Good morning,

I am writing to oppose HB 3063. Did you know that according to the Oregon Health Authority, 95.3% of students in Oregon are immunized against the MMR vaccine? This is no cause for concern. In simple terms, over 95% of students in K-12 have had both doses of the MMR vaccine. This doesn't mean that 5% are unimmunized, they could be exempt or have had 1 of the 2 doses. In fact, the percent of children who have zero vaccines is only 2.6% in Oregon.

HB 3063 strips away a parent's right to choose, especially in the day and age where there is no emergency. The measles cases are not rare, they occur every year. The CDC website shows that a similar number of measles cases occurs each year.

My child's father had a major vaccine injury. When he joined the navy, he went in being one person. When he was discharged, he was another person. His mental health declined, which resulted in death by suicide. He was not in combat and he enjoyed the navy. However, the multiple vaccines given, as well as the experimental vaccine in his medical record, caused the trigger that resulted in death.

Years ago, I had a terrible reaction to a vaccine. As an adult, I followed what my doctor said blindly. No risks were given, except my arm may be sore. I was sick for days. I now realize that the ingredients in the vaccine do not agree with my body. It makes sense as I am sensitive to some medications.

My mother had a shingles vaccine, and her arm swelled up so badly. It was so big that it hurt. She reported it to her doctor, but nothing came of it. She will not get another one.

What do these 3 instances have in common? None of them would be eligible for a medical exemption for my child. This is not ok with me.

I work with my doctor and my child's doctor with what is best. A system where a parent can make medical decisions for their child is the best one. One where the government forcefully takes that away is not the way this country was founded.

I read an article the other day that said when a patient/parent and doctor talks about exemptions, the exemption rate naturally goes down. Less of them are taken, more vaccines are given. However, if the government decides to take this away, there is a lot less trust with doctors and government. The government doesn't know my medical history or that of my child, the doctor does. Without the ability to obtain a medical exemption based on individual medical records with the doctor poses a problem.

Keep in mind, a person who does not have the disease, cannot pass it on if they don't have it.

I suggest you say no, oppose HB 3063. Keep parental rights to choose medical decisions between the patient and the doctor.

Laura Adams

Sherwood, Oregon