



Mental Health in Schools

Danielle Sheldrake, Ed.D.
Executive Administrator for Student Services
Beaverton School District

Survey Rationale

- o From 2010 to the present there have been a total of 9 student suicide completions.
- o From September 2, 2014 through January 9, 2015, there have been:
 - o 23 Level 1 Student Threat Assessments
 - o 3 Level 2 Student Threat Assessments completed.

Survey Design

- o November 17, 2014 until December 19, 2014
 - o 22 School Days
- o Staff Involved:
 - o counselors, school psychologists, campus security, special education teachers, building administrators, community liaisons, school nurses, speech language pathologists, and student supervisors.

Terms used to define a “mental health issue”

- o Anxiety
- o Depression
- o Self Harm (i.e. cutting, anorexia, bulimia)
- o Suicidal ideation
- o Suicide attempt
- o School avoidance
- o Somatic Complaints
- o Unsure
- o Other: _____

Questions

- o School
- o Student demographics
 - o Grade
 - o Special Education eligible
 - o 504 eligible
 - o Knowledge of a mental health diagnosis
- o Length of time spent addressing an incident, the, type of response, and the nature of the issue

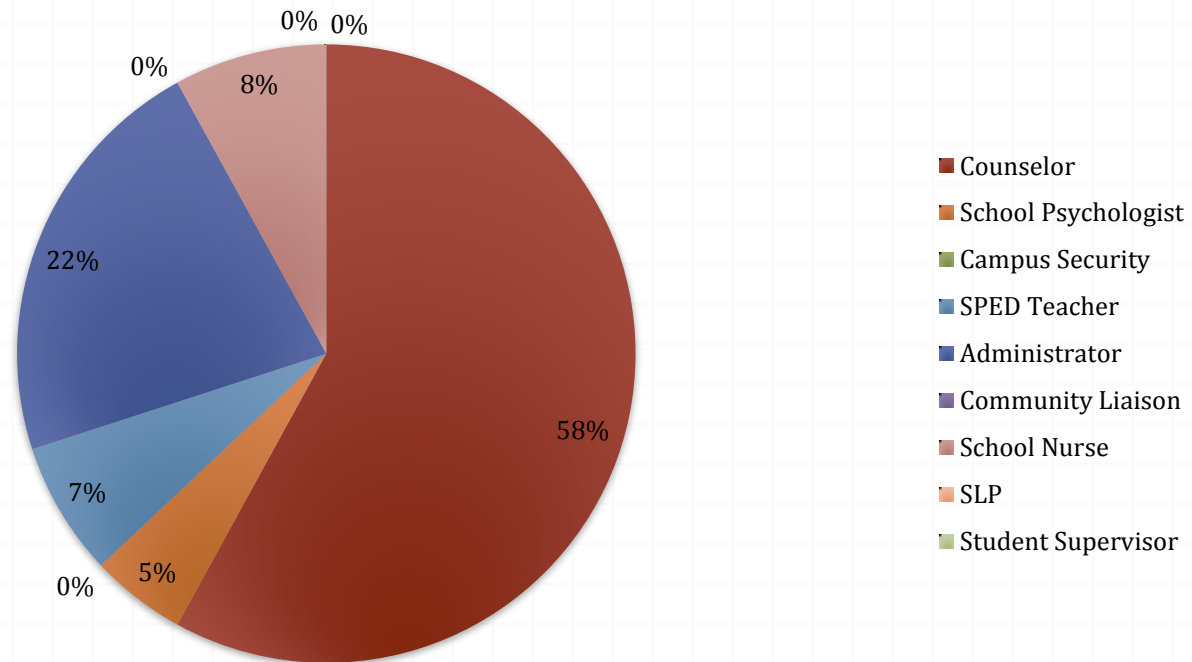
Results

Number of Staff Completing At Least One Survey:

