

I, Trudy Haugen, am opposed to HB3063 which removes the ability of a parent to decline required immunizations on behalf of a child for reasons other than child's indicated medical diagnosis.

First off, I wish to tell my vaccination story of my children. I also wish to share my story of my grandchildren, both born within 6 months of each other.

I would like to be heard, not as a person that has educated myself by falses and untruths, but has learned by trial and error and at the stake of the health of my family.

I am not just an uneducated extremist who googles untruths I see on FB. I was employed and even managed medical clinics in a rural community for 20 plus years in Central Oregon. The medical community has been my career. I have always followed all that has been recommended to me as an employee and parent. I never once questioned anything about immunizations. I was immersed in the culture and professional knowledge.

Interestingly enough, my oldest daughter, who is now 29, had convulsions after receiving her DTaP when she was an infant. I did what you did back then, I called the Health Department who administered her immunizations. I was told that my daughter was having a brain swelling reaction to the pertussis portion of this vaccine and that from this point forward she would not be able to take the pertussis portion of this immunization as THE NEXT DOSE COULD BE LETHAL. From this point forward she received only Diptheria and Tetanus. IT WAS NOT A ME ISSUE. I NEVER HAD TO INFORM MY DOCTOR as the Health Department officials did this for me. It was listed as an allergy in her chart. I NEVER HAD TO PROVIDE AN EXPLANATION or anything to the schools. IT NEVER WAS A BIG DEAL. I didn't even think of talking with other parents about it, because it wasn't my choice – it was the choice of the medical community for the safety of my daughter. She was in college when whooping cough became a thing again. Again, no concerns with her not having it, no letters, nothing from her doctors. I still worry when outbreaks happen, but SHE JUST CANNOT HAVE IT . . . period!

When my 2 daughters were in High School the Gardasil injection became a thing. The doctors at the clinic I worked at was in strong agreement that everyone should vaccinate their daughters, and as soon as they could, their sons. My youngest daughter PASSED OUT AFTER EACH INJECTION. She went on to have strange diagnoses such as BELL'S PALSY at 17. Of note, both of my non-sexually active daughters ENDED UP WITH HPV. I never really thought much about it, I was just doing what my trusted doctors told me to do as a good Mom. I would never question them, or the vaccines.

In 2017 both of my daughters became pregnant, then 26 & 28. My youngest was the first to conceive. While pregnant she had both the flu shot and required Tdap. When her daughter was born, my first granddaughter, she was immediately transported via Airlife from our rural hospital to St Charles Bend where she was admitted into the NICU because of adverse muscle reactions to Magnesium given to my daughter during labor. While there our granddaughter was found to be tongue tied, which was causing feeding issues, and a simple clip of the tongue was done. Feeding problems ensued after discharge. The lactation specialist referred her to a pediatrician who did a complete tongue tie release. She also referred her for cranial sacral therapy. It was at this referral that our eyes were opened hugely to what was and had been going on in our family. The cranial sacral therapist cautioned that PRIOR TO STARTING IMMUNIZATIONS my granddaughter, or my daughter, SHOULD BE TESTED FOR MTHFR. She explained that 98% of babies that are tongue tied carry this gene. She explained that people who carry this gene or PROHIBITIVE FROM THE NATURAL DETOXING PROCESS OF ALL OF THE METALS AND OTHER TOXINS CURRENTLY FOUND IN IMMUNIZATIONS. She stated that those who carry

the MTHFR gene are SUSCEPTIBLE TO VACCINE INJURY. Yes, a person from the MEDICAL COMMUNITY is the one who educated her about the risk of immunizations for her child.

An eye roll from this Grandma ensued. I worked for doctors. I knew all this immunization talk to be non-factual.

My oldest daughter then has my grandson. You guessed it, he is tongue tied. He has a full release from the same pediatrician and cranial sacral therapy from the same clinician.

My youngest daughter needed to go in for lab work as she is having immense health issues. She requests that they do a test for MTHFR. BINGO – TEST RESULTS SHOW THAT SHE CARRIES THE GENE. This is my daughter that fainted after every Gardasil injection. This is the daughter who suffered from the lasting effects of Bell's Palsy before she even graduated from high school. This is the daughter whom after a Magnesium injection during labor nearly died, as did her daughter. This is the daughter whom now has been diagnosed with an entire host of autoimmune diseases, one of which includes Lupus.

Now lets talk about my grandson. Gluten and dairy intolerant since birth with severe acid reflux, the silent type. No way to test for celiac disease because the mere mess up and exposure to gluten causes up to 13 diapers a day. It is our understanding the celiac disease just may be a medical waiver diagnosis. Sometimes that diagnosis is a difficult one to get as it requires gluten in the system. My grandson's entire life we have done everything we could to keep him from that exposure as it is so detrimental to his health.

