


# Despensas de Comida de Emergencias

 =Despensa con estilo “Shopping”

## North/Northeast Salem


**Good Samaritan Pantry @ Community of Christ Church**  
4570 Center St NE  
503-378-0633

 Jueves  
4:30 - 6pm


**Jason Lee United Methodist**  
820 Jefferson St NE  
503-362-9885

Lun, Mar, Mie, y Vie.  
9am - 11:30am

**Mano-a-Mano**  
3850 Portland Rd NE  
503-363-1895

 Mar, Mie, y Jue.  
1pm - 5:45pm

**New Hope Foursquare Church**  
4963 Swegle Road NE  
503-370-8886

 3er y 4to Domingo  
2pm - 5pm


**New Harvest Church**  
4290 Portland Rd NE  
503-763-6911

3er Sabado del mes  
9am - 11am

**Pauline Memorial AME Zion**  
3593 Sunnyview Rd NE  
503-399-0130

Vegetales solamente  
2do y 4to Viernes.  
12:30pm-2:30pm y  
Despensa los Martes.  
10:30am - 1:30pm


**Peoples Church**  
4500 Lancaster Dr NE  
503-304-4000

 1ro, 2do, y 3er Lunes  
9am-11am y  
4to Sabado “shopping”  
10am - 11:30am


**Precious Children @ Salem Evangelical church**  
455 Locust St N  
503-581-0102

El Primero y los dos  
ultimos Jueves del mes  
10am- mediodia


**The Salvation Army**  
1977 Front St NE  
503-585-6688

 Lunes a Viernes  
9am - mediodia


**Seventh Day Adventist Center**  
1860 Summer St NE  
503-363-8893

 Lunes, Martes  
10am - Mediodia  
*Cerrado para Julio*

**Spanish Seventh Day Adventist**  
4625 Cordon Rd NE  
503-856-9700

 Mier  
6pm - 8pm

**St Vincent DePaul Society**  
3745 Portland Rd NE  
503-364-5672

 Lun, Mar, Mier, Vier  
10am- 1:45pm  
Jueves 11am-1 :45pm

**Solid Rock Community Church**  
3535 Ward Dr NE  
503-393-9739

2do Sabado  
9 - 10:30am

## South/Southeast Salem


**Lee’s Place, Capital Park Wesleyan**  
425 20th St SE  
503-599-8729

Jueves 10am- 1pm

**Mano-a-Mano**  
2921 Saddle Club Rd SE, Ste. 9  
503-315-2290

Mar, Mier, Jue  
1pm - 4:45pm

**Table of Plenty @ Queen of Peace Catholic Church**  
4227 Lone Oak Rd SE  
503-364-7202

 Jue 4:30pm - 7pm


**New Life Community Church (At Bush Elementary School)**  
410 14th St SE  
503-363-5771

4to Sabado  
10:30am - 12:30pm

**Mission of Hope/Silver Creek Fellowship @ Houck M.S.**  
1155 Connecticut SE  
503-873-7353

el último Sábado del mes  
10am - 12pm

**Trinity United Methodist**  
590 Elma Ave SE  
503-585-8851

 Lun, Mier, Vier.  
(cerrado la primera  
semana del mes)  
1-3:30PM

**West Salem Kingwood Bible Church**  
1125 Elm Ave NW  
503-399-9600

1ro y 3er Sabado  
10 AM - noon


**Life Essentials @ Life Church**  
255 College Drive NW  
503-362-0362

4to Sab, 10am-12pm  
2do Jue. 7-8pm

**Shared Blessing @ Family Life church**  
1675 Wallace Rd NW  
503-364-0002

Lun. & Mier.  
9am - 11:45am

**West Salem United Methodist**  
1219 3rd St NW  
503-363-3035

 Lunes y Miercoles  
1 - 3 PM

## Keizer

**Keizer Community Food Bank @ Faith Lutheran Church**  
4505 River Rd N  
503-871-9100

Lun, 6pm - 7:30pm  
Jue, 9:30am - 11am

## Rural Marion County

**Brooks Asseby of God**  
9165 Portland Rd NE, Salem  
503-393-2155

