



ASPIRE

Encouraging higher education for everyone.

Annual Report 2015-16



**Office of Student Access
& Completion (OSAC)**

An Office of the Higher Education Coordinating Commission

Greetings from the ASPIRE Team

In 2016, ASPIRE celebrated its 18th year. ASPIRE began in 1998 with four pilot schools and has evolved today to over 150 sites throughout Oregon. We are very excited to share with you significant markers that have taken place during the 2015-2016 academic year.



The 2015-16 ASPIRE Team: Chloe Shaughnessy, Gary Campbell, Kristin Vreeland, Lori Ellis, Vickie Potoski, Collin Ellis, Amy Keir, Leli Fotu, Emily Urness, Gretchen Beckner, and Lisa Brookshier

ASPIRE is the **State of Oregon's mentoring program** that helps students access education and training beyond high school. ASPIRE matches **adult volunteer mentors** with students to help them reach their goals. Mentors help students **explore their educational options, plan for making strides towards those options, learn how to pay for their chosen option, and apply for that option; all to support their dreams of their future.**

ASPIRE's newest addition is our **ASPIR College Program** that provides mentoring to students who are pursuing a degree or certificate at one of our sites: **Blue Mountain Community College, Chemeketa Community College, Lane Community College, and the University of Oregon.**

ASPIRE is comprised of **31 middle school sites, 118 high school sites, 4 eASPIRE sites, and 4 college sites.**

ASPIRE is not possible without the support of the ASPIRE sites, the ASPIRE coordinators, and the **amazing ASPIRE volunteers.** Together, we are helping Oregon reach its statewide goal of 40-40-20 whereby 40% of adult Oregonians will have a Bachelor's Degree of Higher; 40% will have an Associate's Degree or Certificate in a Skilled Occupation; 20% will have at least a high school diploma or its equivalent by 2025.

We are looking forward to another wonderful year working with our ASPIRE sites and serving Oregon students.

- The ASPIRE Team

ASPIRE Program



ASPIRE is a program of the Oregon Office of Student Access and Completion and helps students access education and training beyond high school. Students receive information about college options, admissions, and financial aid from trained and supportive volunteers who mentor them throughout the year.

ASPIRE has grown into a program with an ever increasing ability to create college-going communities in Oregon. In 2015-16, ASPIRE trained and supported more than 1,500 volunteers who mentored over 10,000 students in pursuit of their educational aspirations.

ASPIRE Goals:

- Provide mentoring and resources to help students access education and training beyond high school
- Increase the number of Oregon students seeking and receiving college scholarships, financial aid, and enrolling into postsecondary education or training
- Encourage citizen and community involvement with students in their local communities

ASPIRE is Helping Change Oregon's Future

- ASPIRE supports Oregon's goal of 40-40-20 by reaching first-generation college students. Of senior students surveyed, 54 percent had at least one parent who did not attend college. (Self-reported, 2016 ASPIRE survey)
- ASPIRE schools' scholarship applicant pools changed to reflect more applicants from traditionally excluded groups. (July 2008, Lund-Chaix)

ASPIRE Cultivates a College-Going Culture

- Students who attend ASPIRE sites are more likely to attend college compared to students from non-ASPIRE sites. (January 2009, ECONorthwest)
- Mentoring that is focused on education creates a college-going culture, motivating many students who never believed that postsecondary goals were achievable for them. (December 2007, Ellis)

ASPIRE Creates Community Investment

- The program brings together students, school staff, community volunteers, and parents to help students overcome obstacles in continuing education.
- ASPIRE provides the tools to recruit, train, and implement volunteer mentor programs, helping each site build a sustainable community of mentors who are sincerely invested in students' futures.

"ASPIRE was a critical program to get up and running for our high school, and my experience with ASPIRE in my previous district was that it was a game changer! It truly will allow us to focus on our offerings (including CTE) in order to point and guide our students toward their futures and helps our district to fulfill its Strategic Plan."

—Matt Henry, Superintendent, Gervais School District

ASPIRE's goal is to provide mentoring and resources to all Oregon students.

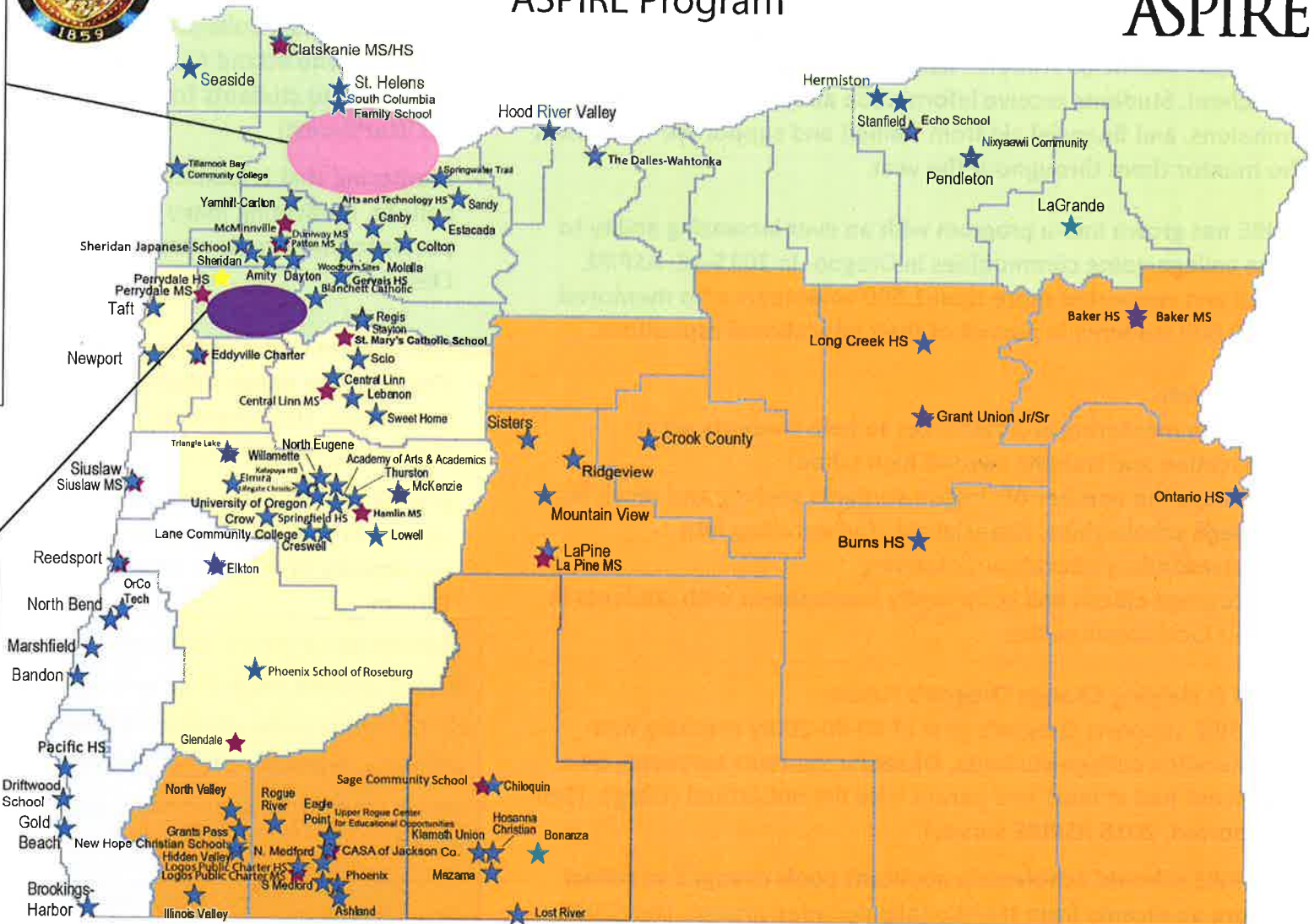


Oregon Office of Student Access and Completion ASPIRE Program



- Alliance HS
- Beaverton HS
- Black United Fund
- Century HS
- Clackamas HS
- Clackamas Middle College
- Franklin HS
- Lincoln HS
- Marathon Scholars
- Metro East Web Academy
- Miller Education Center
- Milwaukie HS
- NAYA - Native American Youth Academy
- Open Door Christian Academy
- Oregon City HS
- Oregon Outreach at McCoy
- Outside In, Inc.
- Park Academy HS
- Park Academy MS
- Rex Putnam HS
- Reynolds High School
- Sam Barlow HS
- Sunset HS
- Westview HS
- Tualatin HS

