## To whom it may concern,

I am writing this in regards to HB 3063. I have 3 children, all 4 years-old and under - it's busy and full of life as you can imagine. My children have food intolerances that we were unaware of when my oldest was first born. It wasn't until she was around 4/5 months that we discovered her intolerances, which caused her to have bloody eczema and stool due to dairy and gluten that was in MY breastmilk. I was horrified that what I ate would pass through my breastmilk and wreaked so much havoc on her tiny body. Our Pediatrician agreed that we should delay vaccines and go at a much slower pace until she got older and we could have better understanding of what foods she was reacting to so her body wasn't being overloaded.

Fast forward 2 years later and my son, at his 2 month appointment, received one vaccine of Pentacel that caused him to have a raging fever for 3 days and be totally inconsolable. He was then sick with a horrible cold for 2 weeks afterwards. At his 6 month appointment, we were due for Pentacel again and the SAME reaction happened - it was AWFUL!! My Pediatrician told me it was just fine and to keep going through with them. Well, after that I did a lot of reading within the CDC, FDA, and published medical journals only to land on the fact this his reaction was listed on the real vaccine insert, not one given at the clinic. I changed Doctors and once I explained what happened she was very concerned and supported us wanting to hold off on vaccines for the time being. Now could we get a Medical Exempt for that? Probably not. And I would have to go through a lot of hoops to acquire it if so.

During this time, we have also learned that Celiacs runs in my family. But since I don't show symptoms for it due to a healthy diet, I can't get my children exempt from vaccines. Do you know what the warnings on vaccines are for immune comprised? "DO NOT ADMINISTER TO IMMUNE COMPROMISED INDIVIDUALS OR TO A CHILD WITH A PARENT OR SIBLING COMPROMISED."

My children are just 2 out of the thousands of Oregon children who experience these types of reactions every day. It's scary, emotional, frustrating, and exhausting to experience. No human, let alone a child, should have to be put through something like that. We, as parents and human beings, have the right to speak up for our children and say NO! The government doesn't live in my house, see my children every day, know their health status, or how we live our daily life. How can there be a law on mandatory vaccination when there are RISKS involved? Isn't my child, their health and education just as valuable as those who can and choose to do all vaccines? The message you're sending by approving this bill is NO THEY ARE NOT! It is not my child's fault they have reactions and they should not be treated as so!

Under no circumstance is this bill supporting our freedom of choice by Informed Consent - as parents or Americans. Please, do not allow this bill to continue forward. For the sake of all children and their freedom.

Sarah Ayres and family