Elementary	53
Secondary	134

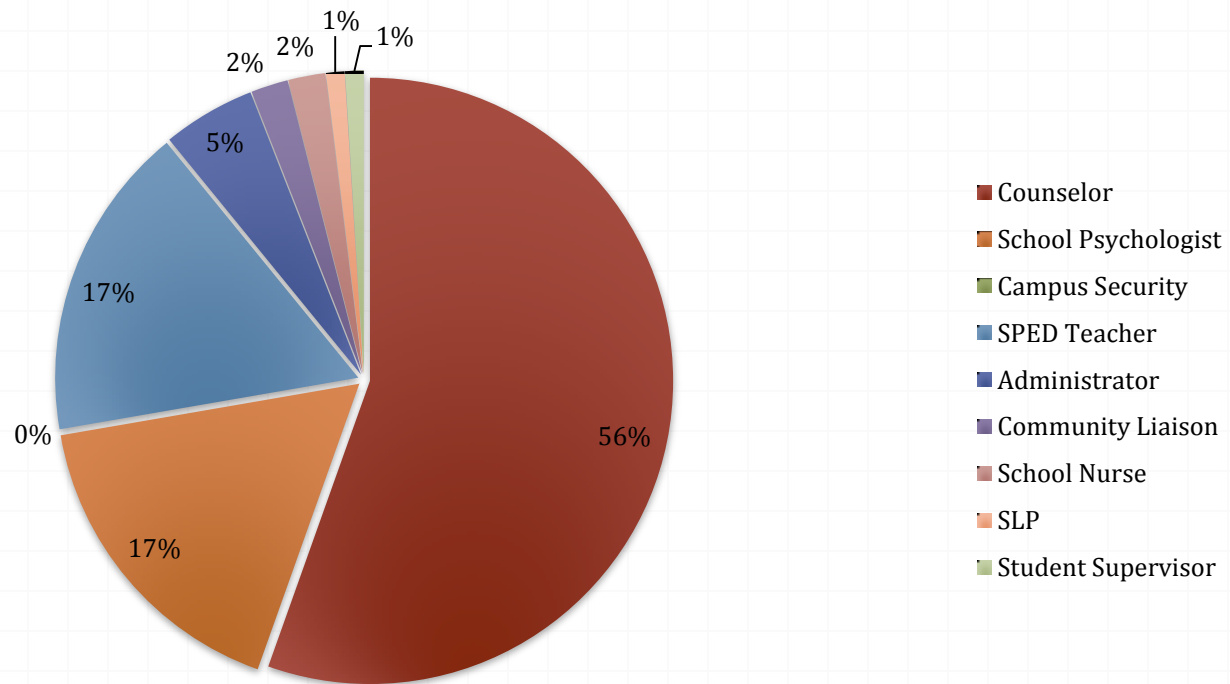
Number and Percent of Responses by Position:

Elementary Position



Number and Percent of Responses by Position

Secondary Position



Number of Incidents & Students

o Total Number of Incidents Reported

Elementary	462
Secondary	1289

o Total Number of Students Seeking Support

Elementary	244
Secondary	712

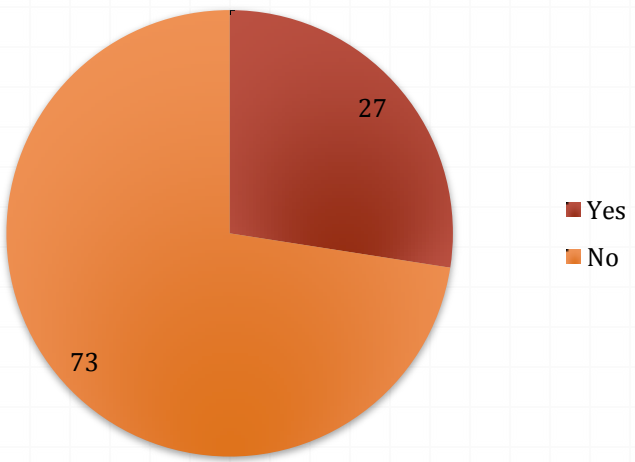
Impact on Attendance

Total Days of Absence				
	<i>Full Days</i>	<i>Half Days</i>	<i>Total Days</i>	<i>Average Absence Per Student</i>
Elementary	986	187	1,079.5	4.5 Days
Secondary	5678	4382	7869	12 Days

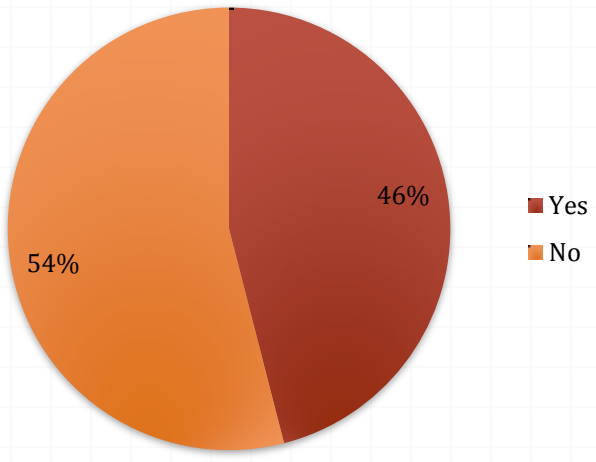
Please note that at the time of this survey there have only been a total of 72 school days from September 2, 2014 to December 19, 2014.

Receiving Special Education Services versus Not

Elementary: Receiving Special Education Services?