1ro & 3er Mar.  
10am-Noon

**Sacred Heart Food Bank**  
680 Elm St, Gervais  
503-792-4231

1ro y 3er Miércoles  
1pm - 4 pm


**Mission Benedict**  
925 S Main St, Mt Angel  
503-845-2468

 Viernes 1pm - 4pm


**Mt Angel Community Center**  
195 E Charles St  
503-845-6998

Martes a Jueves  
9:30am - 11:30 am

**Silverton Area Community Aid**  
421 Water St  
503-873-3446

 Lun, Mar, Mier y Vier  
9am - Mediodia  
Y los Martes 5 - 7pm

**Mission of Hope, Silver Creek Fellowship**  
822 Industry Way, Silverton  
503-873-7353

 Mier “shopping”,  
2pm-6pm  
3er Sab 10am-12pm

**Joseph’s Storehouse of Hope**  
Mehama- Mari Linn School  
Detroit/Idanha-Detroit Community Church  
503-881-9846

3er Sab 11am-1pm  
Los Viernes solamente  
El 2do al ultimo Vier  
11am-1pm

**Mill City, Gates Community Center**  
284 SW Cedar St, Mill City  
503-897-4904

Mar, 10am - Mediodia  
Jue, 6 pm - 8pm

**Stayton Community Food Bank**  
155 2nd St 503-769-4088

Lunes a Viernes  
9am - Mediodia

**Turner Christian Food Bank**  
7871 Marion Rd SE  
503-743-2119

Lunes  
9am - 11:30am

**Marion Friends Church**  
5997 Stayton Rd SE, Turner  
503)769-7915

1st & 3rd Lunes.  
9am - 11am


**Aumsville Food Pantry—NUEVO!**  
10153 Mill Creek Rd SE  
(541)680-7018

Jueves , 9-11:30am y  
3-5pm

**Scotts Mills Community Center**  
298 4th St

Martes  
9am - 11am

**St Luke’s Conference SVDP**  
417 Harrison St, Woodburn  
503-981-5011

 2do y 4to Jueves.  
5-7pm

**Woodburn Family Learning Center**  
1440 Newberg Highway  
503-981-1309

Lun, Mier, Jue y Vier  
9am-12pm y  
1:30pm-3pm

**Woodburn Spanish Seventh Day Adventist Church**  
782 Willow Ave  
503-550-0445

Miercoles  
6pm - 8 pm

**AWARE Food Bank**  
152 Arthur St, Woodburn  
503-981-5828

Lunes a Viernes  
9am - Mediodia

**Polk County Dallas Emergency Food Corp**  
322 Main St, Suite 180  
503-623-3578

Lunes a Viernes  
9am - 11:30am


**Dallas Seventh Day Adventist**  
589 SW Birch St  
503-623-5872/503-838-1743

 Miercoles  
10am-1pm


**Falls City Seventh Day Adventist**  
205 N Main St  
503-787-3907 or 503-787-3814

1ro Martes 4-6pm  
3er Miercoles  
Mediodia - 4pm

**Iskam Mek h Mek Haws (food pantry)**  
9675 Grand Ronde Rd  
503-879-3663

 1er, 3er y 5to Viernes.  
9am-1pm  
2do Sab, 10am-2pm  
4to Mier, 2pm - 6pm

**Ella Curran Food Bank**  
870 N Main St, Independence  
503-871-9282

 Lun, Mar y Jue.  
9 - 11:30am  
Mar, 4:30-6:30pm

Para asistencia fuera de los condados de Marion and Polk, Llame a Oregon Food Bank al  
1-800-777-7427 o visite [www.oregonfoodbank.org](http://www.oregonfoodbank.org)

**After Hours Boxes/Después de Horas Cajas** - Una caja de emergencia 2 días de alimentos se puede obtener en la oficina local del  
DHS o llamando al NW de crisis y línea de información (**NW Crisis & Information Hotline**) (24 horas, 7 días la semana) a 503-581-  
5535 Salem Casa de Oración (**Salem House of Prayer**) (08 a.m.-8 p.m. 7 días ) 503-589-9176