- Claggett Creek Middle School
- Crossler Middle School
- Houck Middle School
- Judson Middle School
- Leslie Middle School
- Parrish Middle School
- Stephens Middle School
- Straub Middle School
- Waldo Middle School
- Walker Middle School
- Whiteaker Middle School
- Early College High School
- McKay High School
- North Salem High School
- Roberts High School
- Salem-Keizer Education Foundation
- South Salem High School
- Sprague High School
- West Salem High School



ASPIRE Site Map 2015-16



ASPIRE Site List 2015-16



ASPIRE (110)

Academy of Arts and Academics
Academy of International Studies
Alliance High School
Amity High School
Arts and Technology High School
Ashland High School
Baker High School
Bandon High School
Beaverton High School
Black United Fund
Bonanza High School
Brookings-Harbor High School
Burns High School
Canby High School
CASA of Jackson County
Central Linn High School
Century High School
Chiloquin High School
Clackamas High School
Clackamas Middle College
Colton High School
Creswell High School
Crook County High School
Crow High School
Dayton High School
Eagle Point High School
Eddyville Charter School
Elkton High School
Elmira High School
Estacada High School
Franklin High School
Gervais High School
Gold Beach High School
Grant Union Jr./Sr. High School
Grants Pass High School
Hermiston High School

Hidden Valley High School
Hood River Valley High School
Hosanna Christian Academy
Illinois Valley High School
Klamath Union High School
La Grande High School
La Pine High School
Lebanon High School
Lifegate Christian School
Lincoln High School
Logos Public Charter School
Long Creek High School
Lost River High School
Lowell High School
Marshfield High School
Mazama High School
McKenzie High School
McMinnville High School
Miller Education Center
Milwaukie High School
Molalla High School
Mountain View High School
NAYA
Nea-Kah-Nie High School
Newport High School
Nixyaawii Community School
North Bend High School
North Eugene High School
North Medford High School
North Valley High School
Ontario High School
Open Door Christian Academy
OrCo Tech
Oregon City High School
Oregon Outreach at Hinton
Oregon Outreach at McCoy
Outside In

Pacific High School
Park Academy
Pendleton High School
Phoenix High School
Phoenix School of Roseburg
Reedsport Community Charter
Regis High School
Rex Putnam High School
Reynolds High School
Ridgeview High School
Rogue River High School
Sam Barlow High School
Sandy High School
Scio High School
Seaside High School
Sheridan High School
Sheridan Japanese School
Sisters High School
Siuslaw High School
South Medford High School
Springfield High School
St. Helens High School
Stanfield Secondary School
Stayton High School
Sunset High School
Sweet Home High School
Taft High School
The Dalles High School
Thurston High School
Triangle Lake Charter School
Tualatin High School
Wellness, Business & Sports School
Westview High School
Willamette High School
Woodburn Academy of Art, Science
& Tech.
Woodburn Arts & Communications
Academy
Yamhill-Carlton High School

Salem-Keizer School District (19)

Claggett Creek Middle School
Crossler Middle School
Houck Middle School
Judson Middle School
Leslie Middle School
Parrish Middle School
Stephens Middle School
Straub Middle School
Waldo Middle School
Walker Middle School
Whiteaker Middle School
Early College High School
McKay High School
North Salem High School
Roberts High School
Salem-Keizer Education Foundation
South Salem High School
Sprague High School
West Salem High School

College/University (4)

Blue Mountain Community College
Chemeketa Community College
Lane Community College
University of Oregon – SAIL

eASPIRE (4)

ASPIRE Summer Bridge
Marathon Scholars
Metro East Web Academy
Perrydale High School

Middle School (20)

Baker Middle School
CASA of Jackson County
Central Linn Middle School
Driftwood School
Duniway Middle School
Eddyville Charter School
Elkton Middle School
Glendale Middle School
Grant Union Jr./Sr. High School
Hamlin Middle School
La Pine Middle School
Logos Public Charter School
McKenzie Middle School
Park Academy
Patton Middle School
Perrydale Middle School
Reedsport Community Charter
Sage Community School
Siuslaw Middle School
Triangle Lake Charter School

ASPIRE Student Activities

- * Review high school graduation requirements
- * Research career options
- * Research SAT & ACT information
- * Attend college tours
- * Complete the OSAC scholarship application
- * Search and apply for non-OSAC scholarships
- * Learn about IDA and other college savings plans



- * Complete the FAFSA
- * Attend college fairs
- * Review and apply for postsecondary admissions
- * Compare award letters

ASPIRE Programs



ASPIRE: Middle School



- Group mentoring to middle school students
- Volunteers and staff deliver the program to classes or assemblies on a regular basis
- The curriculum includes:
 - ◆ Career exploration
 - ◆ High school graduation requirements & course rigor
 - ◆ Importance of community and extracurricular activities
 - ◆ College financial planning

ASPIRE: High School



- Welcomes all students from all grade levels
- Provides 1:1 mentoring to students by trained, supportive adult volunteers throughout the year
- Students receive information about:
 - ◆ College/career options
 - ◆ Admissions
 - ◆ Financial aid

eASPIRE



- Provides 1:1 online mentoring to high school students
- Removes time constraints and geographic availability issues that often limit volunteer recruitment
- Provides flexibility for volunteers, to provide mentoring outside the traditional school day from any geographic area

ASPIRE: College

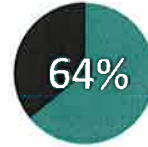


- Provides 1:1 mentoring to college students on:
 - ◆ Navigating student services on campus
 - ◆ Admissions
 - ◆ Financial Aid
 - ◆ Scholarships and college applications
 - ◆ Transfer degrees

Class of 2016 ASPIRE Students



Applied to or are planning to attend at least one college, university, or technical/vocational program



