

From: [Meghan Waters](#)
To: [HHC Exhibits](#)
Subject: HB 3063 testimony
Date: Wednesday, February 27, 2019 10:17:41 PM

Oregon House Health Committee:

My name is Dr. Meghan Berninghausen, D.C. and I am a mother of a 17 month old toddler and I'm also a small business owner in Portland, Oregon. I strongly oppose house bill 3063 that requires mandatory vaccinations as a requirement to attend public or private school. I am writing you today because I believe that a person's right to have autonomy over their own body (or their child's body) is important to preserve in a free society. Just as I believe in a woman's right to choose, I believe that having control over your body is essential to maintaining self responsibility and empowerment.

I moved to the state Oregon to open my business 5 years ago because Oregonians represented open-mindedness, education, and acceptance of all lifestyles and religions (even the ones that are often marginalized or discriminated against in other parts of the country.) Oregon seems to be wavering on these beautiful principals due to media hype surrounding a measles outbreak, which was a common childhood illness only 2 generations ago.

I could give you all the statistics and figures about how the unvaccinated rate is only 2.6% in the entire state, or how over 31,521 students who have filed a non-medical exemption will be affected by this bill. The most important point I want to get across, however, is that the freedom to choose is a quintessential American and Oregonian value.

Meghan Berninghausen, D.C.
Portland, Oregon
2/27/2019