

Hello,

My name is Kelly McCauley, I am writing about health care access for people with disabilities. Health care in itself can be hard to figure out, it is not people with disabilities friendly. And it can plainly be hard to figure out.

As far as people with disabilities goes for hospital visits. It can be a very scary situation to go through. Talking about mental health is not as easy as it may sound. If you hear voices or have some other kind of medical issue. Talking about mental health in general, its not an easy topic for one to talk about.

I hope I have given the correct information for you. I had a mental break down at one point, my situation was very scary. I am doing well now and Im seeing a counselor.

But most importantly, People with disabilities should always have someone they can trust to help sort out hospital visits. And they should rely on someone who can talk to them when mental health situations.

Kelly