



# Measure 109

Campaign Debrief & Next Steps for  
Psilocybin Therapy in Oregon and  
Beyond

# Oregonians Are Suffering Now, More Than ever

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1. According to a recent survey conducted by CDC's National Center for Health Statistics and the Census Bureau: At the start of quarantine, 1 in 5 Americans were experiencing symptoms of clinical anxiety or depression, but **now over a third of Americans say they are experiencing symptoms amid the country's new coronavirus epidemic.**
2. Here in Oregon, the mental health crisis is even more acute. According to Mental Health America, **Oregon's mental health crisis is the most severe in the country, and that was before the pandemic hit.**

# Psilocybin Research

- Rigorous studies at the leading medical research institutions such as Johns Hopkins, UCLA, and NYU show that psilocybin works. It is uniquely effective in treating depression, end-of-life anxiety, and addiction.
- It shows so much promise the FDA recently granted it a “breakthrough therapy” designation - meaning that it may demonstrate substantial improvement above and beyond what is currently available.



# The Measure

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**M 109:**  
**A measured  
approach**

**GOAL:** Create licensing and regulatory framework to serve those who seek Psilocybin Therapy and could safely benefit from it.

# What Measure 109 Does

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- Establishes a **regulatory framework** within the Oregon Health Authority (OHA) that will allow trained practitioners to administer psilocybin services at specially licensed centers
- Establishes the **Oregon Psilocybin Advisory Board**, appointed by the Governor
- Imposes a **two-year development period** before initial licenses are granted
- Requires the establishment of a **training and licensure** system for psilocybin facilitators, psilocybin manufacturers, and testing labs
- Requires the establishment of a **tracking system** for psilocybin products

# **M 109 does NOT allow:**

- Retail sales
- Off-site consumption or possession
- Branding or advertising
- Unregulated or untracked psilocybin production, delivery, or inventory
- Therapy centers in residential neighborhoods or near a school
- Access for minors



# Psilocybin services modality

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## 1. Preparation session

- Informed consent with health and safety warning
- Standardized risk assessment, contraindication screening required
- Mental health review, goodness of fit assessment

## 2. Psilocybin session

- Must occur at a psilocybin service center
- Facilitator present throughout entire process
- Facilitator must certify completion

## 3. Integration session

- Must be offered by facilitator after completion of administration session

# Measure 109 By The Numbers

# Measure 109 Vote Summary

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- 56% of Oregon voters said YES to Measure 109
- The following 15 counties voted in favor of Measure 109
  - Benton
  - Clackamas
  - Clatsop
  - Columbia
  - Curry
  - Deschutes
  - Hood River
  - Jackson
  - Lane
  - Lincoln
  - Multnomah
  - Tillamook
  - Wasco
  - Washington
  - Yamhill

# Implementation

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# Overview

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- Measure 109 establishes an initial **two-year development period**.
- During that period, the Oregon Health Authority, **with the guidance of an Advisory Board**, will study psilocybin research and science and develop a regulatory program, including **rules, training requirements, and licensing requirements**.
- In January 2023, at the completion of the two-year study period, OHA will begin accepting applications and issuing licenses to:
  - **manufacture** psilocybin products,
  - **operate** psilocybin service centers, and
  - **facilitate** psilocybin therapy services.

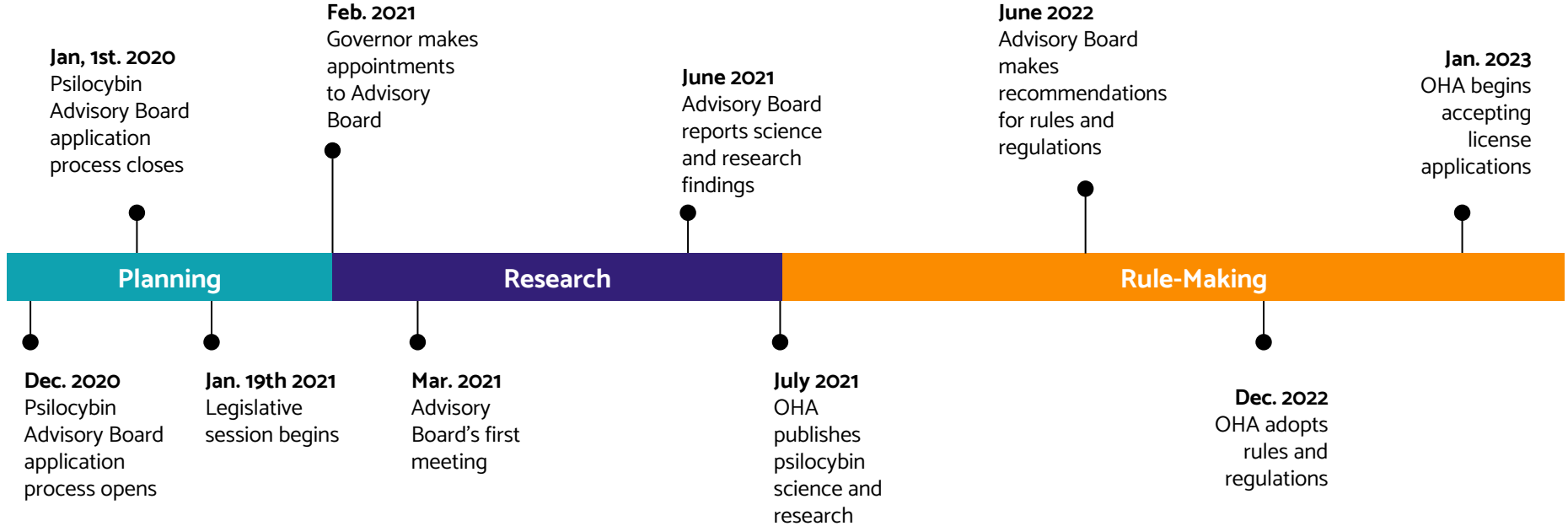
# Advisory Board Details

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The Advisory Board is appointed by the Governor, with detailed requirements. The Governor must appoint:

- Any four of the following:
  - A state employee with technical expertise in public health
  - A local health officer
  - A member of a federally recognized Indian tribe in Oregon
  - A member of the OHA Addictions and Mental Health Planning and Advisory Council
  - A member of the OHA Health Equity Policy Committee
  - A member of the OHA Palliative Care and Quality of Life Interdisciplinary Advisory Council
  - An individual who provides public health services directly to the public
- A licensed psychologist who has professional experience in the treatment of a mental, emotional, or behavioral condition;
- A licensed physician
- A licensed naturopathic physician
- A public health expert with a background in academia
- Any three of the following:
  - A person with professional experience conducting scientific research regarding the use of psychedelic compounds in clinical therapy
  - A person with experience in the field of mycology
  - A person with experience in the field of ethnobotany
  - A person with experience in the field of psychopharmacology
  - A person with experience in the field of psilocybin harm reduction
- A person representing the Oregon Liquor Control Commission who has experience working with the Oregon system for tracking marijuana
- A person representing the Oregon Department of Justice
- The following:
  - During the two-year program development period:
    - One of the chief petitioners of the initiative
    - One or two at-large members
  - After the two-year program development period, one, two, or three at-large members

# Implementation Timeline



# Questions?

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Yes On 109

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# Thank You

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