

As a licensed mental health provider in Oregon, I have swiftly adapted my clinical practice to provide Telehealth services to my clients in order to reduce risk of exposure to clients, myself, and the community. It is critical that we all take every precaution possible to flatten the curve in order to get through this crisis. Unfortunately, myself and my colleagues have spent endless hours contacting insurance providers to determine if Telehealth services will be covered by our clients plans. We have received contradicting messages, denial of coverage, confusing billing and coding information, and tremendous uncertainty. During this state of emergency we are asking for statewide (federal would be ideal) mandate of insurance carriers to cover Telehealth for mental health and behavioral health treatment. Reducing barriers to this effective alternate to in person treatment will contribute community wide efforts to flatten the curve and reinforce the important of social distancing at this time.

Thank you for taking the time to consider this important concern.

Sophie Bloch Miller,
LCSW

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