

Hello, my name is Amber Rose Dullea and I am submitting this testimony on SB50.

Pain is a complex issue that has been gaining new understanding in the past decades. At the same time, we have been dealing with a heightened issue of opioid addiction. It is imperative that the professionals that deal with pain and addiction are educated in the process of acute, subacute, chronic pain as well as palliative care. Each profession has their own tools. For some healthcare professionals, these tools are outdated but they may not be aware of it. It is in the best interest of patients that this knowledge is updated on a regular basis as new discoveries and best practices are found.

In addition, many professional are unaware of the other tools that are available to their patients and instead tell their patients that there is nothing else they can do. (I have been personally told this.) As a public member of the Oregon Pain Management Commission, an evidence-based health coach, and a chronic pain patient, I whole-heartedly believe that regular updating of knowledge of the advances in science, treatments, and breadth of options regarding pain management and treatment are in the best interest of the public.

This knowledge and understanding are much more important than required compliance to generalized guidelines which may take away tools that some patients may need. Pain is an individualized experience and the treatment should be as well. I believe that a small investment in required education can have a huge payout in the quality of life of millions of Oregonians.

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