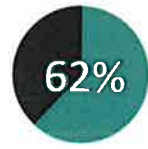
Took the SAT



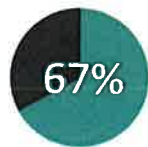
Took the ACT



Completed the FAFSA



Applied for at least one OSAC administered scholarship



Applied for at least one non-OSAC scholarship

2015-16 by the Numbers

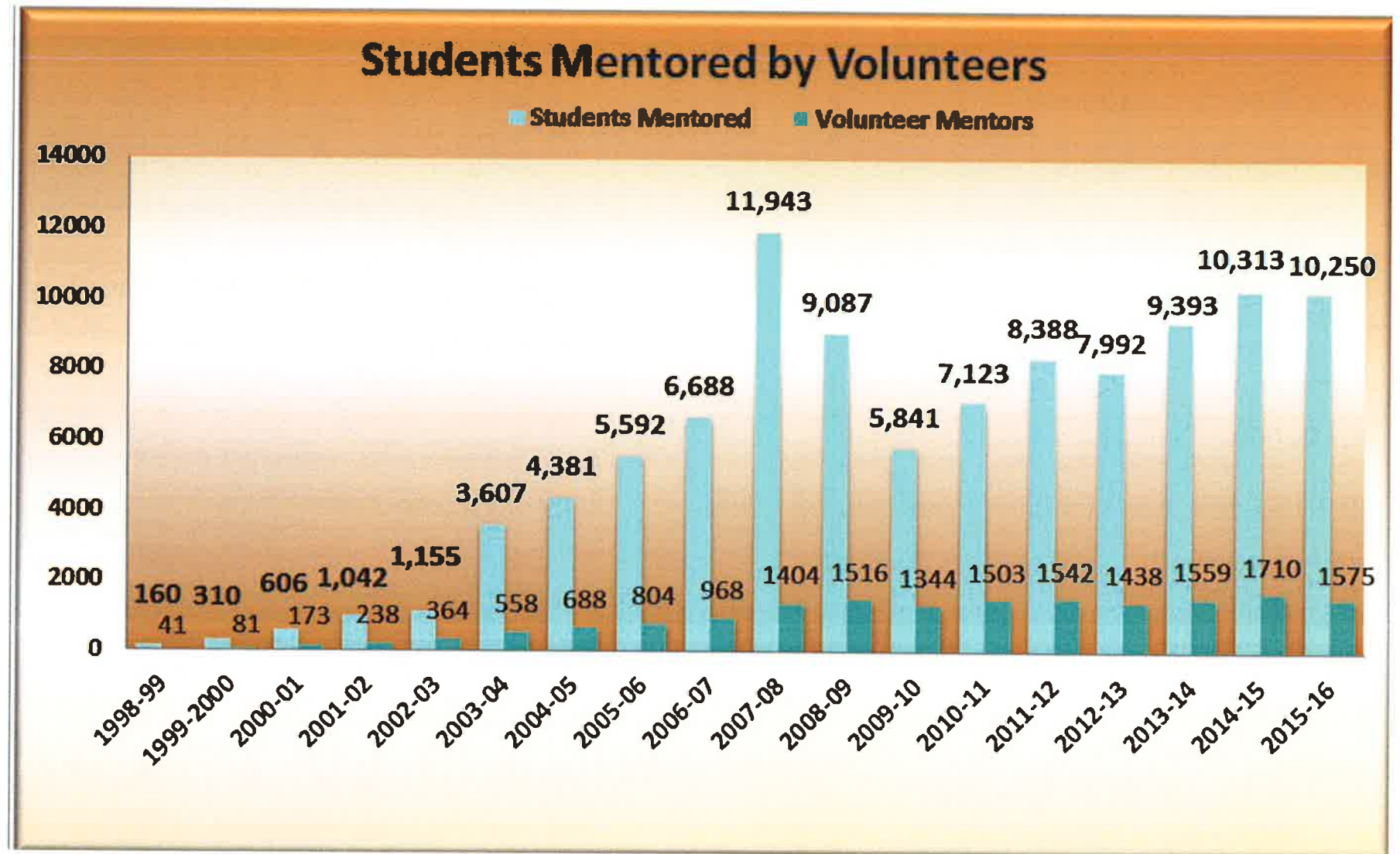


- * 157 ASPIRE sites statewide
- * 10,200+ students received mentoring
- * 121,960+ contacts made with students
- * 1,570+ trained volunteers mentored students
- * 54,400+ hours of volunteer time, worth over \$1,238,000
- * 6,000+ participated in trainings provided by ASPIRE
- * 340+ ASPIRE coordinators, volunteers, and service providers registered for the ASPIRE Fall Conference
- * 80+ ASPIRE coordinators attended one of ten region meetings conducted by ASPIRE staff throughout Oregon
- * 47% of Ford Scholar recipients in Oregon were from ASPIRE high school sites

A SNAPSHOT OF OUR STUDENTS:

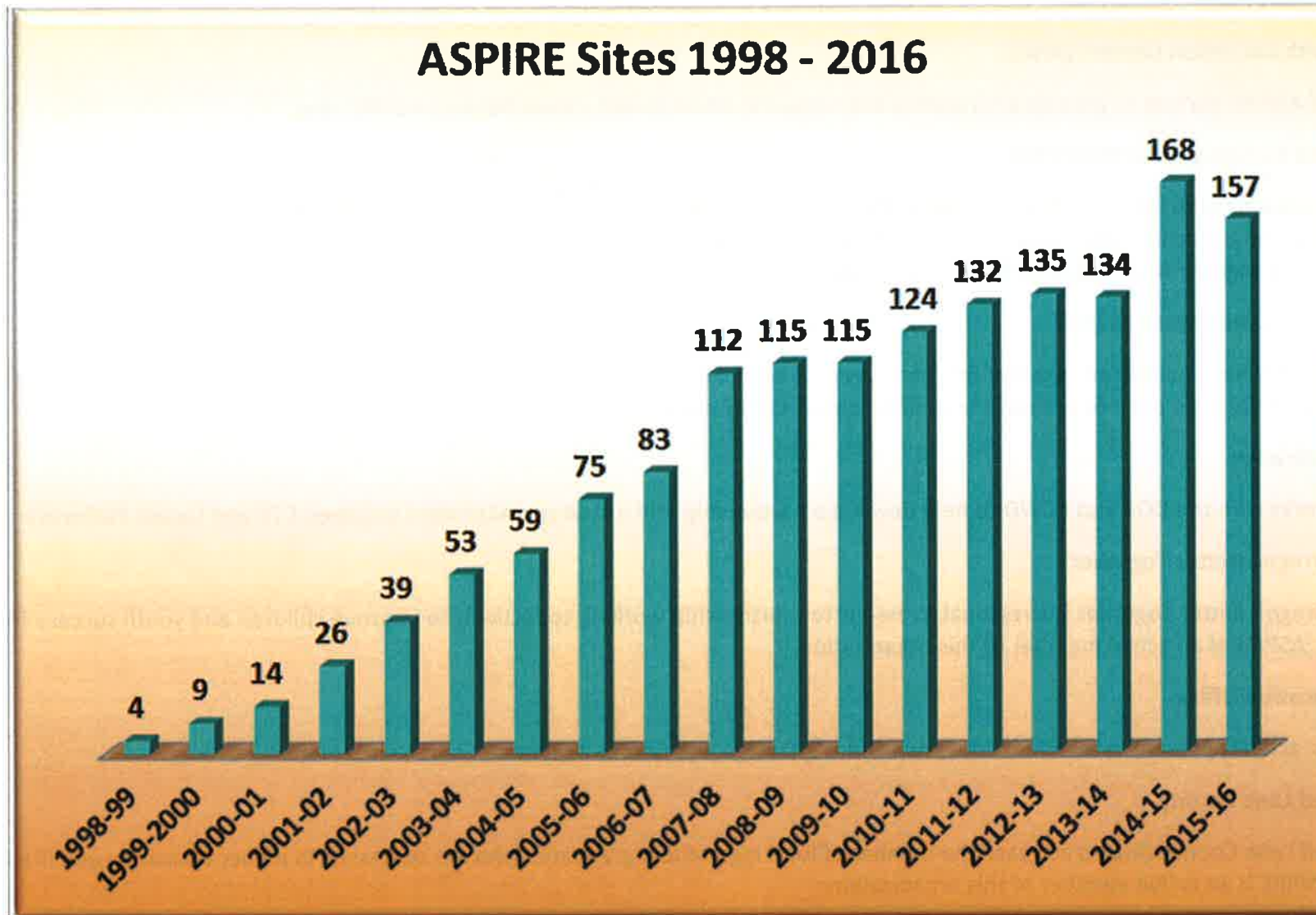
Oregon Public High Schools	ASPIRE Sites (in Oregon Public High Schools)
34% students of color	35% students of color
46% students qualify for F&R lunches	52% students qualify for F&R lunches
28% are rural schools	31% are rural schools

ASPIRE Students & Mentors - Historically



Note: The definition of mentored student was modified after the 2007-2008 academic year to comply with OAR 575-076-0025

Total ASPIRE Sites - Historically



“The best part of being an ASPIRE volunteer is having students come to you at the end of their senior year and thank you for keeping them motivated and helping them get their post high school plans achieved!”

