

SB 869 - Informed Consent
Brittany S. Ruiz
TESTIMONY

On February 7th 2011 I was induced due to a rare medical condition called "Cholestasis of pregnancy". My daughter at the date of induction was just under 36 weeks gestation. Through amnio-synthesis the specialist and my OB both agreed her lungs were totally healthy for induction.

My daughter was born happy and healthy February 8th 2011. Previous to that I was not made aware that there were any vaccinations or medical interventions required following the birth, even in our birthing class we did at the hospital. The nurse said they were going to administer Vitamin K injection. I balked and asked all about it, texted some of my experienced mom friends and they all said "It's just a vitamin and nothing else". So I agreed to administer.

What followed after my daughter got administered the Vitamin K1 injection was she started having respiratory arrest. Her oxygen levels were dropping and she was rushed to the NICU for observation. She was kept in a breathing bubble and later the Doctor in the NICU ordered a CPAP for 4 days and oxygen another 2 days (see photo of this in NICU). She finally got to nurse on the 6th day in the NICU. When I asked the Doctors and NICU nurses and specialists what was going on, they all said "We don't have any answers, her test results came back negative for any inflammation or any dysfunction, her lungs are clear, we will just give her IV antibiotics for the first 5 days just to be safe"

Following that Riley had extreme hyperbilirubenemia (extreme jaundice) and had to be on bili lights non stop for hours so much so that they wouldn't let me do kangaroo care. My OB blamed himself for an early induction and said my daughter was the first baby he had any issues with and he really thought he did every precaution to make sure the baby was going to be fine.

It took me four years to heal my daughter from not only that injection but also the 5 days of antibiotics at birth. Whatever good bacteria she got being born naturally was wiped out completely. It destroyed her gut, her teeth and she had non stop health issues with candida infections, colic, yeast infections, seasonal allergies and she lost two molars as soon as they came as they were decayed.

After some years of no answers, I had a friend forward me the vaccine package insert for Vitamin K injection. Right on that package insert were the explanations to my daughters reactions following birth. Right in there. My pediatrician had no clue that these were side effects, my OB, my family physician, the NICU Doctor or nurses. None of them knew. They are not required to review the package insert. They are only told **"this is something we do after every single birth"**.

If my Doctor followed protocol to make sure I had full and **informed consent**, if I had **read that vaccine package insert** and all the **ingredients** that were in the Vitamin K1 injection, I would've been able to save my daughter from 4 years of health issues and a week stay in the NICU and a huge hospital bill. I would've been able to say that oral is safer because my daughter is premature. I was never given that option or education.

“Black Box Warning Label

WARNING - INTRAVENOUS AND INTRAMUSCULAR USE

Severe reactions, including **fatalities**, have occurred during and immediately after INTRAVENOUS injection of AquaMEPHYTON* (Phytonadione), even when precautions have been taken to dilute the AquaMEPHYTON and to avoid rapid infusion. Severe reactions, including **fatalities**, have also been reported following INTRAMUSCULAR administration. **Typically these severe reactions have resembled hypersensitivity or anaphylaxis, including shock and cardiac and/or respiratory arrest. Some patients have exhibited these severe reactions on receiving AquaMEPHYTON for the first time. Therefore the INTRAVENOUS and INTRAMUSCULAR routes should be restricted to those situations where the subcutaneous route is not feasible and the serious risk involved is considered justified.**”

“Pediatric Use

Hemolysis, jaundice, and hyperbilirubinemia in newborns, particularly in **premature infants**, may be related to the dose of AquaMEPHYTON. Therefore, the recommended dose should not be exceeded (see ADVERSE REACTIONS and DOSAGE AND ADMINISTRATION).”

From this experience and hearing many other experiences, I introduced with the help of Senator Boquist SB869. I ask from the bottom of my heart to vote in favor SB 869 so that I as a parent and Doctors can really make informed education based decisions on a case by case basis for our children. Thank you for reading my testimony I know you will do what’s best for our children.’

Sincerely,
Brittany Ruiz
Oregon Mom and small business owner
Author of SB869



Brittany S. Ruiz, image