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# Problem Gambling Services

Presented to  
House Business and Labor Committee  
September 17, 2019

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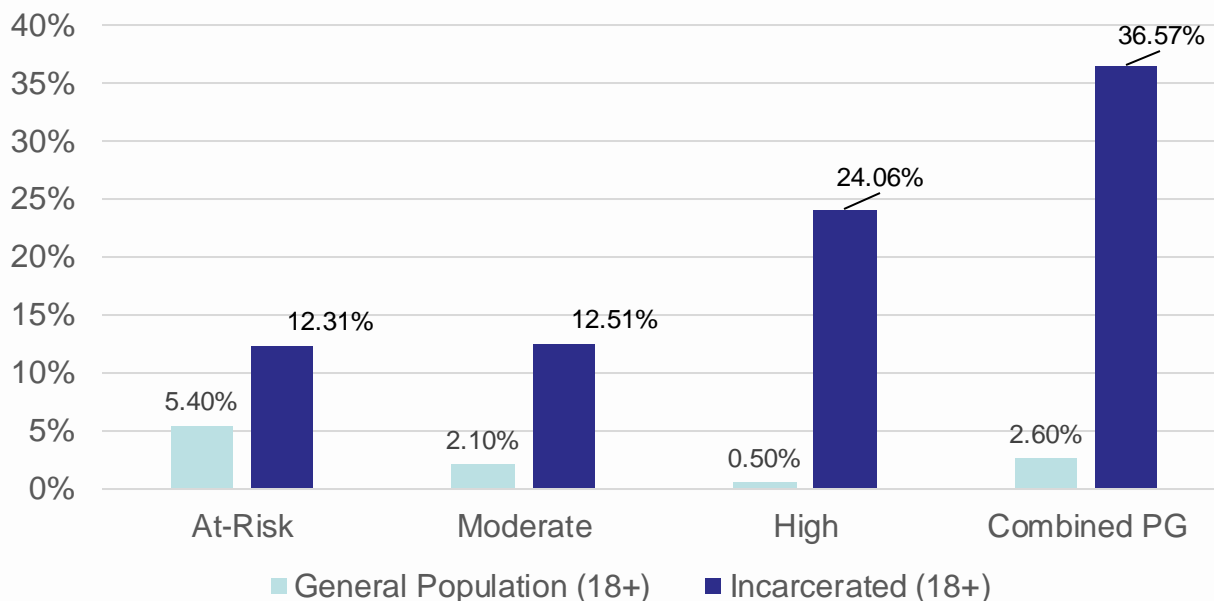
# Problem Gambling in Oregon

- “Problem gambling” is the continuation of gambling despite negative personal, social or financial consequences that do not reach the clinical diagnostic level of disordered gambling
- “Disordered gambling” is a clinical term related to a score assessed by a professional using a recognized set of criteria from the Diagnostic and Statistical Manual of Mental Disorders (DSM-5)
- Estimated 2.6 percent of the Oregon adults experience moderate or serious problems with gambling
  - 5.4 percent of adults are at risk of problems
  - For each person with a serious problem, many others (e.g., spouse, children) are affected
- Estimated 2.2 percent of Oregon adolescents are at-risk or meet definition of disordered gambling

# Problem Gambling Rates

## Problem Gambling Prevalence in Oregon: General Adult Population Compared to Incarcerated Adults

*As Measured by the Problem Gambling Severity Index*



- **1,501 adults from Oregon general population<sup>1</sup>**
- **Sample of 1,007 sequential intakes from the Oregon Department of Corrections<sup>2</sup>**

<sup>1</sup>Moore, T. L., Volberg, R. A. (2016). *Oregon adult gambling behavior 2016: preliminary report*.

<sup>2</sup>Marotta, J. (2019). *Problem gambling among incarcerated adults entering the Oregon Department of Corrections*.

# Problem Gambling Services

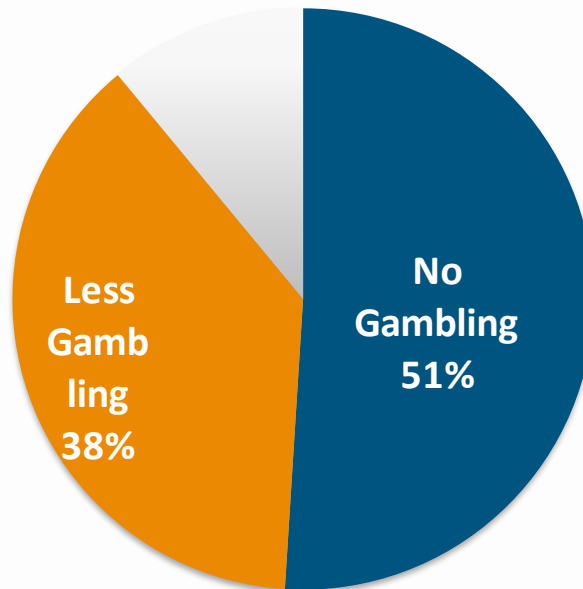
- Oregon is considered a national leader
- We strive to provide culturally relevant treatment services – including prevention, outreach, early intervention, treatment, and recovery – in every community
- All services are **free** for both gamblers, families, and others impacted negatively

