# CURRICULUM VITA

### Paul Thomas, MD FAAP ABAM ABIHM Integrative Pediatrics 11790 SW Barnes Road Suite 140 Portland, OR 97225 (503) 643-2100 paulthomasmd@gmail.com

# EDUCATION

University of the Pacific University of the Pacific Dartmouth Medical School	1975-1979 (BA Biology) 1979-1981 (MS Biology) 1981-1985 (MD)	
RESIDENCY (PEDIATRICS)		
University of California SF (Fresno) University of California San Diego	1985-1987 1987-1988	
CLINICAL EXPERIENCE		
Attending Pediatrician – Inpatient Department of Pediatrics Resident & Medical Student Instructor Emanuel Children's Hospital, Portland OR	1988-1991	
Pediatrician at Emanuel Children's Hospital	1988-1993	
Clinical Director – Pediatric Afterhours Clinic	1988-1993	
Child Abuse Specialist – Emanuel Children's	1988-1993	
Private Practice Pediatrician	1993- Present	
BOARD CERTIFICATION		
American Board of Pediatrics American Board of Integrative Holistic Medicine American Board of Addiction Medicine, ABAM	1991,1998, 2005-Present 2009-2016 2010-2020	
ADMINISTRATIVE EXPERIENCE		
Clinical Director	1988-1993	
Pediatric After-hours Clinic, Emanuel Children's		
Director of Pediatrics Department of Pediatrics St. Vincent's Hospital, Portland OR	1995-1998	
Director and Coordinator	1996-2003	
Salud Para Los Ninos		
(Health Care services for uninsured and migrant)		
President	2008-Present	
Integrative Pediatrics/Fair Start		
President	2009-2017	
Pediatric Urgent Care, Portland OR		

#### **TEACHING EXPERIENCE**

Best Resident Teacher Award UCSD	1988
Ward, Clinic and Nursery Attending	1988-1993
Emanuel Children's Hospital	
Child Abuse Instructor at trainings	1988-1993
Emanuel Children's Hospital (CARES)	
Clinical Instructor Pediatrics	1991-1995, 2008
OHSU, Portland OR	
Career Pathways, Beaverton schools	1996-2015

#### **MEMBERSHIPS**

(AMA) American Medical Association (AAP) Academy of Pediatrics Fellow Oregon Medical Association (ASAM) American Society of Addiction Medicine (ABIHM) American Board of Integrative Holistic Medicine (ABAM) Board-certified Addiction Medicine

#### FOUNDING DIRECTOR

(PIC) Physicians for Informed Consent

### FOUNDER

(PHOI) Pediatrics Health Outcomes Initiative

### AWARDS

2002 Best Family Doctor in America, Ladies Home Journal 2006 America's Top Pediatricians, Consumers' Council of America 2009 America's Top Pediatricians, Consumers' Council of America 2012 America's Top Pediatricians, Consumers' Council of America 2013 Castle Connelly's Top Doctor 2014 International Leading Physicians of the World Top Doctor 2017 Castle Connelly's Top Doctor

#### TRAINING/CERTIFICATIONS

Buprenorphine and office-based treatment of opioid dependence

Waiver from SAMHSA (Substance Abuse and Mental Health Services Administration)

Defeat Autism Now! (DAN) training

# AUTHOR

The Vaccine-Friendly Plan Dr. Paul's Safe and Effective Approach to Immunity and Health - from Pregnancy Through Your Child's Teen Years. (Ballantine/Random House 2016)

*The Addiction Spectrum - A Compassionate, Holistic Approach to Recovery.* (Harper One 2018)

CME: always current (available upon request)

**Every Choice Counts -**

https://www.youtube.com/watch?v=Jp1yYtFZJr4&index=3&list=PLNMoKhy02wdIADdSfq DqFnouCWt- 3uCb&t=0s