## Sitios de Comida Preparada

### Salem y Keizer

**ARCHES** –comida para personas sin hogar  
1164 Madison St NE, Salem, 503-399-9080  
Desayuno 8:30am—Diariamente  
Almuerzo 11:30am—Diariamente

### **Union Gospel Mission**

345 Commercial St NE, Salem, 503-362-3983  
Desayuno 6:30am—Diariamente  
Almuerzo 12:15 pm—Diariamente  
Cena 6pm—Diariamente

### **The Salvation Army Lodge**

1901 Front St NE, Salem, 503-585-6688  
Almuerzo 12pm - 1pm—Diariamente

**City Vibe** – comida para personas sin hogar en la Iglesia West Salem United Methodist  
1219 3rd St NW  
Viernes 6 – 7:30pm

### **South Salem Friends Church**

1140 Baxter Rd SE, Salem, 503-364-7476  
Martes 5:30 - 7 pm

### **SE Neighborhood Community Center**

410 19th ST SE, Salem, 503-362-6626  
Miercoles, 5:30-7pm

### **Keizer Community Dinner, St. Edward's Catholic Church**

5303 River Rd N, Keizer, 503-393-5323  
4to Miercoles del mes, 5-7pm

### Polk County

#### **James 2 Community Kitchen**

St. Phillips Catholic Church  
825 SW Mill Street, Dallas  
Martes 4:30 – 6pm.

Dallas Methodist Church  
565 LaCreole Dr, Dallas  
Jueves 4:30–6pm

#### **Falls City United Methodist Church**

257 Main St., Falls City  
2do, 3er & 4to Martes 5-7pm

### Rural Marion County

#### **First Christian Church**

402 N First St, Silverton  
503-873-6620  
Miercoles 5 – 7pm

#### **Woodburn SDA**

782 Willow Ave, Woodburn  
Sabados Mediodia - 3:00 pm

***Si usted va a una despensa para recoger comida , por favor, mantener estas cosas en mente:***

• ***¿Usted califica para la comida?*** Usted es elegible para una caja de comida si cumple con las pautas de ingresos que se muestran a continuación o si actualmente recibe: SNAP, TANF ,WIC, SSI, SSDI, LIHEAP.

Pautas de elegibilidad dictado por el guia de USDA 2017  
**(Para poder recibir comida)**

Tamaño de Hogar	Salario Cada Mes	Al Año
1.....	\$ 1,860 .....	\$22,311
2.....	\$ 2,504 .....	\$30,044
3.....	\$ 3,149 .....	\$37,777
4.....	\$ 3,793 .....	\$45,510
5.....	\$ 4,437 .....	\$53,243
6.....	\$ 5,082.....	\$60,976
7.....	\$ 5,726 .....	\$68,709
8* .....	\$ 6,371 .....	\$76,442

Si usted no cumple con estos requisitos, dejele saber a la despensa. Usted puede recibir comida aunque usted no pueda calificar.

• ***¿Qué debe llevar a una despensa de alimentos?*** *Usted NO tiene que mostrar ninguna identificación o comprobante de ingresos para recibir alimentos.* Una despensa puede pedir una pieza postal de su domicilio como material par a verificar su direccion.

• ***¿Qué hace una despensa de alimentos con la informacion que obtenemos de usted?*** Una despensa de alimentos solo tiene que recoger el nombre, dirección y número de personas en su hogar . Cualquier información adicional es opcional, pero no es necesario para conseguir comida.

• ***¿Con qué frecuencia puedo conseguir comida?*** La mayoría de las despensas solicitan que se lleve comida sólo una vez por mes. Puede preguntar a la despensa cuál es la poliza para agarrar comida.