As a grandmother whom has worked in the medical community for my entire career, these insights have been so so difficult to take and sift through. I am absolutely INCENSED that there is so much judgement about people who choose to not vaccinate. I am absolutely INCENSED that my children, grandchildren and their doctor are possibly going to have that right taken away from them. And I am absolutely INCENSED that again, at the end of the day, WE RISK NOT BEING HEARD AND NOT BEING BELIEVED, even though it is the MEDICAL COMMUNITY that has taken us to this conclusion that we need to WAIT AS LONG AS WE CAN TO IMMUNIZE and then when we do, a DELAYED SCHEDULE with COMPLETE DETOX has got to be accomplished. It is this same medical community that for whatever reason also seems to not be comfortable writing that medical exemption. And you know what, I get it! If I was to stand up in public and say what my family is going through, I WOULD BE BLACK BALLED TOO! You all go to these extremes and it will just come to that.

Have you taken time out of your busy scheduled to READ an insert on vaccines? Have you read the ingredients and possible side effects? Have you read who and who shouldn't be getting these vaccines? I urge you to do so! I guarantee you will be SHOCKED!

I feel like the PHARMACEUTICAL COMPANIES HAVE A LONG WAYS TO GO until they can truly say they have ARRIVED AT PERFECTION. Tell me, why do fetus cells have to be in our immunizations? Why so many toxins? Why so many immunizations now and so many on the same day? Why so much DISREGARD TO HEALTH IMPLICATIONS? Do we need to stomp out disease, YES. But do we need to do it at the HEALTH AND WELL BEING OF OTHERS? No! MAKE THE STANDARDS HIGHER. LISTEN TO THESE PARENTS who will tell you that changes happened in their children after immunizations were given. I sure did. I didn't go to the internet. I asked parents of autistic children. I asked parents of SIDS babies. And you know what, 9 times out of 10, a parent will correlate these episodes with an

immunization. I am absolutely sick that even my colleagues THINK THIS IS A JOKE. IT ISN'T FUNNY. And you all taking part in this isn't funny either. How on earth can their observations be brushed under the carpet time after time after time? These families undergo a lifetime of pain. And I cannot believe that people will not listen to them.

I have a daughter who may be vaccine injured. I have another daughter who is one injection away from it. I know better now. I will not stand by and give up my right to people in Salem who are not even considerate enough to make sure that people on this side of the mountain can make it over to testify, and even moving it up quickly during the worst snow storm ever. I am ashamed of all of you. These are real people making these decisions to not vaccinate. They are real people like me. I am not a freak. I am not a psycho. I do not believe everything I read in the internet. But I do absolutely 100% believe that immunizing my grandbabies will cause them due harm, even worse than it did their mothers. What I am finding, the medical community does not know a lot about MTHFR. But I am telling you what, that cranial sacral therapist sure is shoot did. And guess what, she was RIGHT!

If you want to put your energies somewhere, why don't you put them on FORCING QUALITY ON THE PHARMACEUTICAL COMPANIES for the poison they are putting in our vaccinations these days. Please, I beg you, spend some energies there. If not, our population is just going to get sicker and sicker with more and more diseases. And I am sorry, but your medical doctors and pharmaceutical companies are NOT who you should be turning to for their biased wisdom and answers. I literally have heard a lactation specialist and an MD state that the ONLY reason they vaccinate their children is because of their career. They know without a shadow of a doubt that it is not what is best for their children and knowing what they know and without pressure from within, they would NOT vaccinate.

And you might be saying, well – just get a medical waiver. Okay, so why don't you outline who would be waived. I will guarantee MTHFR will not be on there because as far as I can tell no one in the medical mainstream knows anything about it. As either myself or my husband is the carrier of the gene, we both have tried unsuccessfully to have conversations with our doctors about it. Since one of us carried this gene that his linked both of our grandchildren to be tongue tied, it is all just super frustrating. And lets just talk about the tongue tie diagnosis. I cannot believe how many babies are born with this condition nowadays! Literally almost every single new baby. And ALL of them carry a high risk of vaccine injury.

And now lets talk about all of this immunization hysteria. What has the vaccine rate been in Oregon for all of these years? I knew more people when my children were little that didn't vaccinate because of flat out religious reasons than I know now who don't for whatever reason. I also caution you, have those rates changed in Oregon? My guess is that they haven't changed much. But I am offended to be judged from these folks ranting "vaccinate your f-ing kids". For my 29 year old, why was I not viewed as that horrible parent? Why on earth is there so much hatred and judgement to parents who are not vaccinating, and their children - - - and have I seen all sorts of hateful things. Anyone EVER threatens my grandchildren or makes a scene because they are not vaccinated and you all will have one huge legal issue on your hands. The only bigger legal issue you will have on your hands is when you force my grandchildren to be vaccinated and they end up vaccine injured. I will promise you that I will not set back and I will make sure that EVERYONE will be held accountable. One life is too many.

Don't just force this bill through, taking a blind eye. Talk to those mothers and families! Do your research. Don't take rights away. What if you all are WRONG? What if all of these mom's are RIGHT? Since when do we not listen to a Mom. I am just absolutely sickened time and time again.

As I am stuck on the other side of the mountain during this snowstorm I welcome a call from any of you with questions that you may have for me. My hope is that someone cares enough to truly educate themselves and not let fear and hysteria push this bill through.

Thank you for your time!

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