

Proper In-Home Disposal

We all have a part to play in building healthier and safer communities.

Begin by storing your medication safely. When you find you have medication that has expired, gone unused or is unwanted, always dispose of it immediately and properly.

In-home disposal of medication is a secure disposal option for anyone who is unable to access a community take-back program. In just a few simple steps, you can remove expired or unused medications from your home, lowering the potential risk for misuse and abuse.



Step 1

Pour medication into a sealable plastic bag. If the medication is in solid form (pill, liquid capsule, etc.), add water to dissolve it.



Step 2

Add kitty litter, sawdust, coffee grounds or another mixing material to the plastic bag to make the solution less appealing to the pets and children in your home.



Step 3

Seal the plastic bag, ensuring that the dissolved medication and any mixing material won't leak. Then put it in the trash.



Step 4

Remove and destroy all identifying personal information (for example, the prescription label) from the medication containers before recycling them or throwing them away.

