

*Testimony submitted via email.*

Dear House healthcare committee--

I urge you to support HB 2778. I'm an complimentary healthcare provider who is gravely impacted by the barriers that pre-authorization create to my clients receiving their treatments. Due to complex and time consuming procedures, it makes it very difficult for me to continue to take health insurance.

Also, as a patient, I've experienced difficulty receiving needed treatment for my chronic back pain. After I reach my deductible, I have very good alternative health benefits for chiropractic and massage care which keeps me functioning...but the pre-authorization process makes it hard for me to actually get this treatment, that I already pay for with my health insurance.

Change must happen in this system and I urge you to take a stand against these practices that keep people from receiving the benefits that their plans include and that they pay for.

Warmly,

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<sup>3</sup>Follow the grain in your own wood.<sup>2</sup> -Howard Thurman