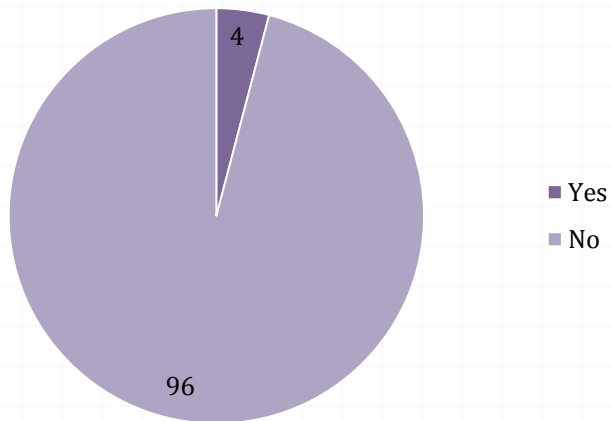


Secondary: Receiving Special Education Services?

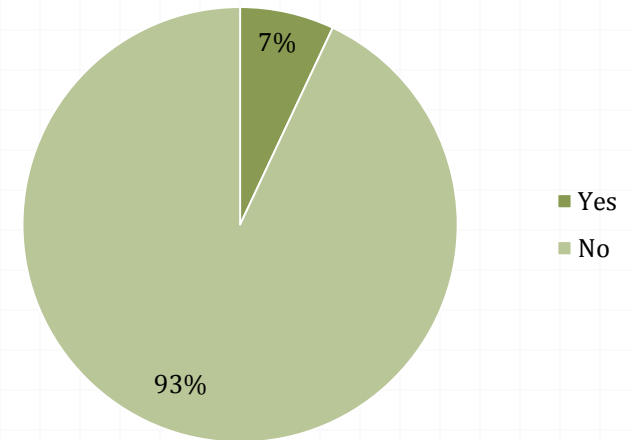


504 vs. No 504

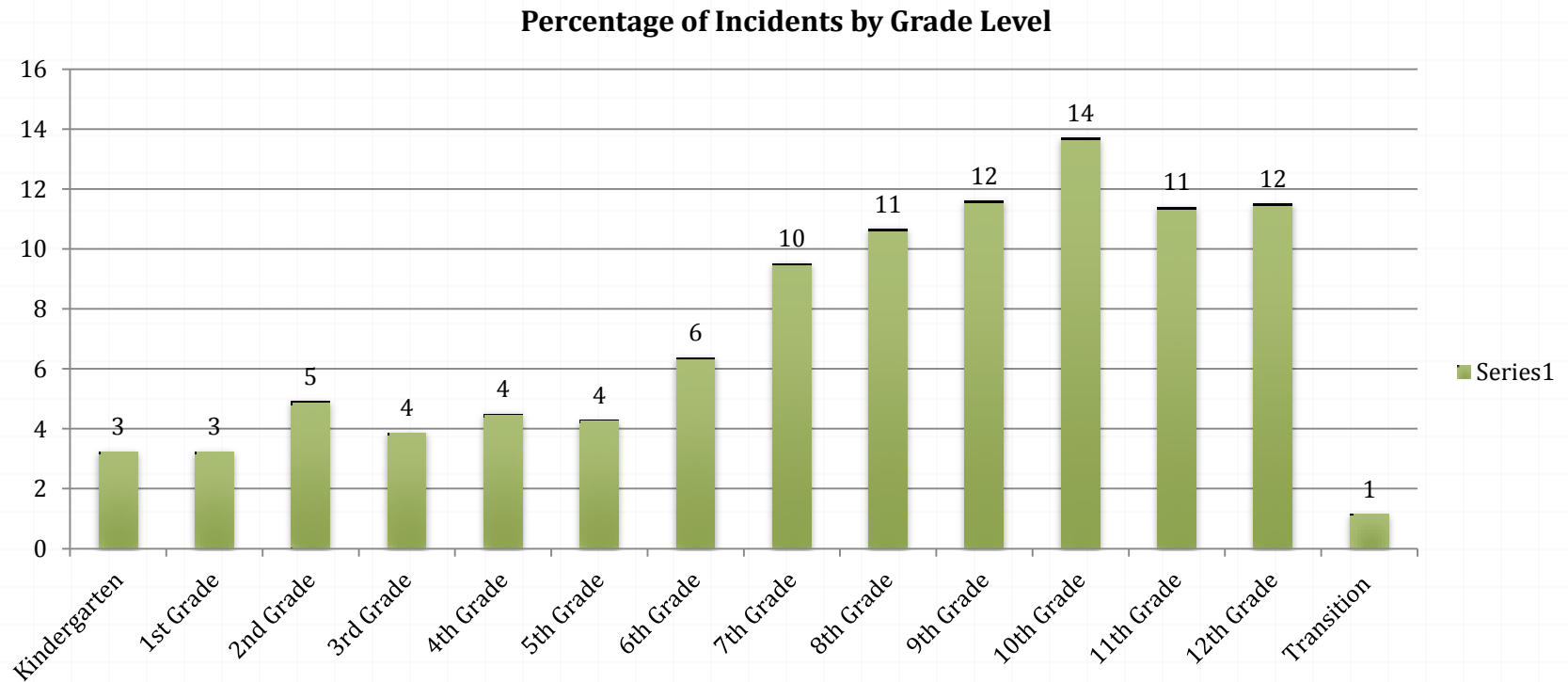
Elementary: Receiving 504 Accommodations?



