

Different Documents for Different Purposes

<h2>Advance Directive</h2> <p>A Legal Document</p>	<h2>POLST</h2> <p>A Medical Order</p>
<p>For all adults <u>regardless of health status</u> at any age, starting at age 18</p>	<p>For those with serious illness, or frailty, or a limited prognosis at any age, <u>depending on health status</u></p>
<p>1) Appoints a Health Care Representative 2) Memorializes values and preferences Is signed by the principal</p>	<p>Is a <u>specific medical order</u> and is signed by a Health Care Professional.</p>
<p>Provides for theoretical situations in which a person may not have capacity for decision making. <u>Guidelines for imagined future situations</u> which may arise and for which a person may have <u>preferences for a particular kind of care plan.</u></p>	<p>Provides for likely events that can be foreseen. Specific medical orders addressing <u>defined medical interventions for situations that are likely to arise</u> given the patient's health status and prognosis.</p>