

4D

2018 Statistics

In 2018, the 4th Dimension Youth Community Recovery Center served over 600 unique individuals monthly and supported their recovery.

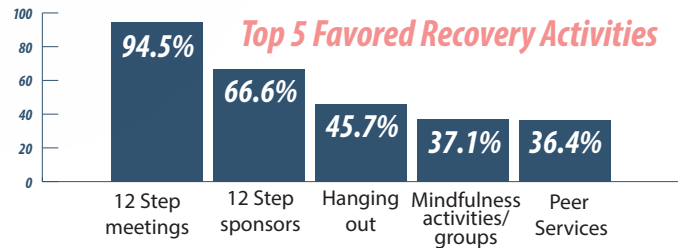


How are we doing?

96.6%

report they "felt welcomed" at 4D

4D offers an array of recovery support meetings and activities to be inclusive rather than exclusive. These are the "Top Five" favored recovery activities at 4D.



51.9%

of 4D participants live in recovery housing

Recovery housing is an important part of youth recovery, as evidenced by the fact that over half of the young people that attend 4D are living in clean & sober housing. Our "data driven" goals have informed us of the need for 4D to open it's own youth recovery sober house. Currently, we are working with Jim O'Rourke to open the first 4D recovery house where participants will have access to 4D peers and support.



38.9%

of 4D participants are parents

38.9% of 4D participants are parents, half (50%) report having had an "open case" with the child welfare department, and nearly half (41.6%) are currently single parents with children. Supporting young parents in recovery is one of 4D's most *sacred missions*. Recovery support helps parents retain custody of their children, helps keep kids out of foster care, and breaks the cycle of addiction.



Breaking the cycle of addiction



4D

Demographics & Outcomes

Race/Ethnicity Data

	4D	Multnomah Cnty
Caucasian	59%	70%
African Amer/Black	10%	6%
Hispanic	7%	11.6%
Native/Indigenous	4%	0.6%
Multiracial	16%	4.6%
Other/no response	4%	7.2%

Abstinence Time

Less than a year	62%
More than 1 year	34%
Prefer not to answer	4%

Age

17 and under	1%
18 - 25 years old	32%
26 - 35 years old	54%
35 and over	12%

4D

Peer Service Outcomes

Between January 2018 - Dec 2018, 4D has provided peer mentor services to 185 individuals.

Of those receiving services...

Education

24.3%: Experienced improvements in education, (participation, enrollment, attendance, etc.)

Employment

55.6%: Experienced improvements in employment, (became employed, under-employment, etc.)

Housing

59.4%: Experienced improvements in housing, (referral, permanent housing, housing support, etc.)

Sexual Minority Data

	4D	Portland
LGBTQ	21%	5.4%
Heterosexual	75%	94.6%
Prefer not to answer	4%	n/a