*Porfavor de llamar a Marion-Polk Food share al 503-581-3855. Preguntar por relaciones de agencias si usted tiene alguna pregunta.*



### **Comida Movable “Meals on Wheels” de Salem Keizer**

- ◆ Requisitos para que la comida sea llevada a su casa: Tener 50 años o mas, o que no pueda salir de casa, o deshabilitado
- ◆ Las entregas serian de Lunes a Viernes, entre 11:30am -1:00pm
- ◆ Hay Muchas opciones disponibles para pagar por la comida, incluyendo programas de asistencia
- ◆ Para mas informacion, apuntarse o preguntas llame al: 503-364-7570

*Si vive fuera del area de Salem-Keizer por favor llame al: 1-800-469-8772*

Marion-Polk Food Share  
1660 Salem Industrial Drive NE  
Salem, OR 97301  
503-581-3855  
www.marionpolkfoodshare.org



## **Guia para despensas de comida de emergencias**

**Los condados de Marion & Polk**

La lista de las despensas de alimentos y cocina comunitarias de alimentos calientes.

Actualizado: May 2017

**Estas en una situacion dificil? Tienes problemas en poner comida en tu mesa. Los beneficios de SNAP te puede dar una solucion.**

**Si tienes que escojer entre comida, medicina y los gastos?**

Llama al 2-1-1 para obtener mas informacion; como calificar par beneficios, apuntarse para obtener SNAP (Tambien conocido como “Food Stamps”), WIC (Mujeres, Infantes y Niños), y otros tipos de ayuda como por ejemplo: Si necesita ayuda de emergencia, Preocupaciones de salud, comida, vivienda, y otros recursos que posiblemente pueda calificar.




*Las agencias en este guia son parte de la red de distribuidores afiliados para dar comida de emergencia de la organizacion sin lucros Marion-Polk Food Share. Marion-Polk Food Share y todas las agencias aqui son agencias que participan con USDA. Son proveedores y empleadores de oportunidad equitativa para todos.*

# EMERGENCY FOOD PANTRIES

 = Shopping Style food pantry

## North/Northeast Salem


**Good Samaritan Pantry @ Community of Christ Church**  
4570 Center St NE  
503-378-0633

 Thurs  
4:30 - 6pm


**Jason Lee United Methodist**  
820 Jefferson St NE  
503-362-9885

Mon, Tue, Wed, Fri  
9 - 11:30am

**Mano-a-Mano**  
3850 Portland Rd NE  
503-363-1895

 Tue, Wed & Thurs.  
1 - 5:45pm

**New Hope Foursquare Church**  
4963 Swegle Road NE  
503-370-8886

 3<sup>rd</sup> & 4<sup>th</sup> Sun  
2-5pm


**New Harvest Church**  
4290 Portland Rd NE  
503-763-6911

3rd Sat  
9 - 11am


**Pauline Memorial AME Zion**  
3593 Sunnyview Rd NE  
503-399-0130

Produce only on  
2<sup>nd</sup> & 4<sup>th</sup> Fri.  
12:30pm-2:30pm  
Full Pantry Tues.  
10:30am - 1:30pm  
1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Mon  
9am-11am