— ASPIRE Mentor, Year-end Survey

ASPIRE Partners

* **Area Health Education Centers (AHEC)**

AHEC and ASPIRE partner to provide information and resources about health career fields to ASPIRE sites.

* **Career and Technical Education (CTE)**

ASPIRE is working with the Oregon Department of Education and Community Colleges and Workforce Development to help develop a partnership and a strategic alignment between CTE and Career Pathways. ASPIRE is also working with Lane Education Service District to learn how processes can be streamlined to serve more students.

* **Career Information Systems (CIS)**

ASPIRE and CIS have partnered together for many years to bring additional training and resources to ASPIRE sites. The ASPIRE middle school program uses CIS Jr. to provide activities to middle school ASPIRE students.

* **Career Pathways**

ASPIRE works with the DOE and CCWD to help develop a partnership and a strategic alignment between CTE and Career Pathways.

* **Central Oregon Better Together**

Central Oregon Better Together is a regional, cross-sector partnership working collectively to improve children and youth success from cradle to career. ASPIRE is an active member of this organization.

* **Chief Education Office**

ASPIRE is actively present in the Chief Education Office's College and Career Readiness Cross Sector Planning Group.

* **Connected Lane County**

Connected Lane County aims to increase the number of local high school graduates who are successful in higher education and life beyond high school. ASPIRE is an active member of this organization.

ASPIRE Partners



* **Department of Human Services (DHS)**

ASPIRE partners with DHS to provide materials and resources to foster youth and Independent Living Providers (ILP). DHS provides funding to ASPIRE to maintain its website, update curriculum, infuse information about the Chafee grant into trainings and materials, and provide travel reimbursements for the ASPIRE Fall Conference.

* **Dream\$avers IDA (Individual Development Account)**

ASPIRE and Dream\$avers are working together to share information about IDAs to students and families. These families will learn how to save money for college in an affordable way.

* **Educational Credit Management Corporation (ECMC)**

ECMC relies on ASPIRE staff and coordinators to review, update, and edit the Opportunities booklet annually and many ASPIRE sites rely on the Opportunities booklet to provide financial information to students and families.

* **Financial Beginnings**

Staff from Financial Beginnings serve on our College Project Advisory Team, and ASPIRE presents on during their annual conference.

* **Incight**

ASPIRE and Incight partner to provide college access information to students with disabilities.

* **Mentor Lane Campaign**

This coalition is comprised of Lane County mentoring programs focused on mentoring in community. They collaborate by sharing resources to increase recruitment and strengthen mentoring services for programs, clients, and volunteers. ASPIRE is an active member of this group.

* **National Association for College Admission Counseling (NACAC)**

NACAC has amazing college and career readiness curriculum that ASPIRE uses with middle school students.

* **Oregon College Savings Plan (OCSP)**

ASPIRE and the OCSP visit eight communities in Oregon each year providing "How to Pay for College" seminars.

* **Oregon Community Foundation (OCF)**

ASPIRE was originally developed as a collaborative project between OCF and OSAC. OCF continues to support ASPIRE with annual grants that have funded program evaluation tools, a training and development specialist, and partnership grants for ASPIRE sites.

ASPIRE Partners

* Oregon GEAR UP

ASPIRE and GEAR UP have partnered together for a number of years to provide training and resources to ASPIRE sites.

* Oregon Migrant Program (OSU)

ASPIRE shared college and career readiness information with migrant students and their families during their summer college fairs.

* Portland Access College Together (PACT)

ASPIRE is a member of the collaborative Portland Access College Together (PACT) group, a coalition of non-profit organizations and colleges who share a common goal of increasing postsecondary enrollment and completion in the greater Portland area.

* Princeton Review

Princeton Review provides training to ASPIRE coordinators and volunteers around testing required for college.

* Salem-Keizer Education Foundation (SKEF)

SKEF supports ASPIRE's first districtwide program. SKEF provides staffing, resources, and funding to help ASPIRE expand into all of the Salem-Keizer middle and high schools.

* Salem-Keizer School District

The Salem-Keizer school district is the first district in Oregon to implement the program districtwide. All of their students grades 6-12 will receive mentoring support from ASPIRE volunteer mentors.

* \$ALT – American Student Assistance

This partnership provides \$ALT Money resources to all ASPIRE students and their families.

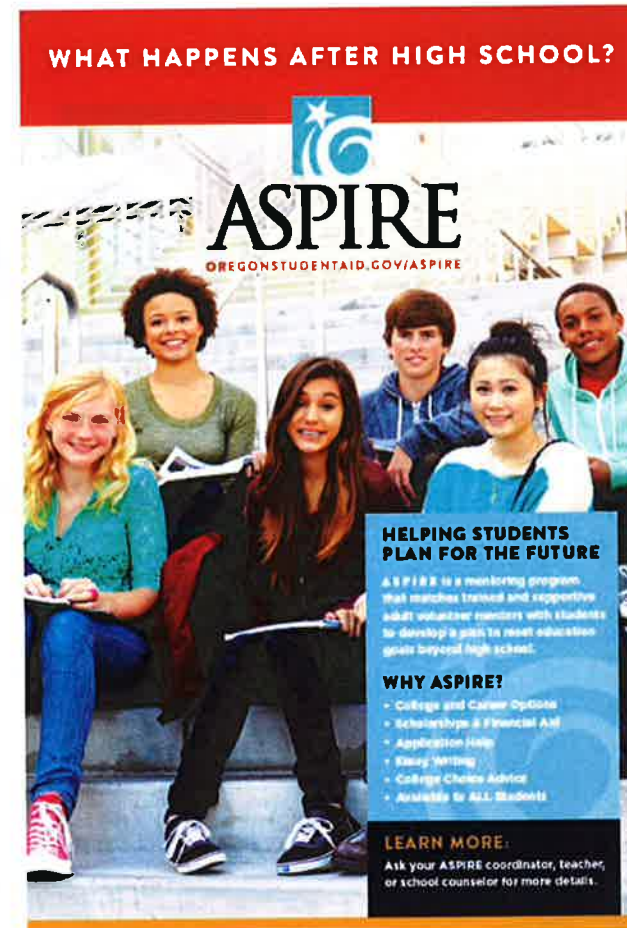
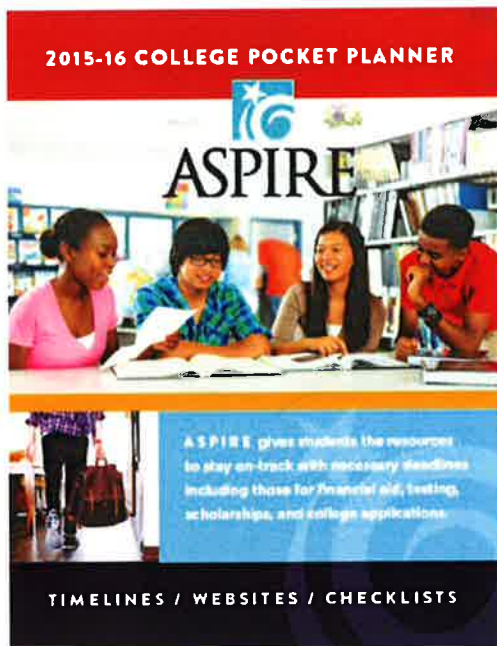
* Western Oregon University (WOU)

WOU provides up to two \$500 scholarships per ASPIRE site to ASPIRE students. WOU has hosted the ASPIRE fall conference multiple times and continues to be a strong supporter of the ASPIRE program.

ASPIRE Publications



Each year, the ASPIRE team provides posters, brochures, volunteer handbooks, and pocket planners for its sites that help to promote a college-going culture.



Want to become an ASPIRE Volunteer?

ASPIRE students need YOU as a mentor. Mentor on-site or via email.

Training is provided!

Visit our webpage to find out how to get on board:

OregonStudentAid.gov/ASPIRE



Encouraging higher education for everyone.

