Dear Andrea,

I am writing to tell you that I oppose HB 3063, the bill to end all non-medical vaccine exemptions for Oregon schoolchildren. I believe parents should retain their rights to refuse vaccinations without being coerced, and I believe all children should have access to an education regardless of vaccination status.

I am a mother and naturopathic physician. After doing research and deliberation, I chose not to vaccinate my children. My child was excluded last year from school due to his non-vaccination schedule, which robbed him of his right to attend public school.

Only 2.7% of Oregon schoolchildren currently hold a philosophical or religious exemption, meaning that scientifically we already have high community immunity to disease. Therefore, there's no reason to take away parental rights to those using non-medical exemptions.

There are many reasons parents use those exemptions. Perhaps their child has had a reaction to a vaccination that doesn't qualify for a medical exemption, and so they choose to not longer use that vaccine, even if they use others. Perhaps they are using a spaced out or reduced schedule. They may be a member of a religion (such a Jehovah's Witness), which is morally opposed to the use of vaccination.

There is a lot of gray area that the exemptions allow while still keeping every child healthy and vaccination rates high.

I hope you will not support this bill.

Thank you for reading, Rachel Hess, ND