**Peoples Church**  
4500 Lancaster Dr NE  
503-304-4000

 4th Sat Shopping,  
10-11:30am


**Precious Children @ Salem Evangelical**  
455 Locust St N  
503-581-0102

 First & Last 2 Thurs.  
10am- Noon


**The Salvation Army**  
1977 Front St NE  
503-585-6688

 Mon-Fri  
9am - Noon


**Seventh Day Adventist Community Center**  
1860 Summer St NE  
503-363-8893

 Mon, Tues  
10am - Noon  
*Closed all July*

**Spanish Seventh Day Adventist**  
4625 Cordon Rd NE  
503-856-9700

 Wed.  
6-8pm

**St Vincent DePaul Society**  
3745 Portland Rd NE  
503-364-5672

 Mon, Tue, Wed, Fri  
10am- 1:45pm  
Thurs 11am-1:45 pm

**Solid Rock Community Church**  
3535 Ward Dr NE  
503-393-9739

2nd Sat  
9 - 10:30am

## South/Southeast Salem


**Lee's Place, Capital Park Wesleyan**  
425 20th St SE  
971-599-8729

Thurs 10am- 1pm

**Mano-a-Mano**  
2921 Saddle Club Rd SE, Ste. 9  
503-315-2290

Tue, Wed, Thurs  
1 - 4:45pm

**Table of Plenty @ Queen of Peace Catholic Church**  
4227 Lone Oak Rd SE  
503-364-7202

 Thurs 4:30 - 7pm


**New Life Community Church (At Bush Elementary School)**  
410 14th St SE  
503-363-5771

4th Sat  
10:30am - 12:30pm

**Mission of Hope/Silver Creek Fellowship @ Houck M.S.**  
1155 Connecticut SE  
503-873-7353

Last Saturday  
10am-12pm

**Trinity United Methodist**  
590 Elma Ave SE  
503-585-8851

 Mon, Wed, Fri  
(closed 1<sup>st</sup> week of each month)  
1-3:30pm

## West Salem

**Kingwood Bible Church**  
1125 Elm Ave NW  
503-399-9600

1st & 3rd Sat  
10am - noon


**Life Essentials @ Life Church**  
255 College Drive NW  
503-362-0362

4th Sat, 10am-12pm  
2<sup>nd</sup> Thursday 7-8pm

**Shared Blessing @ Family Life church**  
1675 Wallace Rd NW  
503-364-0002

Mon & Wed  
9 - 11:45am

**West Salem United Methodist\*\***  
1219 3rd St NW  
503-363-3035

 Mon, Wed  
1 - 3pm

## Keizer

**Keizer Community Food Bank @ Faith Lutheran Church**  
4505 River Rd N  
503-871-9100

Mon, 6 - 7:30pm  
Thurs, 9:30 - 11am

## Rural Marion County


**Brooks Assembly of God**  
9165 Portland Rd NE, Salem  
503-393-2155

1st & 3rd Tues.  
10am-Noon

**Sacred Heart Food Bank**  
680 Elm St, Gervais  
503-792-4231

1st & 3rd Wed  
1 - 4 pm


**Mission Benedict**  
925 S Main St, Mt Angel  
503-845-2468

 Fri 1 - 4pm

**Mt Angel Community Center**  
195 E Charles St  
503-845-6998

Tues - Thurs  
9:30 - 11:30 am

**Silverton Area Community Aid**  
421 Water St  
503-873-3446

 Mon, Tue Wed, Fri  
9am - Noon  
Tue 5 - 7pm

**Mission of Hope, Silver Creek Fellowship**  
822 Industry Way, Silverton  
503-873-7353

 Wed. 2-5pm, shopping  
3rd Saturday  
10am-12pm

**Joseph's Storehouse of Hope**  
Mehama- Mari Linn School  
Detroit/Idanha-Detroit Community Church  
503-881-9846

Mehama: 3rd Sat  
11am-1pm  
Detroit: 2nd to last Fri  
11am-1pm

**Mill City, Gates Community Center**  
284 SW Cedar St, Mill City  
503-897-4904

Tues, 10am - Noon  
Thurs, 6 - 8pm

**Stayton Community Food Bank**  
155 2nd St  
503-769-4088

Mon. - Fri.  
9am - Noon


**Turner Christian Food Bank**  
7871 Marion Rd SE  
503-743-2119

Monday  
9 - 11:30am

**Marion Friends Church**  
5997 Stayton Rd SE, Turner  
503)769-7915

1st & 3rd Mon.  
9 - 11am


**Aumsville Food Pantry—NEW!**  
10153 Mill Creek Rd SE  
(541)680-7018

 Thursday 9-11:30am,  
and 3-5pm

**Scotts Mills Community Center**  
298 4th St

Tues  
