



Suicide in Oregon

PUBLIC HEALTH DIVISION
Injury and Violence Prevention Program

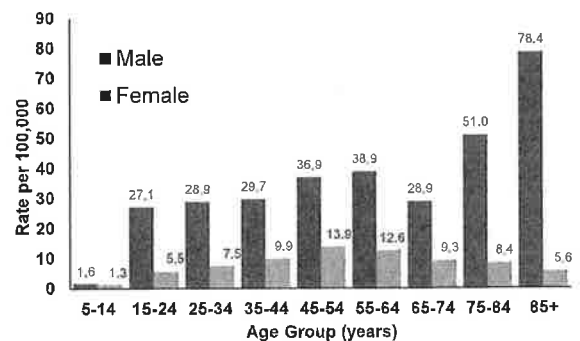
Basic Facts

- Suicide is preventable.
- On average, 2 Oregonians die every day by suicide.
- Suicide is the 2nd leading cause of death among people 5–34 years of age and the 9th leading cause of death overall in Oregon.
- Rates of suicide in Oregon have been higher than the US for the past 30 years. Oregon ranks in the top 10 among states for suicide incidence.
- The highest rates of suicide in Oregon occurs among white males and veterans; one in five suicides occurs among veterans.
- Approximately 70 percent of persons who died by suicide in 2013 had a diagnosed mental disorder, alcohol and /or substance use problems, or depressed mood at the time of death.
- 1 in 6 teenagers (8th graders) have had serious thoughts of suicide in the last year.

Suicide deaths in 2013:

- The rate of suicide was 17.7 per 100,000 in 2013.
- 4 in 5 suicides (76%) occurred among males.
- The rate of suicide among males was 27.6 per 100,000 while females had a rate of 8.1 per 100,000.
- The highest suicide rates occurred among males aged 85 years and older, while among females the highest rate occurred among 45-54 year olds.
- 56% of all suicides involved a firearm.

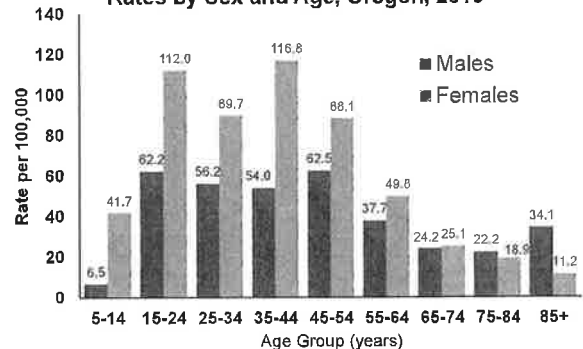
Suicide Rates by Sex and Age, Oregon, 2013



Suicide attempt hospitalizations in 2013:

- The age-adjusted rate of hospitalization for suicide attempts was 54.6 per 100,000 Oregonians (2,146 hospitalizations).
- Overall females accounted for 63% of suicide attempt hospitalizations. Females had a rate of 68.0 per 100,000 and males had a rate of 40.9 per 100,000.

Suicide Attempt/Self-Harm Hospitalization Rates by Sex and Age, Oregon, 2013



Where can you get help?

National Suicide Prevention Lifeline (call 24/7): 1-800-273-TALK

For more information: Oregon Youth Suicide Prevention Program: <http://1.usa.gov/1w147s5>. Program contact: Donna Noonan, donna.noonan@state.or.us

Suicide Prevention Resource Center (SPRC): www.sprc.org

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- The highest suicide attempt hospitalization rates occur among females 35–44 and 15–24 years of age.
- 90% of suicide attempt hospitalizations involved poisoning (overdose); 2.2% involved firearms.

Data sources: Oregon Center for Health Statistics, Oregon Violent Death Reporting System, Oregon Hospital Discharge Index, Oregon Healthy Teen Survey, Oregon Behavioral Risk Factor Survey, National Household Survey of Drug Use

Introduction

Veteran suicide is tragic. Attention to the problem of suicide among veterans has increased following U.S. military combat operations in Iraq and Afghanistan. The number of suicide deaths among Oregon veterans peaked in 2002 (Table 1).

Table 1. Veteran suicides by year, sex and age group, Oregon

Year	Sex		Age group in years			Total
	Male	Female	18-34	35-54	>=55	
2001	150	5	18	55	82	155
2002	168	4	18	66	88	172
2003	164	4	10	55	103	168
2004	160	7	10	54	103	167
2005	149	5	9	39	106	154
2006	136	7	9	48	86	143
2007	155	2	9	44	104	157
2008	134	4	12	41	87	140
2009	135	10	9	38	98	145
2010	146	5	12	43	96	151
2011	144	6	10	47	93	150
2012	150	5	9	51	95	155

Source: Death certificate data, Oregon Health Authority

The rate of suicide among veterans increased between 2001 and 2012 (Figure 1).

Suicide Among Oregon Veterans 2008-2012