For more information, please contact:

Oregon Office of Student Access & Completion
1500 Valley River Dr., Suite 100 Eugene, OR 97401

(541) 687-7400

FAX (541) 687-7414

contactus@ASPIREoregon.org

www.OregonStudentAid.gov/ASPIRE



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OREGONSTUDENTAID.GOV/ASPIRE

VOLUNTEER CALENDAR 2016-2017



ASPIRE is a program of the Higher Education Coordinating
Commission's Office of Student Access and Completion.

SEPTEMBER

“A goal without a plan is just a wish”

FRESHMAN / SOPHOMORE

- Take PSAT
- Register for and take ACT Plan
- Explore career possibilities in CIS, Naviance or College Navigator (nces.ed.gov/collegenavigator)
- Explore OregonStudentAid.gov to learn about post-high school options
- Research colleges/universities/career-technical schools and their majors and fields of training

JUNIOR

- * Review courses for this year and plan for senior year and beyond
- Review high school transcript: Are you on track for graduation?
- Take PSAT
- Attend financial aid nights, workshops and events with a parent or guardian if possible
- Attend college/career fairs
- Attend college visitation events at your school
- Research colleges/universities/career-technical schools and their majors and fields of training
- Explore career possibilities in CIS, Naviance or College Navigator (nces.ed.gov/collegenavigator)

SENIOR

- * Review SAT or ACT scores if tests were taken last year, to determine if they need to be retaken
- * Register for SAT or ACT if not already taken or needs to be retaken
- * Get FSA ID: fsaid.ed.gov
- * Visit [FAFSA.ed.gov](https://fafsa.ed.gov) to download FAFSA worksheet online. Questions? Call the Federal help line at 800-433-3243 or the local community college financial aid office.
- * Attend financial aid nights, workshops and events
- Research colleges/universities/career-technical schools and their majors and fields of training
- Research colleges' minimum admissions requirements
- Review transcript to be sure colleges' admissions requirements can be met
- Check and monitor college priority application and regular application deadlines
- Attend college visitation events at your school
- Narrow down list of colleges
- Begin work on college admissions and scholarship essays; have your ASPIRE mentor proofread your work
- Fill out request forms for letters of recommendation to give to teachers, counselors and/or employers. Give letter writers at least 4 weeks advance notice.
- Planning on attending a private college? Find out if they require an additional financial aid application, the CSS Profile
- * Begin submitting college applications; monitor deadlines
- If applying to a private college, find out if they will accept the Common Application; check the list of participating schools at CommonApp.org
- Attend college/career fairs
- Complete Oregon Promise application (Community college applicants)
- Undocumented students and DACA students: Complete ORSAA to be eligible for Oregon Promise and/or Oregon Opportunity Grant Funds
- Attend an OSAC Finding Funds presentation
- Create account in OSAC Student Portal
- Start OSAC Scholarship Application, Personal Statements, and Activity Chart
- Explore local, regional and university scholarship opportunities



ASPIRE

SEPTEMBER 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 SAT registration for 10/1 test	2	3
4	5	6	7	8	9	10 ACT test
11	12	13	14	15	16 ACT registration for 10/22 test	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

OCTOBER

"I haven't FAILED. I've just found 10,000 ways that won't work" - Thomas Edison

FRESHMAN/ SOPHOMORE

- Take PSAT
- Register for and take ACT Plan
- Explore career possibilities in CIS, Naviance or College Navigator (nces.ed.gov/collegenavigator)
- Explore OregonStudentAid.gov to learn about post-high school options
- Research colleges/universities/career-technical schools and their majors and fields of training

JUNIOR

- Review high school transcript: Are you on track for graduation?
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- Attend college/career fairs
- Attend college visitation events at your school
- Research colleges/universities/career-technical schools and their majors and fields of training
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SENIOR

- * Complete FAFSA: Opens October 1
- * Review Student Aid Report (SAR) and make FAFSA corrections
- Research colleges/universities/career-technical schools and their majors and fields of training
- Research colleges' minimum admissions requirements
- Review transcript to be sure colleges' admissions requirements can be met
- Check and monitor college priority application and regular application deadlines
- Attend college visitation events at your school
- Narrow down list of colleges
- Begin work on college admissions and scholarship essays; have your ASPIRE mentor proofread your work
- Fill out request forms for letters of recommendations to give to teachers, counselors and/or employers. Give letter writers at least 4 weeks advance notice.
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ASPIRE

OCTOBER 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 SAT test
2	3 Douglas County College Fair	4 So. OR/No. CA College Fair	5	6 Central Oregon College Fair	7 SAT registration for 11/5 test Lane County College Fair	8
9	10	11	12	13	14 ASPIRE Fall Conf. OSU Fall Preview Your World @ WOU UO Duck Preview	15
16	17	18 Boise College Fair	19	20	21 UO Duck Preview	22 ACT test
23/30 Portland College Fair	24 Portland College Fair Salem Area College & Career Fair Portland Performing & Visual Arts Fair	25	26	27	28	29 PSU Freshman Preview OSU Cascades Fall Preview PSU Campus Preview D

NOVEMBER

“EDUCATION is the most powerful weapon which you can use to change the WORLD” - Nelson Mandela

FRESHMAN/SOPHOMORE

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JUNIOR

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- Explore career possibilities in CIS, Naviance or College Navigator (nces.ed.gov/collegenavigator)

SENIOR

- * Create account in OSAC Student Portal
- * Start OSAC Scholarship Application, Personal Statements, and Activity Chart (Volunteers can help by proofreading everything before submission)
- Research colleges/universities/career-technical schools and their majors and fields of training
- Research colleges' minimum admissions requirements
- Review transcript to be sure colleges' admissions requirements can be met
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NOVEMBER 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 SAT registration for 12/3 test OSU Early Notification UO Early Action	4 ACT registration for 12/10 test UO Duck Preview Day	5 SAT Test OSU Beaver Open House WOU Fall Preview EOU Fall Preview
6	7	8	9	10	11	12 OR Tech Fall Preview
13	14	15	16	17	18 SOU Fall Preview PSU Bridges	19 UO Duck Preview Day
20	21	22	23	24	25	26
27	28	29	30			

DECEMBER

“Nothing in life is to be feared, it is only to be understood. Now is the time to understand more, so that we may fear less.” - Marie Curie

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- Fill out request forms for letters of recommendations to give to teachers, counselors and/or employers. Give letter writers at least 4 weeks advance notice.
- Planning on attending a private college? Find out if they require an additional financial aid application, the CSS Profile
- Begin submitting college applications; monitor deadlines
- If applying to a private college, find out if they will accept the Common Application; check the list of participating schools at CommonApp.org
- Attend college/career fairs
- Complete Oregon Promise application (Community college applicants)
- Undocumented students and DACA students: Complete ORSAA to be eligible for Oregon Promise and/or Oregon Opportunity Grant Funds
- Attend an OSAC Finding Funds presentation
- Create account in OSAC Student Portal
- Start OSAC Scholarship Application, Personal Statements, and Activity Chart
- Explore local, regional and university scholarship opportunities



ASPIRE

DECEMBER 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 EOU Early Appl. PSU Fall Term & Honors Priority Apps	2 WOU Admission Application Workshop	3 SAT test
4	5	6	7	8	9	10 ACT test
11	12	13	14	15	16	17
18	19	20	21 SAT registrataion for 1/21 test	22	23	24
25	26	27	28	29	30	31

JANUARY

It takes less time to do things right than to explain why you did it wrong. -Henry Wadsworth Longfellow

FRESHMAN/SOPHOMORE

- Review results of PSAT
- Start creating a resume to continue throughout high school that will include classes taken, extra-curricular activities, volunteerism, jobs held, leadership positions, awards, received, etc.
- Look at college or training school admissions requirements to get an idea of what kinds of classes need to be taken now
- Start exploring the differences in schools to determine what might be a good fit after high school graduation: career-technical, community college, or 4-year college
- Continue exploring career possibilities in CIS, Naviance or College Navigator (nces.ed.gov/collegenavigator)

