Hi,

I am writing today with an urgent plea to put a new order in place, making wearing face coverings "recommended" rather than required. To require face masks is wrong and more harmful to humanity and our collective healing capacity because:

The human body has an innate ability to defend and heal itself.
https://www.youtube.com/watch?v=kUMqEfxcUWU

When we put a mask on it blocks us from the healing power of nature.
https://www.youtube.com/watch?v=D0t84p6H4XA

We need to be exposed to bacteria in the air for optimal health
https://www.youtube.com/watch?v=D0t84p6H4XA

https://www.youtube.com/watch?v=41KIuMgqE9A

Masks Restricts Oxygen
One driver who crashed his SUV into a pole in Lincoln Park, New Jersey, on April 23 actually blamed his collision on his mask. He told police he passed out because he'd been wearing an N95 mask for too long. Initially, the investigating officers believed him, writing in a Facebook post that he was the only person in the car and passed out due to "insufficient oxygen intake/excessive carbon dioxide intake."
https://abcnews.go.com/US/driver-crash-passed-wearing-n95-mask-long-police/story?id=70346532

It has been proven it is dangerous to our health
In rare cases, it can actually be pretty dangerous, according to the National Institutes of Health (NIH). They say that inhaling high levels of carbon dioxide (CO_2) may be life-threatening. Hypercapnia (carbon dioxide toxicity) can also cause headache, vertigo, double vision, inability to concentrate, tinnitus (hearing a noise, like a ringing or buzzing, that's not caused by an outside source), seizures, or suffocation due to displacement of air.
https://toxtown.nlm.nih.gov/chemicals-and-contaminants/carbon-dioxide

Doctors Say it is not needed for general public
https://www.youtube.com/watch?v=D0dEoY16gvg

https://www.youtube.com/watch?v=uc4aLsYbHgA

https://www.youtube.com/watch?v=D0t84p6H4XA

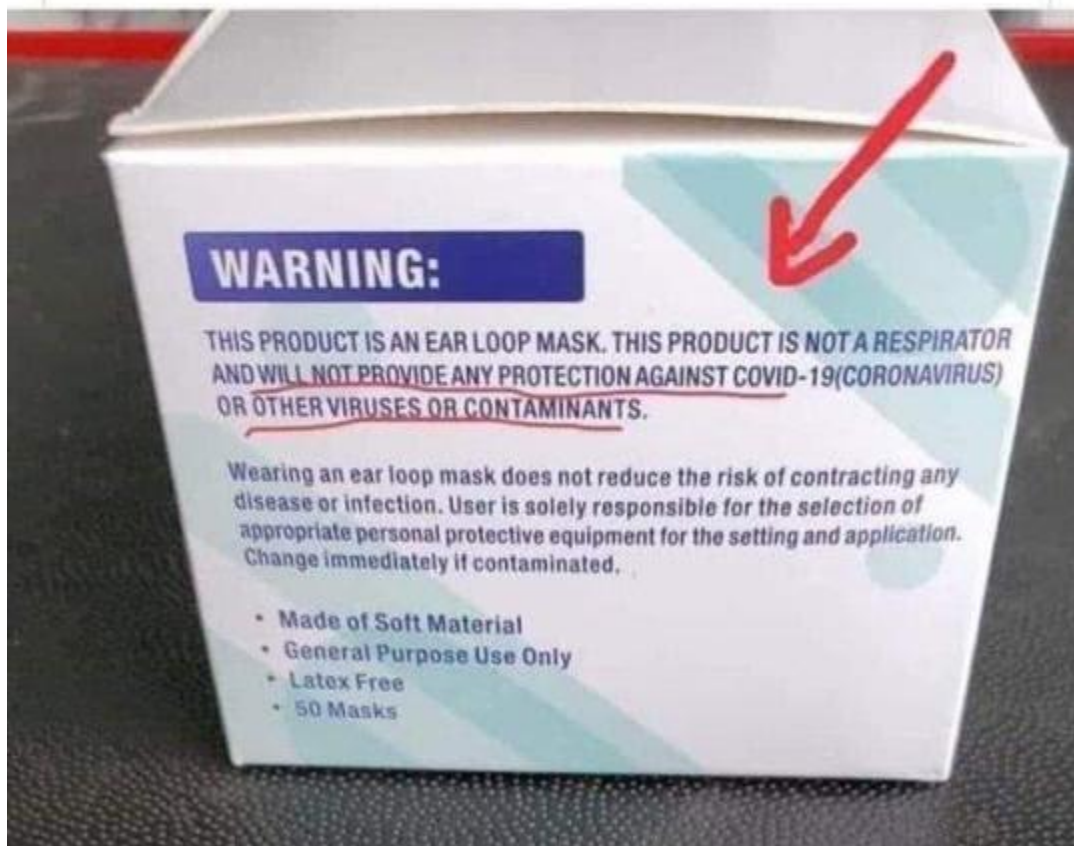https://www.youtube.com/watch?v=ZqRL1GXu5DE

No proof it prevents Corona Virus In fact it is written on mask boxes it does not.

Why are yall wearing a mask?
Even the box is saying it doesn't
protect against covid19 or other
viruses.

Unhealthy for the majority of people.

People are in more fear and has potential to harm Black People

Many people of color have expressed apprehension about wearing masks during the pandemic because they fear they may be arrested by authorities, and some African Americans have reported being targeted by law enforcement for wearing face masks.

Having laws on the books restricting face coverings only adds to this insecurity.
https://www.icnl.org/post/analysis/anti-mask-laws-covid-19-and-the-first-amendment

The narrative keeps changing

On march 8th Anthony Facui, White House Coronavirus task force said "There is no need for general public to wear face masks, and it is not providing perfect protection that people think that it is"

The Centers for Disease Control and Prevention discouraged the public from wearing them to prevent infection, until it changed its advice on April 3.

It is purely Psychological manipulation and Dehumanizing

Doctors believe that mask wearing likely provides a very small health benefit, mostly in protecting healthy people from infected people. But a significant benefit of wearing any kind of mask in public is psychological - it gives people a sense of control over the uncontrollable.
https://www.forbes.com/sites/coronavirusfrontlines/2020/04/16/two-doctors-who-fought-sars-theres-one-benefit-to-wearing-a-mask-but-its-not-what-you-expect/#5b70efce68f9

It's creating more separation, shame and cancel culture

Shame, judgment and blame are at an all time high. We are losing our humanity and fighting against one another. https://metro.co.uk/2020/05/25/angry-shoppers-shame-woman-ny-store-not-wearing-mask-kick-12756581/

For the health of our community, and future of humanity, Please make the masks in Oregon "recommended" rather than required.
Requesting, face coverings are not required but recommend for indoor public spaces for Multnomah, Clackamas, Washington, Marion, Polk, Hood River, and Lincoln counties.

Sincerely, shannon Kaiser