

Dear Oregon Legislators ,

I Inna Polkhovskiy Is getting my rights as a parent taking away, if this bill may pass. I have four children and my two oldest are fully vaccinated or may be missing one or two vaccines because I was not educated enough that the risk are much higher in my opinion/situation to get vaccines then not. My two oldest are traumatized after having their last vaccines at 6 and 7 years old. My husband and I had to help the nurse force them by holding them down each one of them. Let me clarify, 3 grown adults had a hard time holding 6 year old and then a 7 year old child to get their vaccinations when I asked to stop it and to not go through it because that didn't seem right to me, but they pushed me to do it anyways we were screamed at bu the nurse "it needs to be done now!" As, if I didn't have a choice. Scream because we would not be able to hear her over the voices of my girls screams of fear. Let me clarify again each child was getting vaccines separately with same reactions. I cried with my children after the appointment, but without showing my emotions to them and telling them this is for their own good!? But My feeling we're telling me was not ok and not worth it! My oldest is now 12 going on 13 years old almost a teenage that wet her bed every night until a month ago she started to have less and less wet nights. She would ask me "what is wrong with me and why can't I be like normal kids!" I couldn't answer her question! Was I supposed to tell her this is normal?! She feared other kids/ peers / friends and that she will get bullied, if someone would find out. We went to different doctors no one could help her and some said this is normal! Is it normal for her to get half of her childhood taking away from her? She can't

experience sleep over, camps etc... her self-esteem was lacking. Where is her self confidence?! This was affecting her future and how she will become then who she could have been with more confidence and self-esteem. She almost got into depression stage...why almost? Because I as a parent care enough to do what I can for her by supporting her and letting her know I wasn't going to give up on her! We went to a massage clinic and we believe and my daughter was telling it was helping and we both saw a difference. I don't want any of my other kids getting traumatized like this or worse!

My second doesn't tell me anything is wrong with her until she can't hid the symptoms when she gets sick or rash or anything that we need to go get a doctor look to give us meds for treating whatever she has because she is afraid she will be forced into getting a shot again even when I told her and my husband told her more then a thousand times that she will not get a shot for it! I do not want my other two to live in fear and long term problems! Because I care too much for them!

My third had up to 4 months of vaccinations and why I stopped with him because of my other daughters last traumatized appointment.

My fourth has none from birth and my third and fourth, if you take a look of their doctors visits is less visits and that means less sick and more healthy! Why do I want to risk their health? Like my youngest daughters doctor said at her 18th month check ups, she is 100% healthy, so why do I need to poke her? Why do I need to risk a trauma or God forbid a mental or and disability like so many others have and no one wants to hear them out or they don't matter?! I as a citizen am getting my Constitutional rights taken away from me and many others, if this bill may pass! I Inna Polkhovskiy as a parent cares therefore I oppose this Bill 3063

I Inna Polkhovskiy
Sent from my iPhone