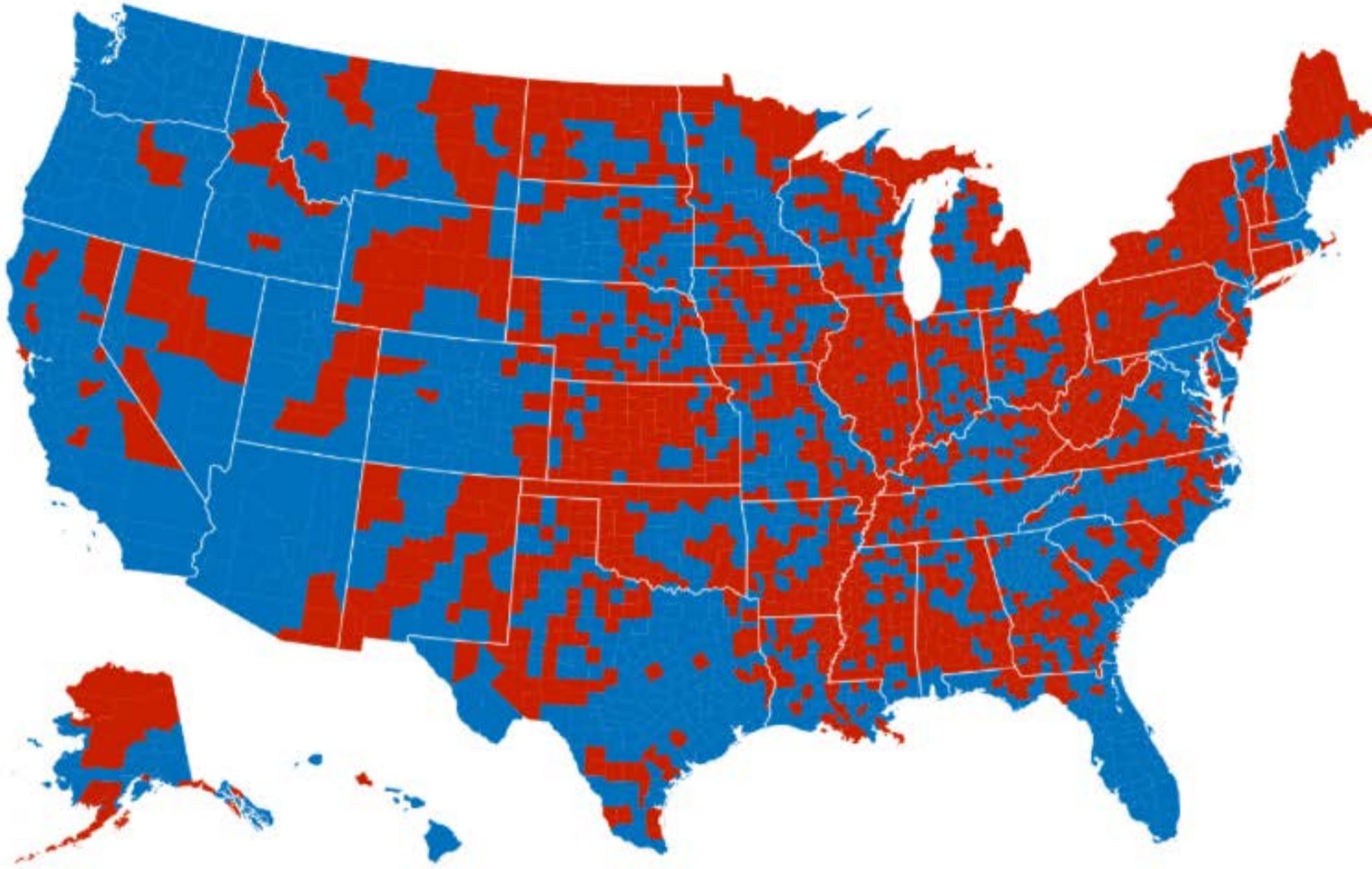


# Winners and losers

Counties that **gained population** in 2016, and those that **lost population**.



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Source: US Census bureau

Population gainers include the Western half of the country, the entire Florida peninsula, the I-95 corridor from D.C. to New York, and the New England coast. On the other hand, places like the black belt, the Rust Belt, the extreme upper Midwest and much of the central plains lost population.

As Jed Kolko [noted at FiveThirtyEight last week](#), overall the population shifts of 2016 marked a return to trends that had been common before the Great Recession: a movement of people out of cities and rural areas and into the country's suburbs, particularly in