

## THE BRAINS BEHIND SAVING YOURS:

## **Oregon Chapter**

#### **Portland**

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## **Cascade Coast**

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### **Central Oregon**

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## Southern Oregon

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## Mid-Willamette Valley

Center 50+ 2615 Portland Road NE Room 2 Salem, OR 97301 971.273.0643 February 21, 2018

To: Chair Prozanski, Senate Committee on Judiciary From: Sara Kofman, Public Policy Director, Alzheimer's Association Oregon Chapter

# Re: Support for House Bill 4135 – Updating Oregon's Advance Care Directive

On behalf of the Alzheimer's Association Oregon Chapter, we respectfully ask that you support the passage of House Bill 4135. This important legislation will update the current advance directive form in a manner that will encourage Oregon families to have and document more meaningful discussions about their health care values.

The Alzheimer's Association encourages people with Alzheimer's disease and other dementias to complete an advance directive and talk with their loved ones and physicians about their choices. Engaging in these types of conversations early in the disease process is of the utmost importance for people with dementia to ensure that their wishes are known. The primary intent of this legislation is to encourage communication about values in treatment, and establish clarity in an individual's wishes.

More than five million Americans are living with Alzheimer's or another dementia. As the size and proportion of the U.S. population aged 65 and older continue to increase, the number of Americans – and Oregonians – with Alzheimer's or another dementia will grow. As people with late-stage Alzheimer's disease near end of life and are no longer able to make their own decisions, families and loved ones must make choices on the person's behalf. When clear and complete advance directives are in place, family members and loved ones can take solace in knowing that they are respecting the person's wishes while maintaining his or her comfort and dignity.

We respectfully urge you to vote yes on HB 4135. Thank you for your thoughtful consideration of this important issue.