine side effects, short term and life long, by eliminating the exemption. The schedule is already in place, that most doctors advocate for. With the requirement that is already in place in the schools, the majority of parents vaccinate already. As a mother that is just trying to make the best decisions for my child, and teach him healthy habits, not just take a pill or a shot for "health", I ask you to please vote against removing vaccination exemptions.

Thank you for your time and consideration.

Tonie Lough