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Presenting alongside:




NORTHWEST HEALTH  
FOUNDATION



**KAISER PERMANENTE®**

Senate Education Committee  
4/20/2017

A young girl with dark skin and curly hair, smiling broadly. She is wearing a light-colored shirt. The image is overlaid with a semi-transparent blue filter. The text is positioned on the left side of the image.

**Playworks  
believes in the  
power of play to  
bring out the best  
in every kid.**

**We are empowering kids by  
leveraging the power of safe,  
fun, and healthy play.**

# Starting with a game: Ro-sham-bo

The rules

The purpose

The outcome



# The Solution: Play works to... lead healthy lives

## Healthier bodies



43% difference in students who are engaged in more vigorous physical activity on Playworks playgrounds compared to non-Playworks Playgrounds

## Healthier minds



Kids in Playworks schools come back to class ready to learn

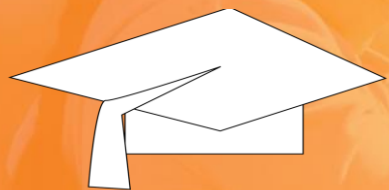
## Healthier communities



Promoting an inclusive school community positively impacts every kid.

# Play works to...bring out the best in EVERY kid.

Elementary students with pro-social skills are



54% more likely  
to earn a high  
school diploma

# 2x

as likely to attain  
a college degree



46% more likely to  
have a full-time job  
by age 25

# Play works to... improve learning

A man wearing a grey sweatshirt with the 'PLAYWORKS' logo and a student in a striped shirt are high-fiving on a school playground. The background shows other students and school buildings under a bright, orange-tinted sky.

Over 90% of educators at our schools agree that **Playworks increases students' ability to focus in class\***

Playworks teachers' average rating of students' feelings of safety at school was **20% higher** than the average ratings reported by teachers in control schools.\*\*

# What this means for our school

Scott School has seen:

- Decreased bullying
- Saved classroom time



# Summary

- There is a connection between learning and physical activity
- Kids can achieve more when they have a healthy body and healthy mind
- Recess is a crucial tool to achieve these outcomes and help children develop socially, emotionally and physically
- There are many more benefits to recess such as increasing kids' abilities to solve their own conflicts, improving school climate, and discipline