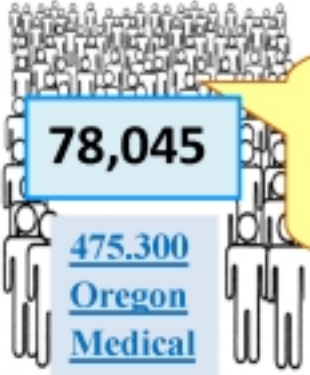


O.M.M.P. Patients Can...



"A Toke, A Bite or A Cup of Cannabis Tea, All Give Relief to Patients Like Me", says Mrs. Stormy Gayle Ray.

- OR's Grandmother Patient Advisor & Advocate of the Oregon Medical Marijuana Act & Its' Program -

**"Mitrated" The Act of Self-Medicating Using Medical Marijuana !**

Patients Need A **"Patient-Friendly"** Medical Marijuana Program & Supply System !!!

**65.4 Million** into Oregon State Coffers from Marijuana Sales

-Argus Observer February 23, 2017

Inside:

**A Joint** P-3



Last 1 - 3 Hrs.

**"No"** Lethal Toxicity !!!

**Medibles** P-6



Last 3 - 5 Hrs

AKA: The **"Munchies"**

**MMJ Tea** P-5



Last 3 - 8 Hrs

Gives A Lot of **"Relief"**

Set-Up A Daily **"MMC", Medicinal Marijuana Cycle** P-9



**RSO OIL EXTRACT**



**Oregon Medical  
Marijuana Act of  
1998**  
State Registry for  
Patients and Their  
Assigned Caregiver  
and Grow Site



971-673-1234

[www.healthoregon.org/ommmp](http://www.healthoregon.org/ommmp)

OMMP, P.O. Box 14450

Portland, OR 97293-0405



State Pamphlet

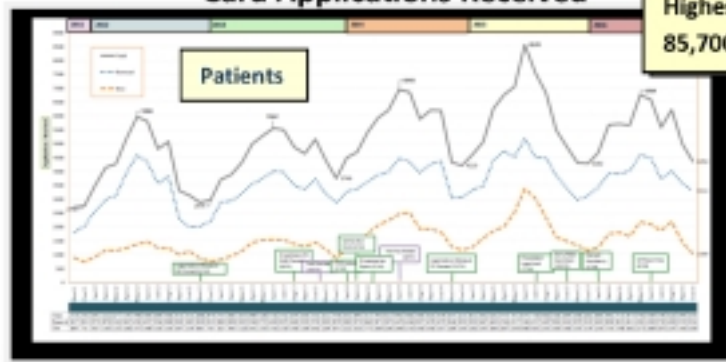
Table of Contents...

State Protected

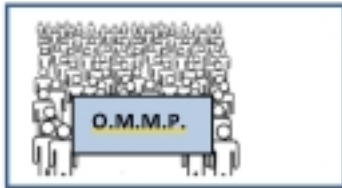
- ❖ Patients, Caregivers and Grow Sites by OR Counties
- ❖ Minor Patients
- ❖ Patients by Age Group
- ❖ Patients by Condition

❖ 11 Pages...

**Card Applications Received**



**Oregon Health Authority PUBLIC HEALTH DIVISION**

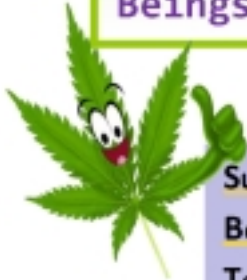


Patients Like You & Me  
Can **"Mistrate"**!

**Nada, Zero Deaths** in  
**5,000** Years  
of Recorded  
Use by **Human Beings!**

" The Act of Self-Medicating  
Using Medical Marijuana. "

Lethal Toxicity  
May Not Be  
Possible!



**LD-50** Rating Determination Testing :

Substance Being Tested is Fed to Small Group of Animals  
Until **50 %** of Test Group **Die!**

**No** Test Group Animal Would **Die!** After They Consumed Cannabis Substance, They Get Active (Frisky), Then Take A Healthy Nap Only to Wake up With the Munchies and "the Cycle Repeats"!

If You Could "Consume" Between  
"20,000" Joints and "40,000" Joints  
Within **15** Minutes, You Are **"NOT"**  
**Guaranteed** It Would Cause **Lethal Toxicity.**

DEA Administrative Judge Francis Young Docket 86-22:

**Patients Maintain A Consistent Level of Cannabinoids In Their Body and Decide When To "Get Relief"!**

There Are "OVER" 1,000 Different

- Patients' Intake -

Strains of Cannabis!

**Lozenges**  **Suppositories** 

 **Rick Simpson Oil RSO**  **Cup of Tea**

**Inhale**  
**Topical**  
**Salves**


**Tinctures** **Jell Capsules**

**VAPORIZER**

 **Joint Rolling Papers**

**Medical Assistive Devices...**

**Pipes & Bongs**



**Oil & Butter to Cook With**

**Mediablies**

**Infused Cannabis Foods**

**Use Low Heat with All Foods!**

**The Genius of JUICING RAW CANNABIS**

Cannabis fan leaves are loaded with essential amino acids, omega-3 and omega-6 fatty acids, and medically rich cannabinoids.





