



House Committee on Behavioral Health

Crisis de Nuestro Bienestar: A Report on Latino Mental Health in Oregon

Irma Linda Castillo, OCHA Chair
Dr. Joseph Gallegos, OCHA Commissioner
Steve Allen, OHA, Behavioral Health Director

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The Oregon Advocacy Commissions (OACs)

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Our Mission

The Oregon Advocacy Commissions Office (OACO) was established to support the statutory work of the Oregon Commissions on:

1. Asian and Pacific Islander Affairs (OCAPIA)
2. Black Affairs (OCBA)
3. Hispanic Affairs (OCHA)
4. Oregon Commission for Women (OCFW)

The Oregon Advocacy Commissions (OACs) bring the voice and Equity Lens of underrepresented communities statewide to the policy table. The OACs achieve this by researching issues, informing, providing advice for state policy makers and decision makers, including the Governor, legislators, and departmental leadership, on ways to improve the success of all Oregonians, and growing diverse leadership into state government.

OCAPIA

Oregon Commission
on Asian & Pacific
Islander Affairs

OCBA

Oregon Commission
on Black Affairs

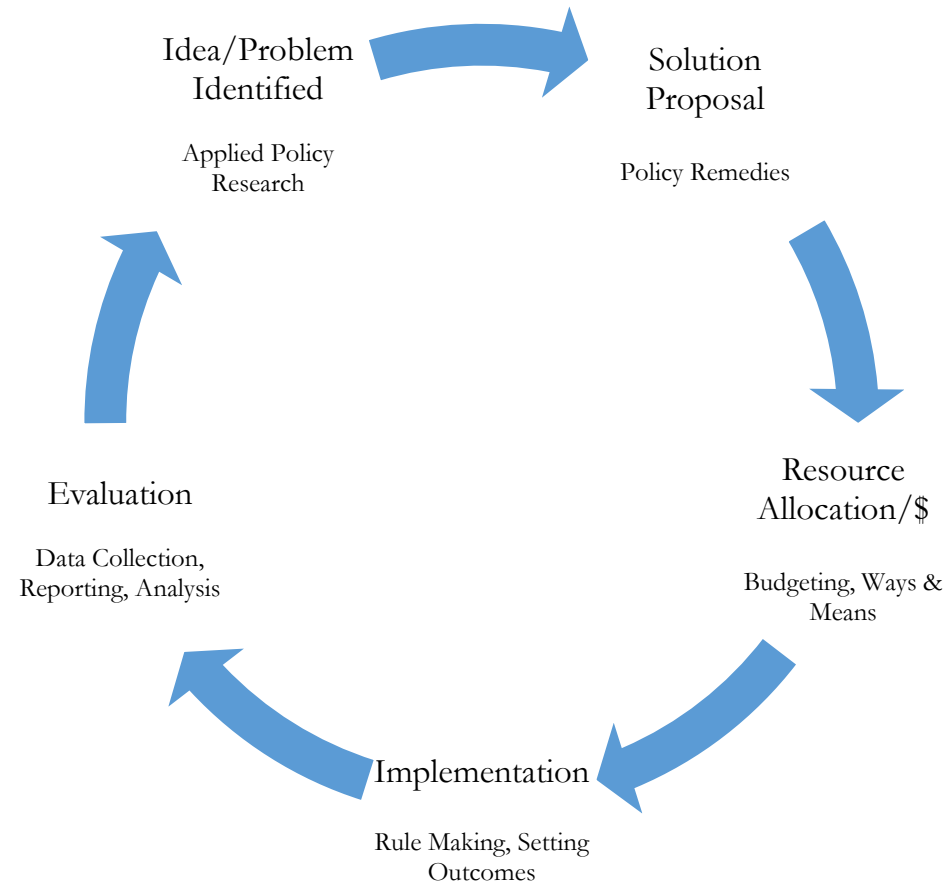
OCHA

Oregon Commission
on Hispanic Affairs

OCFW

Oregon Commission
for Women

Participatory Action Research (PAR) Best Practice: Policy Arc





Mental Health & Latinos/as/x Workgroups 2017-19

Leadership Group

Linda Castillo, OCHA Chair
Dr. Joe Gallegos, OCHA
Fariborz Pakseresht, DHS
Patrick Allen, OHA

Community Advisory Council

48 Latino Community Members
MH Practitioners and Advisors
Conveners:
Linda Castillo & Dr. Joe Gallegos

Policy Workgroup

Linda Castillo, OCHA Chair
Dr. Daniel López-Cevallos, OCHA Vice Chair
Alberto Moreno, MSW, past OCHA Chair and Director of
Office of Equity & Multicultural Services, DHS
Rep Alonso León/Leann Knapp, past Chief of Staff
Leann Johnson, Director, Office of Equity & Inclusion,
OHA
Sen Heard/ Nikolas Ruiz Anderson, Chief of Staff
Sen Lew Frederick/Troy Duker, Chief of Staff



Mental Health & Latinos/as/x

Joint Applied Policy Research Studies

STUDY TITLE	TYPE	TOTAL N	DESCRIPTION OF SAMPLE
<u>Mental Health Disparities for Latino Oregonians</u>	Quantitative	N=272,538	Oregonians who initiated mental health care between 1983 & 2013 and terminated between 2010 & 2014 who utilize state-sponsored insurance
<u>Mental Health Service Disparities of Latino Oregonians: A Qualitative Analysis</u>	Qualitative	N=16	Mental Health Providers – urban + rural
<u>Mental Health Service Disparities in the Latino Population</u>	Literature Review	N/A	Rural focus
<u>Access & Barriers to Mental Health Services for Oregon's Latino Population</u>	Qualitative	N=8	Mental Health Providers – Rural

Key Recommendations for Oregon's Behavioral Health System

- Build on OR's work towards Health Equity by increasing diversity in and providing training for the workforce, pipeline, and credentialing of culturally- and linguistically-specific, trauma-informed behavioral health providers.
- Establish as standard practice the appointment of practitioners of color, BIPOC, and other historically underserved groups on all licensing boards and public bodies.
- Community Integration is key: Integrating culturally- and linguistically-specific behavioral health care with community services that Latinos/as/x in Oregonian regularly utilize will address three prominent barriers for Latinos/as/x in Oregon - access, retention, and stigma.
- Resource and support data collection and analyses that center Latinos/as/x and other BIPOC Oregonians.
- Request HECC to work with ODE to address provider workforce needs for Latinos/as/x and other BIPOC Oregonians.
- Increase funding for Latinos/as/x and other historically under-resourced behavioral health services in Oregon, with specific breakdowns for funding increases.
- **Resource and support a Behavioral Health Task Force that centers equity for Latinos/as/x and other BIPOC Oregonians. This Task Force will focus on applying culturally-specific lenses to behavioral health, and on using the *Crisis de Nuestro Bienestar: A Report on Latino Mental Health in Oregon* report to inform the development of an action agenda for the Oregon state legislature.**



Thank you

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OCHA Website: oregon.gov/oac/ocha/Pages/index.aspx