

February 15, 2019

**SUBJECT: Product inserts serve a purpose**

Dear Chairwoman Monnes-Anderson and members of the Senate Health Committee,

Some years ago I was prescribed a single, potent dose of Cipro, an anti-biotic as a prophylactic following a needle biopsy of my prostate. Within a short period of time I developed an incredibly painful kidney stone. After recovering I referenced the product insert given to me where I found that people taking Cipro should "*drink fluids liberally*". I'm fairly conservative and rarely do anything liberally. I have later learned that several classes of antibiotics are known to increase the risk for kidney stone development but "liberal" fluid intake could minimize that risk. Staying well-hydrated was not conveyed to me at any point in taking this product. However, I was given the product insert; vaccine product inserts are not given to those prescribed vaccinations.

My advice to the committee:

- Product inserts serve an essential purpose between the manufacturer, the patient, and the doctor acting in the best interests of their patients. Lets utilize them as proposed in SB649. An informed patient is an informed consumer.
- Drink plenty of water when taking any anti-biotic.

Respectfully submitted,

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