9 - 11am

**St Luke's Conference SVDP**  
417 Harrison St, Woodburn  
503-981-5011

 2<sup>nd</sup> & 4<sup>th</sup> Thurs.  
5-7pm

**Woodburn Family Learning Center**  
1440 Newberg Highway  
503-981-1309

Mon, Wed, Thurs, Fri  
9am-12pm &  
1:30-3pm

**Woodburn Spanish Seventh Day Adventist Church**  
782 Willow Ave  
503-550-0445

Wednesday  
6-8 pm


**AWARE Food Bank**  
152 Arthur St, Woodburn  
503-981-5828

Mon-Fri 9am-Noon

**Polk County Dallas Emergency Food Corp**  
322 Main St, Suite 180  
503-623-3578

Mon-Fri  
9-11:30am

**Dallas Seventh Day Adventist**  
589 SW Birch St  
503-623-5872/503-838-1743

 Wed  
10am-1pm


**Falls City Seventh Day Adventist**  
205 N Main St  
503-787-3907 or 503-787-3814

1st Tues 4-6pm  
3<sup>rd</sup> Wed 12- 4pm

**Iskam Mek h Mek Haws food pantry**  
9675 Grand Ronde Rd  
503-879-3663

 1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup> Fri,  
9am-1pm  
2<sup>nd</sup> Sat, 10am -2pm  
4<sup>th</sup> Wed, 2 - 6pm

**Ella Curran Food Bank**  
870 N Main St, Independence  
503-871-9282

 Mon, Tues, Thurs.  
9-11:30am  
Tues 4:30-6:30pm

## Free Public Meals

### Salem & Keizer

**ARCHES** –meals for homeless  
1164 Madison St NE, Salem, 503-399-9080  
Daily Breakfast 8:30am  
Daily Lunch 11:30am

### Union Gospel Mission

345 Commercial St NE, Salem, 503-362-3983  
Daily Breakfast 6:30am  
Daily Lunch 12:15pm  
Daily Dinner 6pm

### The Salvation Army Lodge

1901 Front St NE, Salem, 503-585-6688  
Daily Lunch 12 - 1pm

### City Vibe – meals for homeless at West Salem

United Methodist Church  
1219 3rd St NW  
Friday 6 – 7:30pm

### South Salem Friends Church

1140 Baxter Rd SE, Salem, 503-364-7476  
Tuesday 5:30 - 7pm

### SE Neighborhood Community Center

410 19th ST SE, Salem, 503-362-6626  
Wednesday 5:30-7pm

### Keizer Community Dinner, St. Edward's Catholic Church

5303 River Rd N, Keizer, 503-393-5323  
4th Wed of each month, 5-7pm

### Polk County

#### James 2 Community Kitchen

St. Phillips Catholic Church  
825 SW Mill Street, Dallas  
Tuesday 4:30 – 6pm

#### Dallas Methodist Church

565 LaCreole Dr, Dallas  
Thursday 4:30–6pm  
Saturday 11am-1pm

#### Falls City United Methodist Church

257 Main St., Falls City  
2nd, 3rd & 4th Tuesday 5-7pm

### Rural Marion County

#### First Christian Church

402 N First St, Silverton, 503-873-6620  
Wednesday 5 – 7pm

#### Woodburn SDA

782 Willow Ave, Woodburn  
Saturday Noon - 3:00 pm

If you go to a pantry to get food, please keep these things in mind:

#### ***Do you qualify for food?***

You are eligible for a food box if you meet the income guidelines shown below or if you currently receive: SNAP, WIC, TANF (Temporary Assistance for Needy Families), Free & Reduced Lunch Program, SSDI (Social Security Disability Income), SSI (Supplemental Security Income), and LIHEAP (Low Income Home Energy Assistance Program).

#### **USDA Commodity Income Eligibility Guidelines 2017 (to be eligible to receive a food box)**

Household Size	Monthly	Annual
1.....	\$ 1,860 .....	\$22,311
2.....	\$ 2,504 .....	\$30,044
3.....	\$ 3,149 .....	\$37,777
4.....	\$ 3,793 .....	\$45,510
5.....	\$ 4,437 .....	\$53,243
6.....	\$ 5,082.....	\$60,976
7.....	\$ 5,726 .....	\$68,709
8* .....	\$ 6,371 .....	\$76,442

If you do not meet these guidelines, let the pantry know; some are happy to provide some food anyway.

