

From: [Mindy Choe](#)
To: [HHC Exhibits](#)
Subject: HB 3063
Date: Thursday, February 28, 2019 8:53:13 PM

I am Mindy Choe, Family Nurse Practitioner, writing in opposition of HB 3063.

As a Nurse Practitioner and mother of a four year old boy with complex chronic health conditions, I am not against vaccines. I am against governmental preemption of patients' or guardians' decisions about any medical interventions.

Medical care should be determined by a qualified health practitioner with consent of the individual patient/guardian. In medicine, we must take into consideration the risk:benefit ratio of any treatment or preventive health measure provided for an individual. This is the fundamental principle that medicine is based on: ***Primum non nocere. First do no harm.*** In other words, given an existing problem, it may be better to do nothing than to risk causing more harm than good.

Any qualified healthcare provider will acknowledge that we know relatively little about the complexities the immune system. Many children have extremely complex and fragile immune systems, especially in the first few years of life. Requiring all children to be exposed to antigenic material to stimulate an individual's immune system can cause permanent harm, as recognized by personal testimonies from patients and guardians, and as evidenced by The Vaccine Injury Compensation Program, which has paid an estimated \$4 billion in damages.

Providers who assert that vaccines are safe are not taking into consideration the multiple adverse effects listed on every vaccine package insert. Vaccine adverse effects include, but are not limited to, diabetes mellitus, thrombocytopenia, anaphylaxis, polyneuritis, encephalopathy, seizures, and even death. I strongly encourage you to read the vaccine package insert yourself, and take into consideration how some of the adverse effects listed have caused harm, and in some cases, permanent damage, to our very own children.

Respectfully,
Mindy Choe