
Oregon Health Authority Efforts on Suicide Prevention, Intervention and Postvention

Presented to

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What we know so far about 2020

- Oregonians are experiencing high levels of stress and mental distress due to compounding traumas. (*Source: CDC Household Pulse [survey](#)*)
- Stress and mental distress **do not** automatically result in increased suicide activity. So far in 2020, Oregon has **not** seen an increase in the following indicators:
 - Suicide deaths YTD (preliminary data)
 - Suicide visits to Emergency Room department (Q1, Q2 below average, Q3 typical activity)
 - Calls about suicide to Poison Control
- We need to continue increasing protective factors and decreasing risk factors in order address the time of increased risk we are in.



Postvention

Prevention

Intervention

Suicide Prevention, Intervention and Postvention (SPIP) Team

- In March 2020, OHA formed a COVID-19 Suicide Prevention, Intervention and Postvention (SPIP) team to monitor data, improve access to care, equip providers, and seek consumer voice.
- The SPIP team is closely monitoring suicide activity specifically during the COVID-19 pandemic and continues to meet weekly to analyze data, implement interventions, resource other state partners, and report on innovative practices from other states.
- SPIP is lifespan suicide prevention team continues to address identified needs, barriers, and to elevate protective factors.
- Engaging with behavioral health consumers and other partners to identify barriers and address needs as they arise.

Suicide Prevention, Intervention and Postvention (SPIP) Team, cont.

- Adapting our existing suicide prevention efforts to meet the needs during this unique time.
- Redirecting funds to respond to identified barriers. *(Example: 18 mini-grants awarded in September to local community organizations to specifically address suicide risk among LGBTQ+ populations.)*
- Working with local, state and national partners to align strategies and leverage resources.
- Contracted Lines for Life to create the Oregon Behavioral Health Support [Line](#) to provide live support for Oregonians to find a behavioral health provider with availability that meets their insurance needs and care needs.



Youth Suicide Assessment In Virtual Environments

Youth SAVE equips school- and community-based mental health professionals to virtually assess for and intervene with youth who have thoughts of suicide.

- Understand and identify needs, impact factors, resiliency, and challenges related to suicide among youth
- Understand and identify needs, protocols, and tools related to suicide among youth in virtual environments
- Conduct suicide assessment and intervention with youth in virtual settings
- Identify and understand resilience factors for youth and incorporate them into a collaborative safety plan
- Identify and connect to local resources for support with suicide prevention with youth

Questions

Contact Tim Glascock tglascock@ancmhn.org



QUESTIONS?