

## American Heart Association Supports SB 79 CPR in Schools

### Sudden Cardiac Arrest: Less than 11% Survive

- Each year, nearly 424,000 people have sudden cardiac arrest outside of a hospital, and **only 10.4% of these victims survive**, most often because they do not receive bystander CPR.
- Sudden cardiac arrest can happen any place, at any time—**4 out of 5** in the U.S. happen at home.
- CPR is **easy to learn and simple to perform**. After calling 9-1-1, push hard and fast in the center of the chest at 100 beats per minute.
- When a CPR-trained bystander is near, they can **double, even triple** these victims' survival rates.

### **SB 79 will make CPR training part of required curriculum, ensuring every Oregon student learns this simple, lifesaving skill.**

- **Saves lives in every community:** Teaching students CPR before they graduate would put thousands of lifesavers in every Oregon community.
- **Fits easily into curriculum:** School districts can add this to curriculum in PE or Health Class anywhere from 7<sup>th</sup> to 12<sup>th</sup> grade.
- **Simple to learn:** In less than 30 minutes, we can give students the skills they need to help save a life with CPR.
- **Simple to teach:** Teachers do not need any additional certification to teach simple CPR.

Let's create a generation of lifesavers prepared to help a stranger or a loved one in an emergency.