

Thank you House Healthcare Committee for accepting my written testimony, as I can not be present at the hearing on such short notice.

My name is Adam Grabel and I live in Beaverton.

I am strongly opposed to HB 3063. My healthy, smart, well-behaved daughters would be prohibited from school if this measure passes, simply because they have not received every single vaccine. These are the kinds of kids you WANT in your schools: they work hard and follow directions. We volunteer, fundraise, and support our schools by voting "yes" on local levies. Our family worked with their doctor directly to determine the best vaccine schedule for them, based on their own health needs and our family history of autoimmune disorders. We are diligent about the health of our children, making sure they receive regular medical care, nutritious food, beneficial supplements, lots of rest, and vigorous exercise. We keep them home if they are even slightly sick. We do not take their health lightly and spend considerable time and energy weighing the options and making the best decisions possible. It is unethical to ask my children to take a risk to protect another child they may never meet from a disease they may never get.

While this bill has a HUGE effect on families who are selective about vaccines for any number of reasons, it has a negligible -if any- effect on preventing the spread of disease. It simply doesn't make sense to enact legislation with such an enormous negative impact when the positive impact is next to nothing. Our vaccination rate is very high already and our current exclusion policy that is used during outbreaks WORKS. We do not have a significant problem of disease being spread at school. This legislation is trying to fix a problem that does not exist.

There are many, many reasons why a family may avoid some or all vaccines. Some include: lack of long-term testing, lack of placebo-controlled testing, dose not weight dependent, family history of impairment of detox pathways, lack of trust in newer vaccines, family history of autoimmune disease, family history of vaccine reaction, conflicts of interest at ACIP, testimony of CDC whistleblower Dr. William Thompson as well as others in the CDC that have testified via [SPIDER](#) in 2016, lack of testing regarding carcinogenic potential, not Vegan, made using aborted fetal cells, concerns of injecting foreign DNA, no manufacturer liability, desire to reduce aluminum exposure, distrust in pharmaceutical companies due to frequent fraud cases (ie. Vioxx), etc. Most families who use exemptions have weighed their decisions very carefully and will not just run out and vaccinate their children. Excluding them from schools seems more punitive and coercive than an attempt to improve vaccination rates. If you want to improve vaccination rates, you'd be much more successful by convincing the CDC to address the above-listed concerns.

Sincerely,
Adam Grabel
Beaverton, OR