

WHAT IS MUSIC THERAPY?

Music therapy is a well-established health profession consisting of clinical and evidence-based uses of music interventions to accomplish individualized goals. After assessing clients' strengths and needs, Board-Certified Music Therapists design sessions specifically tailored to individuals. Research in music therapy supports the effectiveness of interventions that target cognitive, physical, social, emotional, behavioral, and/or communication needs.



Music Therapists Help Individuals With:

- * Alzheimer's Disease and Dementia
- * Autism and Developmental Disabilities
- * Brain Injuries, Parkinson's, and Stroke
- * Cancer
- * End of Life Issues
- * Learning Disabilities
- * Mental Health Concerns
- * Pain and Chronic Illness
- * Physical Disabilities
- * Sensory Impairments
- * Substance Abuse

For more information on specific initiatives, on music therapy, or on board certification, contact:

American Music Therapy Association

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www.musictherapy.org

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Certification Board for Music Therapists

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AMTA & CBMT

Working Together to
Increase Access to Quality
Music Therapy Services

MUSIC THERAPY



From the desk of Senator
Steiner Hayward

WHAT IS CBMT?

The Certification Board for Music Therapists (CBMT) is a certifying agency and non-profit 501(c)(6) corporation fully accredited by the National Commission for Certifying Agencies. Established in 1983, its role is to create a Scope of Practice representing competent practice in the profession of music therapy and to administer a credentialing program to evaluate initial and continuing competence. CBMT is committed to ensuring public protection by administering disciplinary action as outlined in the CBMT Code of Professional Practice, if necessary.



AZ music therapists thank Senator Al Melvin for sponsoring SB1376 on music therapy services and persons with disabilities.

AMTA & CBMT WORKING TOGETHER

The American Music Therapy Association (AMTA) and the Certification Board for Music Therapists (CBMT) collaborate on a national initiative designed to achieve state recognition of the music therapy profession and the MT-BC credential required for competent practice by:

- * *Educating the public about music therapy*
- * *Recommending accurate language for legislation and regulations*
- * *Assisting local legislators and communities with insuring access to quality music therapy services*
- * *Protecting the rights of Board-Certified Music Therapists to practice*

There are over 30 states with task forces that are working on this national initiative.

WHAT IS AMTA?

The American Music Therapy Association (AMTA) is a non-profit 501(c)(3) educational organization established in 1950 to advance music therapy education, training, professional standards, and research. AMTA's mission is to advance public knowledge of music therapy benefits and increase access to quality music therapy services. AMTA provides technical support to consumers and professionals and represents the profession to federal and state legislators and agencies. Members of AMTA adhere to a Code of Ethics and Standards of Clinical Practice in their delivery of music therapy services.

