



Behavioral Health Integration

House Interim Committee on Behavioral Health



The Importance of Integration

- Studies indicate that 50-70% of primary care office visits have a behavioral or psychosocial component...
...but only 20% of those in need access specialty behavioral health services.
- Making effective behavioral health a routine part of primary care services increases timely access, decreasing stigma, and reduces fragmentation
- For example, in PacificSource's Central Oregon region over 90% of coordinated care organization (CCO) members receive care in a fully integrated primary care clinic
- Also integrating BH into med-surg units, EDs, and specialty clinics
- 50% more members receiving BH services in 2019 compared to 2015

PacificSource Efforts to Integrate Behavioral Health Care for Oregon Health Plan Members

- Implemented a value-based payment program under the Oregon Health Plan to provide sustainable support for integrated care
- Reimbursing providers for a wide variety of behavioral health services with a robust set of CPT codes in medical settings
- Established quality metrics and benchmarks to incentivize improving access to integrated primary care services
- Providing technical assistance, practice coaching, and learning collaboratives to help primary care clinics provide effective team-based care
- Proactive outreach to vulnerable members during COVID

Telemedicine and Behavioral Health

- PacificSource already reimburses providers for telehealth services consistent with rates for in-person services
- CMS safe harbor and OHA allowed telehealth delivery through different means of communication during the coronavirus (COVID-19) outbreak
- Outreach to in-network providers undertaken in early March about telemedical changes
- CARES Act – started aligning access to substance use disorder records with HIPAA access and protections

Telemedical/Behavioral Health Utilization

- Many behavioral health providers have moved to telehealth
- 3 of the top 5 CPT codes are behavioral health providers codes
- 40% of all telehealth visits are for BH

Questions?