JUNIOR

- Review results of PSAT
- Start gathering information on college costs and financial planning
- Continue exploring career possibilities in CIS, Naviance or College Navigator ([collegenavigator](http://nces.ed.gov/collegenavigator))
- Consider taking an SAT or ACT prep course
- Register and take ACT and/or SAT
- Research colleges/universities/career-technical schools and their majors and fields of training
- If planning on attending a 4-year school, put together a list of 10 colleges of interest. Plan on applying to 3-6 schools during senior year.
- Research colleges' minimum admissions requirements
- Start seriously investigating private scholarships and other student aid programs
- Find information on federal financial aid at: StudentAid.ed.gov
- Attend financial aid nights, workshops and events with a parent or guardian if possible
- Attend campus preview days
- Create account in OSAC Student Portal
- Start working on OSAC personal statements and Activity Chart

SENIOR

- Submit applications to at least three colleges
- Check with colleges you have applied to
- make sure they have received all necessary documents. Continue to monitor applications
- Check to see if mid-year transcripts have been sent to colleges applied to
- Complete Oregon Promise application (Community college applicants)
- Undocumented students and DACA students: Complete ORSAA to be eligible for Oregon Promise and/or Oregon Opportunity Grant Funds
- Apply for local, regional and college scholarships
- Complete work on OSAC Scholarship Application and submit to OSAC
- Track scholarship application deadlines
- Check your email and OSAC Student Profile for notifications



ASPIRE

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JANUARY 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12 Making WOU Happen	13 ACT registration for 2/11 test	14
15 UO Regular Application and Priority Scholarship deadline	16	17	18	19	20	21 SAT test
22	23	23	25	26	27	28
29	30	31	January: College Goal Oregon See CollegeGoalOregon.gov for dates and locations			

FEBRUARY

“Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid.”-Albert Einstein

FRESHMAN/SOPHOMORE

- Review results of PSAT
- Start creating a resume to continue throughout high school that will include classes taken, extra-curricular activities, volunteerism, jobs held, leadership positions, awards, received, etc.
- Look at college or training school admissions requirements to get an idea of what kinds of classes need to be taken now
- Start exploring the differences in schools to determine what might be a good fit after high school graduation: career-technical, community college, or 4-year college
- Continue exploring career possibilities in CIS, Naviance or College Navigator (nces.ed.gov/collegenavigator)

JUNIOR

- Review results of PSAT
- Start gathering information on college costs and financial planning
- Continue exploring career possibilities in CIS, Naviance or College Navigator (nces.ed.gov/collegenavigator)
- Consider taking an SAT or ACT prep course
- Register and take ACT and/or SAT
- Research colleges/universities/career-technical schools and their majors and fields of training
- If planning on attending a 4-year school, put together a list of 10 colleges of interest. Plan on applying to 3-6 schools during senior year.
- Research colleges' minimum admissions requirements
- Start seriously investigating private scholarships and other student aid programs
- Find information on federal financial aid at: StudentAid.ed.gov
- Attend financial aid nights, workshops and events with a parent or guardian if possible
- Attend campus preview days
- Create account in OSAC Student Portal
- Start working on OSAC personal statements and Activity Chart

SENIOR

- * Request high school transcript for OSAC Scholarship Application
- * Feb 15: Submit OSAC application by Early Bird deadline; includes Activity Chart, personal statements, and transcript (Volunteers can help by proofreading everything before submission)
- Submit applications to at least three colleges
- Check with colleges you have applied to make sure they have received all necessary documents. Continue to monitor applications
- Check to see if mid-year transcripts have been sent to colleges applied to
- Complete Oregon Promise application (Community college applicants)
- Undocumented students and DACA students: Complete ORSAA to be eligible for Oregon Promise and/or Oregon Opportunity Grant Funds
- Apply for local, regional and college scholarships
- Complete work on OSAC Scholarship Application and submit to OSAC
- Track scholarship application deadlines
- Check your email and OSAC Student Profile for notifications



OSAC ASPIRE

FEBRUARY 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Regular & Scholarship Deadline for EOU, OSU, OSU Cascades, and PSU	2	3	4 WOU Winter Preview Day
5	6	7	8	9	10 SAT registration for 3/11 test	11 ACT test
12	13	14	15 OSAC Early Bird Deadline SOU Priority Appl. and Priority Scholarship Deadline	16	17	18
19	20 OIT Tech Trek OIT Wilsonville Winter Preview EOU Campus Preview Day	21	22	23	24	25
26	27	28				

MARCH

Do the best you can until you know better. Then when you know better, DO better." -Maya Angelou

FRESHMAN/SOPHOMORE

- Review results of PSAT
- Start creating a resume to continue throughout high school that will include classes taken, extra-curricular activities, volunteerism, jobs held, leadership positions, awards, received, etc.
- Look at college or training school admissions requirements to get an idea of what kinds of classes need to be taken now
- Start exploring the differences in schools to determine what might be a good fit after high school graduation: career-technical, community college, or 4-year college
- Continue exploring career possibilities in CIS, Naviance or College Navigator (nces.ed.gov/collegenavigator)

JUNIOR

- Review results of PSAT
- Start gathering information on college costs and financial planning
- Continue exploring career possibilities in CIS, Naviance or College Navigator (nces.ed.gov/collegenavigator)
- Consider taking an SAT or ACT prep course
- Register and take ACT and/or SAT
- Research colleges/universities/career-technical schools and their majors and fields of training
- If planning on attending a 4-year school, put together a list of 10 colleges of interest. Plan on applying to 3-6 schools during senior year.
- Research colleges' minimum admissions requirements
- Start seriously investigating private scholarships and other student aid programs
- Find information on federal financial aid at: StudentAid.ed.gov
- Attend financial aid nights, workshops and events with a parent or guardian if possible
- Attend campus preview days
- Create account in OSAC Student Portal
- Start working on OSAC personal statements and Activity Chart

SENIOR

- * Submit OSAC application by final deadline of Mar 1; includes Activity Chart, personal statements, and transcript
- * Complete the ASPIRE Senior Exit Survey
- Submit applications to at least three colleges
- Check with colleges you have applied to make sure they have received all necessary documents. Continue to monitor applications
- Check to see if mid-year transcripts have been sent to colleges applied to
- Complete Oregon Promise application (Community college applicants)
- Undocumented students and DACA students: Complete ORSAA to be eligible for Oregon Promise and/or Oregon Opportunity Grant Funds
- Apply for local, regional and college scholarships
- Complete work on OSAC Scholarship Application and submit to OSAC
- Track scholarship application deadlines
- Check your email and OSAC Student Profile for notifications



ASPIRE

MARCH 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 OSAC Scholarship Appl. Deadline Oregon Tech Priority Deadline WOU Criminal Justice Careers Day	2	3 ACT registration for 4/8 test	4
5	6	7	8	9	10 UO Duck Day	11 SAT test
12	13	14	15	16	17 UO Duck Day	18
19	20 OSU Spring Preview 1	21	22	23 PSU Viking Scholars	24 UO Duck Day	25
26	27 OSU Spring Preview 2	28	29	30 OSU Juniors Only Spring Visit WOU Spring Break Visit	31	

FRESHMAN/SOPHOMORE

- Meet with school counselor: Register for challenging classes
- Continue to explore career interests; start researching which schools offer a major or training in your field of interest
- Continue to add to your resume or portfolio any new activities, honors, or achievements
- Volunteer in a field you may enjoy or in a career field that is of interest to you
- Consider taking an SAT or ACT prep course

JUNIOR

- Consider taking Advanced Placement (AP) exams while information is still fresh
- Continue to research schools of interest; narrow down list of choices
- Review high school transcript: Are you on track for graduation?
- Register and take the ACT and/or SAT
- Meet with school counselor: Register for challenging classes
- Continue to explore career interests; start researching which schools offer a major or training in your field of interest