#### ***What should you bring to a food pantry?***

A piece of mail or ID to help read your name and address more easily and to verify you live in the area they serve. You do not have to show any ID or proof of income to receive food.

#### ***What does a food pantry collect from you?***

A food pantry only has to collect your name, address, and number of people in your household. Any additional info is optional, but not required to get food

#### ***How often can I get food?***

Most pantries request that you come for food only one time per month. Ask a pantry what their policy is.

#### ***What and how much do you get in a food box?***

Typically you will receive a variety of fresh, frozen, dried, and canned foods. These could include fruits, vegetables, meat, dairy, and boxed mixes. Food items vary each month and generally supply a minimum of 3-5 days worth of food.


*Questions or concerns please call Marion-Polk Food Share at 503-581-3855 and ask for Agency Relations.*

### **Meals on Wheels of Salem Keizer**

- ◆ requirements for home delivered meals: 50 or older, homebound or disabled
- ◆ delivery is Monday thru Friday between 11:30am -1:00pm
- ◆ Multiple options available to pay for meals, including assistance programs
- ◆ For questions or to sign-up call 503-364-7570

*For Meals on Wheels outside of Salem-Keizer please call 1-800-469-8772*

Marion-Polk Food Share  
1660 Salem Industrial Drive NE  
Salem, OR 97301  
503-581-3855  
www.marionpolkfoodshare.org



# Food Assistance Guide

## Marion & Polk Counties

A list of emergency food pantries and meal sites.

Updated: May 2017

**In a tight spot and struggle to put food on the table? SNAP Benefits could be your answer.**



**Have you had to choose between buying food, paying bills, or getting medication? Call 2-1-1 for information on signing up for SNAP (formerly called Food Stamps), WIC (Women Infants and Children), and many other types of help for Emergency Needs, Health Concerns, Food, Housing, and Other Resources.**

*The agencies listed in this guide are part of the Marion-Polk Food Share network of contracted emergency food distribution partners. Marion-Polk Food Share and all the agencies listed are USDA agencies and are equal opportunity providers and employers.*

## The Emergency Food Assistance Program (TEFAP) Authorized Representative Form

Name: \_\_\_\_\_ Number of people in household: \_\_\_\_\_

Address: \_\_\_\_\_

(Client may identify homelessness by writing an "H" in the address line above.)

This table shows a yearly gross income for each family size. If your household income is at or below the income listed for the number of people in your household, you are eligible to receive food.

<b>2017 Income guidelines</b>		
<b>Family Size</b>	<b>Monthly</b>	<b>Annual</b>
1	\$1,860	\$22,311
2	\$2,504	\$30,044
3	\$3,149	\$37,777
4	\$3,793	\$45,510
5	\$4,437	\$53,243
6	\$5,082	\$60,976
7	\$5,726	\$68,709
8	\$6,371	\$76,442
For each additional member, add \$645 per month or \$7,733 per year		

You are also eligible to receive food from TEFAP if your household participates in any of the following programs. If you participate in one of these programs, please check the space next to it.

- Low Income Home Energy Assistance Program (LIHEAP)
- Social Security Disability Income/Social Security Income (SSDI/SSI)
- Supplemental Nutrition Assistance Program (SNAP) (formerly known as food stamps)
- Temporary Assistance for Needy Families (TANF)
- Women, Infant and Children Supplemental Nutrition (WIC)
- Free or Reduced School Lunch Program

By signing below, I declare that my household is in need of food and that the household income is at or below the eligible income levels, OR that I am currently participating in any one of the programs checked above. I will not sell, barter, or trade food received through this program. This certification form is being completed in connection with the receipt of federal assistance. Program officials may verify what I have certified to be true. I understand that making a false certification may result in having to pay the State for the value of the food improperly issued to me and may subject me to criminal prosecution under state and federal law. I authorize the following person to act as my authorized representative:

(Name of authorized representative) \_\_\_\_\_

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)