From: Janna Adams [mailto:jannaa512@gmail.com] **Sent:** Wednesday, February 7, 2018 12:46 PM

To: HHC Exhibits < HHC. Exhibits@oregonlegislature.gov>

Subject: Testimony in opposition to HB 4135

I am writing in opposition to Oregon HB 4135. My mother is suffering with Alzheimer's Disease, and I can attest that this is a difficult and cruel disease. I can also attest that there is no one with more dignity than her!!!!! Each day she allows others to help her, love her, comfort her, and provide her daily care. THAT, my friends, is true dignity, executed in humility. The result is this: each of us who care and advocate for her on a daily basis are led to become better people. To think beyond ourselves. To be better citizens. To put aside selfishness. To work together for a common good. That is how you build a great society. We do all this because we love her, and recognize the sacrifices she made for us in life. So, beyond just my love and concern for my mother, which is MOST important, the benefits are far reaching. They reach into the fabric of our society.

All that said, I am concerned with the effects of this bill. This bill will NOT stop suffering. It will NOT prevent Alzheimer's from happening. It WILL create pain and suffering in the dehydration process. It WILL remove the choices and protections my Mom made in her advanced directive while she had the capacity to execute the document. She executed this document, and shared her wishes with us, and it is our job to ensure that her wishes are carried out. How about we just give these patients the best care we can?

I love my mother, and will fight for her rights everyday. Please put an end to HB 4135.

Sincerely, Janna