SENIOR

- * Complete the ASPIRE Senior Exit Survey
- Keep your grades up! Colleges pay close attention to the second half of senior year!
- If you are on a college wait list, notify that school if you are still interested in attending
- Submit any requested tax forms or other documentations to the college financial aid office
- Learn how to compare financial aid offers from different schools in the Students and Families section of OregonStudentAid.gov
- Consult the Loan Comparison Chart in the Students and Families section of OregonStudentAid.gov for information on various types of student loans
- Accept financial aid offer from the college you will be attending
- Notify all schools of your decision
- Check your email and OSAC Student Profile for notifications
- Write thank you notes to scholarship donors
- If community college bound, take placement test
- Continue logging into your OSAC student account to check for notifications and/or scholarship awards
- Go over sample student budgets (Volunteer Toolkit)



APRIL 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Boise Spring College Fair
2	3	4	5	6	7 SAT Reg. for 5/6 test OSU Spring Preview 3 SOU Spring Preview EOU Spring Preview UO Duck Day	8 ACT test
9	10	11	12	13	14 OSU Spring Preview 4	15
16	17	18	19	20	21 UO Duck Day	22
23/30 4/30: Portland Spring College Fair	24	25	26	27	28 UO Duck Day	29 OR Tech Spring Open House

FRESHMAN/SOPHOMORE

- Meet with school counselor: Register for challenging classes
- Continue to explore career interests; start researching which schools offer a major or training in your field of interest
- Continue to add to your resume or portfolio any new activities, honors, or achievements
- Volunteer in a field you may enjoy or in a career field that is of interest to you
- Consider taking an SAT or ACT prep course

JUNIOR

- Consider taking Advanced Placement (AP) exams while information is still fresh
- Continue to research schools of interest; narrow down list of choices
- Review high school transcript: Are you on track for graduation?
- Register and take the ACT and/or SAT
- Meet with school counselor: Register for challenging classes
- Continue to explore career interests; start researching which schools offer a major or training in your field of interest

SENIOR

- * Be mindful of deadlines for accepting financial aid awards
- Keep your grades up! Colleges pay close attention to the second half of senior year!
- If you are on a college wait list, notify that school if you are still interested in attending
- Submit any requested tax forms or other documentations to the college financial aid office
- Learn how to compare financial aid offers from different schools in the Students and Families section of OregonStudentAid.gov
- Consult the Loan Comparison Chart in the Students and Families section of OregonStudentAid.gov for information on various types of student loans
- Accept financial aid offer from the college you will be attending
- Notify all schools of your decision
- Check your email and OSAC Student Profile for notifications
- Write thank you notes to scholarship donors
- If community college bound, take placement test
- Continue logging into your OSAC student account to check for notifications and/or scholarship awards
- Go over sample student budgets (Volunteer Toolkit)



MAY 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 ACT registration for 6/10 test	6 SAT test
7	8	9 SAT registration for 6/3 test	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26 PSU Junior Visit	27
28	29	30	31			

FRESHMAN/SOPHOMORE

- Sophomores, consider taking the ASVAB Aptitude Test
- Visit college campuses
- Contact business owners and professionals in your area to inquire about job shadowing opportunities
- Track all hours spent working for pay, volunteering, and working in community activities
- Get a summer job
- Continue to add to your resume or portfolio any new activities, honors, or achievements
- Volunteer in a field you may enjoy or in a career field that is of interest to you
- Consider taking an SAT or ACT prep course
- Consider taking an SAT or ACT prep course

JUNIOR

- Ask your counselor or ASPIRE coordinator for a list of local scholarships; work on scholarship essays over the summer
- Consider taking the ASVAB Aptitude Test
- Visit college campuses
- Contact business owners and professionals in your area to inquire about job shadowing opportunities
- Track all hours spent working for pay, volunteering, and working in community activities
- Get a summer job
- Continue to add to your resume or portfolio any new activities, honors, or achievements
- Volunteer in a field you may enjoy or in a career field that is of interest to you
- Consider taking an SAT or ACT prep course

SENIOR

- Be sure to request your year-end transcript is sent to the college you will be attending
- Respond to all mail/email from your selected college
- Create online school account
- Register for housing, orientation and classes
- Tour chosen campus
- Continue logging into your OSAC student account to check for notifications and/or scholarship awards



ASPIRE

JUNE 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 SAT test
4	5	6	7	8	9	10 ACT test
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

“I’d rather regret the things I’ve done than regret the things I haven’t done.” - Lucille Ball

FRESHMAN/SOPHOMORE

- Sophomores, consider taking the ASVAB Aptitude Test
- Visit college campuses
- Contact business owners and professionals in your area to inquire about job shadowing opportunities
- Track all hours spent working for pay, volunteering, and working in community activities
- Get a summer job
- Continue to add to your resume or portfolio any new activities, honors, or achievements
- Volunteer in a field you may enjoy or in a career field that is of interest to you
- Consider taking an SAT or ACT prep course
- Volunteer in a field you may enjoy or in a career field that is of interest to you
- Consider taking an SAT or ACT prep course

JUNIOR

- Ask your counselor or ASPIRE coordinator for a list of local scholarships; work on scholarship essays over the summer
- Consider taking the ASVAB Aptitude Test
- Visit college campuses
- Contact business owners and professionals in your area to inquire about job shadowing opportunities
- Track all hours spent working for pay, volunteering, and working in community activities
- Get a summer job
- Continue to add to your resume or portfolio any new activities, honors, or achievements
- Volunteer in a field you may enjoy or in a career field that is of interest to you
- Consider taking an SAT or ACT prep course

SENIOR

- Be sure to request your year-end transcript is sent to the college you will be attending
- Respond to all mail/email from your selected college
- Create online school account
- Register for housing, orientation and classes
- Tour chosen campus
- Continue logging into your OSAC student account to check for notifications and/or scholarship awards



ASPIRE

JULY 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24/31					

AUGUST

It is better to light a candle than curse the darkness. - Eleanor Roosevelt

FRESHMAN/SOPHOMORE

- Sophomores, consider taking the ASVAB Aptitude Test
- Visit college campuses
- Contact business owners and professionals in your area to inquire about job shadowing opportunities
- Track all hours spent working for pay, volunteering, and working in community activities
- Get a summer job
- Continue to add to your resume or portfolio any new activities, honors, or achievements
- Volunteer in a field you may enjoy or in a career field that is of interest to you
- Consider taking an SAT or ACT prep course
- achievements
- Volunteer in a field you may enjoy or in a career field that is of interest to you
- Consider taking an SAT or ACT prep course

JUNIOR

- Ask your counselor or ASPIRE coordinator for a list of local scholarships; work on scholarship essays over the summer
- Consider taking the ASVAB Aptitude Test
- Visit college campuses
- Contact business owners and professionals in your area to inquire about job shadowing opportunities
- Track all hours spent working for pay, volunteering, and working in community activities
- Get a summer job
- Continue to add to your resume or portfolio any new activities, honors, or achievements
- Volunteer in a field you may enjoy or in a career field that is of interest to you
- Consider taking an SAT or ACT prep course

SENIOR

- Be sure to request your year-end transcript is sent to the college you will be attending
- Respond to all mail/email from your selected college
- Create online school account
- Register for housing, orientation and classes
- Tour chosen campus
- Continue logging into your OSAC student account to check for notifications and/or scholarship awards



ASPIRE

AUGUST 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

College Pocket Planner

2016-2017

OregonStudentAid.Gov



ASPIRE is the State of Oregon's mentoring program to help students access education and training beyond high school.