# Problem Gambling Services

- Prevention and awareness programs in all 36 counties
- 24/7 statewide helpline
- Treatment
  - Minimal intervention program (home-based, telephone, statewide)
  - Outpatient: 51 programs in all 36 counties
  - Respite: 2 sites in Josephine and Baker County
  - Residential: 1 site in Marion County
  - Prison Based: 3 programs
- Data collection and evaluation system

# Treatment Metrics

- In 2018, 947 Oregonians received problem gambling services
  - As did 117 family members or others negatively impacted
- At six-month follow-up, of those who successfully completed treatment:
  - 51 percent reported no gambling
  - 38 percent reported much less gambling



- At 12-month follow-up, individuals served provided a very strong endorsement of willingness to recommend the program to others

# Funding

- Funded at 1 percent of all lottery product revenue
  - 2019-21 biennium: \$14.5 million
  - Current forecast is for increasing revenue
- Funding/allocation floor: Funding level cannot go below level of same fiscal quarter of the biennium beginning July 1, 2011
  - Thus, if lottery revenue declines, funding will decline, but not below \$10.5 million per biennium
- In 2018, about \$1.5 million was invested in prevention and outreach

# Recent Outcomes

- Supporting development and implementation of the five-year strategic system improvement plan that guides projects, outputs, outcomes and future planning and decision-making
- Ensuring culturally relevant treatment services for Latinos, African Americans, Native Americans and Asian Americans
- Implementing the Positive Cultural Framework model and Reflect, Resource, Renew campaign to increase awareness of problem gambling
- Completion of Oregon Adult Gambling Behavior Study (2015) and Oregon Adolescent and Parent Gambling Behavior Study (2016)
- Completion of 2018-19 of Problem Gambling Prevalence in the Oregon Criminal Justice System Study and initial implementation of Oregon PGS Criminal Offender Project



# Sports Betting

- Will likely introduce new players because it tends to attract younger people than the current gambling population
- Need information on this population and how to treat
  - Most information currently available is at national level, not state, and focuses on consumer protection and legislative action, not problem gambling
- Important to prepare treatment providers in advance through training and communication of latest research outcomes
- More funding should be designated for prevention, as this population tends to be younger, sports betting is high action similar to gaming (popular among youth and young adults), and prevention/education efforts are key to reducing risk

# Sports Betting/Mobile Gambling Concerns

- Will likely introduce new players and/or increase gambling among current players because of increased accessibility and availability
- Lottery Mobile App has ability to add sales of traditional lottery products (raffles, scratch offs, Keno)
  - Will VLT-type games be included? This is currently the most addictive form of gambling in Oregon

# Sports Betting/Mobile Gambling Suggestions

- With new products that increase accessibility, there should be:
  - More data collection on age 18-20 players
  - Assurance that prevalence of problems do not increase
  - Assurance that the Problem Gambling Services system has adequate funding to support a potential increase in problems and demand for treatment
- Any gambling mobile technology should include responsible gambling standards, as recommended by the National Council on Problem Gambling, including:
  - Verification of age/protection of minors
  - Game promotion restrictions
  - Support for setting limits on play, deposit, bet, loss, and deposit frequency

# Future Service Improvements

- Future priorities if funding expands:
  - Center of Excellence on Problem Gambling (research)
  - Statewide Peer Support Line
  - Statewide Family Educational Helpline and Services
  - Expansion of services in criminal justice system
  - Expansion of culturally specific services; such as tribal prevention and treatment services and community outreach workers
  - Integrated Data collection system

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**Thank You**

The logo for the Oregon Health Authority is centered within a light blue, curved rectangular background. The word "Oregon" is written in a smaller, orange, serif font above the "Health" portion of the word "Health". The word "Health" is written in a large, dark blue, serif font. A thin dark blue horizontal line underlines the "Health" portion, and the word "Authority" is written in a smaller, orange, serif font below this line.

**Oregon**  
**Health**  
**Authority**

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