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March 18, 2020

## Testimony for the Joint Special Committee On Coronavirus Response

I am a mental health professional, a mental health consumer, and a family member.

It is imperative that Oregon build in useable supports in our response to the coronavirus pandemic for the many citizens who will be unable to access their normal mental health services. That will not only require telehealth response capability for counseling and consultation, but a mechanism by which all individuals can access telehealth with free minutes/phone service for such calls. This free access must be available via any phone connection possible. Many citizens do not have a cell phone; many do not have a smart phone; and many have limited minutes which will also have to serve them for accessing food, transportation, medical agents/accessories, and other necessities.

Please make access realistically available and not leave details overlooked. Already individuals capable of maintaining their wellness via interpersonal supports are being restricted from such essential mechanisms in order to prevent transmission of the virus, so any unnecessary impediments to using telehealth would pose very serious challenges for many of us.

Thank you for your hard work. Please consider my input as a positive contribution to ensuring that your efforts and planning can lead to effective supports.

Jacek/Jack Hacia, Psy.D.