**NOT** By Clock

## How and When to DOSE



**NOT** Like Pills

**Patients** Decide What Cannabis "Intake" Methods (Toke, Bite, or Cup of Tea, ...) Works Best For Them To Keep A "Consistent Level" of Cannabinoids In Their Bodies To Prevent The Severe Ups And Downs From Happening. Patients Use Several Strains & Methods of Intake to keep their "Marijuana Medicinal Cycle" MMC, for their condition!

### Patients Decide When To "Get Relief"!

Smoking:	IMMEDIATE	15 Seconds	Lasts 1-3 Hrs
Vaporizing:	IMMEDIATE	15 Seconds	Lasts 1-3 Hrs
Suppositories:	Within 5 Min.	Within 5 Min.	Lasts 3-8 Hrs
Cup of Tea:	3-5 Min.	Within 5 Min.	Lasts 2-6 Hrs
Tinctures:	30 Seconds	10-30 Min	Lasts 2-4 Hrs
Topical Salves:	Within 3 Min.	3-5 Min.	Lasts 2-3 Hrs
Mediobles:	Known To Be Undetectable	30-45 Min.	Lasts 2-6 Hrs
Rick Simpson Oil RSO:	IMMEDIATE	When Applied	Lasts 3-8 Hrs
RAW JUICING:	IMMEDIATE	When Swallowed	Lasts 2-5 Hrs

## Marijuana Medicinal Cycle

Increase  
"Intake"  
When  
Activities  
Go Up or  
Planned!



**CAUTION:**  
Reduce  
"Intake" if  
Too Much  
Sleeping Is  
Going On!

### Set-Up And Check Your MMC:

#### Ask Yourself

*How Am I Feeling?  
Do I Need Some Relief?  
Do I Have Enough  
Cannabinoids On-Board?*

If Needed, Adjust  
Your MMC Level  
In Your Body!

#### Example:

#### Patients Plan Ahead

- \* Going Swimming For 1 Hr-Intake If Needed
- \* To The Movies for 2½ Hrs-Intake If Needed
- \* Need Relief From Pain or Lack Of Sleep-Intake If Needed

How? By Taking a Toke, Bite, or Cup of Cannabis Tea!  
Any of the Intakes Will Do!  
After You Learn To Check Your MMC's "How Am I Feeling Questions Above, You Now Have The Awareness to Select The 3-5 Different Strains that Work Best To Help You Maintain Your Marijuana Medicinal Cycle!

## OMMP

**Tested & Labeled**  
Cannabis Products  
Are Supposed To Be  
Available At Oregon  
State Dispensaries!

Very Few Dispensaries!

**CBD** Antibacterial  
Inhibits Cancer Cell  
Growth  
Nero-Protective  
Promotes Bone Growth  
Reduces Seizures and  
Convulsions Reduces  
Blood Sugar Levels  
Reduces Function In The  
Immune System  
Reduces Inflammation  
Reduces Risk of Artery  
blockage  
Reduces small Intestine  
Contractions Reduces  
Vomiting and Nausea  
Reduces Pain Reduces  
Anxiety Slows Bacterial  
Growth Suppresses Muscle  
Spasms Tranquilizing  
Treats Paralysis  
Vasorelaxant

There Are Many More!

Patients Need To Know What  
Cannabinoids Do and Which  
Cannabinoids Are Inside  
Different Strains!!!

**CBDA** Reduces Inflammation,  
Inhibits Cancer Cell Growth

**CBG** Aids Sleep, Inhibits  
Cancer Cell Growth, Promotes  
Bone Growth, Slows Bacterial  
Growth

**CBGA** Reduces Inflammation,  
Relieves Pain, Slows Bacterial  
Growth

**CBC** Inhibits Cancer Cell  
Growth, Promotes Bone Growth,  
Reduces Inflammation, Relieves  
Pain

**CBCA** Reduces Inflammation  
Treats Fungal Infection

**Delta-9 THCA** Aids Sleep,  
Inhibits Cancer Cell Growth,  
Suppresses Muscle Spasms

**THC Delta-9** Reduces Vomiting  
and Nausea, Relieves Pain,  
Stimulates Appetite,  
Suppresses Muscle Spasms

**Delta-8 THC** Relieves Pain

**THCV** Reduces Convulsions &  
Seizures, Promotes Bone Growth

For In-depth  
Details: Google,  
"Cannabinoids  
or MMJ Charts"

Patients Can  
Give Untested  
MMJ  
Medicine to  
Each Other!

## Which Do You Need?

### SATIVA

TALLER  
& SLIMMER  
**LEAVES ARE**  
Longer  
& Thinner



### INDICA

SHORTER  
& Bushier  
**LEAVES ARE**  
Shorter  
& WIDER



#### \* HEAD HIGH

\* ALERTNESS



\* UPLIFTING  
& EUPHORIC



\* CREATIVITY



\* INCREASED  
ENERGY



#### \* BODY HIGH

\* RELAXATION



\* APPETITE  
STIMULATOR



\* SLEEP AID



\* PAIN RELIEF



THERE ARE "many" CANNABINOID CHARTS AVAILABLE ON THE WEB.

Cannabis Ruderalis is a branch of the ganja family that does not have the potent psychoactive properties like Sativa and Indica. Lives in extreme northern climates and can grow, flower, and seed in 10 weeks. Compared to Sativa and Indica's 5 to 6 mos. When Ruderalis is bred with Sativa or Indica they are called Auto-Flowers.

Visit: [Oregonmmj.wordpress.com](http://Oregonmmj.wordpress.com) For More on "Strains, and Info!