OregonStudentAid.gov/ASPIRE
OregonStudentAid.gov/ChafeeETG



ASPIRE

COLLEGE FAIRS

10/03/16	Douglas County (Roseburg High School)
10/04/16	Southern Oregon/Northern California (Southern Oregon University)
10/06/16	Central Oregon (Redmond High School)
10/07/16	Lane County, (U of O)
10/18/16	Boise National (Expo Idaho)
10/23- 24/16	Portland National (Oregon Convention Center)
10/24/16	Salem Area (Chemeketa Community College)
10/24/16	Portland Performing Arts (Portland Art Museum Mark Building)
4/01/17	Boise Spring (Boise State University)
4/30/17	Portland Spring (U of O, The Chiles Center)

The College Pocket Planner is produced by the Chafee grant for former foster youth, which provides federally funded awards up to \$3,500. Students can apply at any time. For eligibility, instructions, and the Chafee ETG application, visit OregonStudentAid.gov/chafeeETG



/ASPIREOREGON

Office of Student Access and Completion (OSAC)
An office of the Higher Education Coordinating
Commission

REGISTRATION & TEST

SAT

Test Dates	Registration Deadlines
10/01/16	9/01/16
11/05/16	10/07/16
12/03/16	11/03/16
1/21/17	12/21/16
3/11/17	2/10/17
5/06/17	4/07/17
6/03/17	5/09/17

ACT

Test Dates	Registration Deadlines
9/10/16	8/5/16
10/22/16	9/16/16
12/10/16	11/4/16
2/11/17	1/13/17
4/8/17	3/3/17
6/10/17	5/5/17

Student Checklist

Junior Year

Senior Year

On Track for High School Graduation and GPA

<input type="checkbox"/> Start your OSAC Personal Statements and Activities Chart	<input type="checkbox"/> Review transcript: Are you on track for graduation?	<input type="checkbox"/> Register and take ACT and/or SAT	<input type="checkbox"/> Register and take PLAN or PSAT
<input type="checkbox"/> Prep for ACT and/or SAT	<input type="checkbox"/> Attend college presentations at your high school	<input type="checkbox"/> Attend career/college fairs	<input type="checkbox"/> Complete FAFSA: Opens October 1
<input type="checkbox"/> Attend financial aid nights, workshops, and events	<input type="checkbox"/> Attend financial aid nights, workshops, and events	<input type="checkbox"/> Explore scholarship opportunities	<input type="checkbox"/> Review Student Aid Report (SAR) and make FAFSA corrections
<input type="checkbox"/> Visit college campuses	<input type="checkbox"/> Attend financial aid nights, workshops, and events	<input type="checkbox"/> Attend campus preview days	<input type="checkbox"/> Begin submitting scholarship applications
<input type="checkbox"/> Register and take ACT and/or SAT	<input type="checkbox"/> Narrow down your list of colleges	<input type="checkbox"/> Register and take ACT and/or SAT	<input type="checkbox"/> Begin submitting college applications; monitor deadlines
<input type="checkbox"/> Update OSAC Activities Chart with school and community activities	<input type="checkbox"/> Meet with school counselor: Register for challenging senior classes	<input type="checkbox"/> Complete Oregon Promise Application, for students planning to attend community college	<input type="checkbox"/> Complete OSAC Scholarship Application
<input type="checkbox"/> Take the ACT and/or SAT	<input type="checkbox"/> Attend financial aid nights, workshops, and events	<input type="checkbox"/> Submit application to at least 3 colleges	<input type="checkbox"/> Activities Chart
<input type="checkbox"/> Visit college campuses	<input type="checkbox"/> Visit college campuses	<input type="checkbox"/> Apply for additional grants and scholarships offered by selected college	<input type="checkbox"/> Essays
<input type="checkbox"/> Volunteer in your community	<input type="checkbox"/> Get a summer job	<input type="checkbox"/> Check your email and the OSAC Student Portal for notifications year-round	<input type="checkbox"/> Transcript
<input type="checkbox"/> Get a summer job	<input type="checkbox"/> Tour chosen campus	<input type="checkbox"/> Notify all schools of your decision	<input type="checkbox"/> <i>Final Deadline: March 1 by 5:00pm</i>
		<input type="checkbox"/> Accept financial aid awards	<input type="checkbox"/> <i>Early Bird: February 15</i>
		<input type="checkbox"/> Write thank you notes to scholarship donors	<input type="checkbox"/> <i>Complete OSAC Personal Statements and Activities Chart</i>
		<input type="checkbox"/> Take community college placement test	<input type="checkbox"/> Complete FAFSA: Opens October 1
		<input type="checkbox"/> Respond to all mail/email from your selected college	<input type="checkbox"/> Review Student Aid Report (SAR) and make FAFSA corrections
		<input type="checkbox"/> Create online school account	<input type="checkbox"/> Begin submitting scholarship applications
		<input type="checkbox"/> Register for housing, orientation, and classes	<input type="checkbox"/> Begin submitting college applications; monitor deadlines
		<input type="checkbox"/> Tour chosen campus	<input type="checkbox"/> Attend financial aid nights, workshops, and events

FALL
SEPTEMBER TO DECEMBER

WINTER
JANUARY TO MARCH

SPRING
APRIL TO MAY

SUMMER
JUNE TO AUGUST

Explore Career and College Options

CONTACT US

OREGONSTUDENTAID.GOV/ASPIRE

BECOME AN ASPIRE SITE

BECOME A VOLUNTEER

COLLEGE AND CAREER MENTORING



OSAC: ASPIRE
1500 Valley River Dr., Suite 100
Eugene, OR 97401
541.687.7471
1.800.452.8807 ext 7471
contactus@aspireoregon.org

ASPIRE is a program of the Higher Education Coordinating Commission's Office of Student Access and Completion.

OSAC expands opportunities for Oregonians to complete their higher education and career training goals through information, mentoring, and financial aid.

KEY PARTNERS

The Oregon Community Foundation
Oregon Department of Human Services
Educational Credit Management Corporation



Join ASPIRE sites throughout Oregon by creating a college and career readiness culture at your school.

Participating sites receive free access to:

- Funding Opportunities
- Resources
- Collaboration Activities
- Online Toolkit

Application and additional information:
OREGONSTUDENTAID.GOV/ASPIRE
contactus@aspireoregon.org

ASPIRE VOLUNTEERS

- Help students achieve their educational and career goals.
- Meet with students to explore college and career options.
- Participate in conferences, webinars, and more to stay current on ASPIRE resources.

TYPES OF VOLUNTEERS

Traditional Volunteer:

An adult volunteer, eighteen years or older, who is recruited, screened, and trained by ASPIRE sites.

Episodic Volunteer:

An adult volunteer, eighteen years or older, who leads college- and career-focused presentations and activities for groups of students in the presence of site staff.

Peer Mentor:

ASPIRE students from nearby high school sites who meet with ASPIRE middle school students, lead group discussions, and work with students.

eMentor:

Volunteer eMentors deliver the curriculum utilizing a secure, monitored web-based system.



ASPIRE is the State of Oregon's mentoring program to help students access education and training beyond high school.

OREGONSTUDENTAID.GOV/ASPIRE





eASPIRE provides online one-on-one eMentoring to high school and college students. Volunteers are trained and screened to support students. eMentoring removes the time and geographic constraints for both students and volunteers.

ASPIRE



ASPIRE MIDDLE SCHOOL

introduces students and their families to career and college preparation. Topics include learning how to save for college, high school graduation requirements, and college admission preparation. Additionally, ASPIRE's Peer Mentoring Model connects ASPIRE high school student mentors with ASPIRE middle school students.



ASPIRE HIGH SCHOOL

uses volunteer mentors to work directly with students to:

- Explore** career and educational options,
- Choose** the best fit,
- Apply** and **Pay** for their educational choice.



COLLEGE PILOT

provides specialized mentoring, advising, and resources to college students.

SUMMER BRIDGE

provides online mentoring support to students who have recently graduated from high school. In addition, students receive texts and emails to help them stay on track for entering college: reminders of orientation, housing, registration, college tips, financial aid, and more!