Secondary: Receiving 504 Accommodations?



Percentage of Incidents by Grade Level

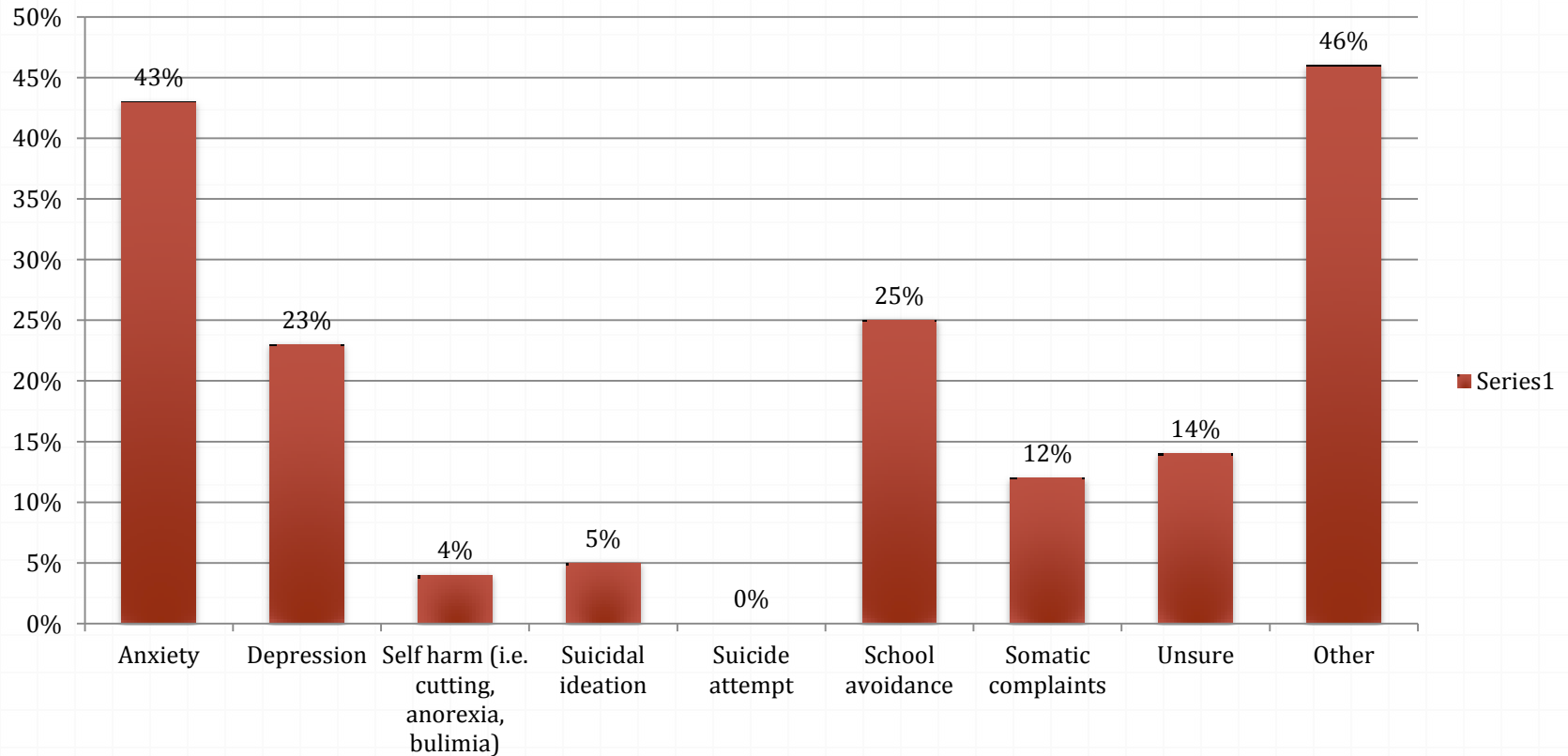


Staff Time

- o Elementary: Approximately **432 hours** from November 17-December 19, 2014 were spent on mental health related needs.
- o Secondary: Approximately **1,033 hours** from November 17-December 19, 2014 were spent on mental health related needs.

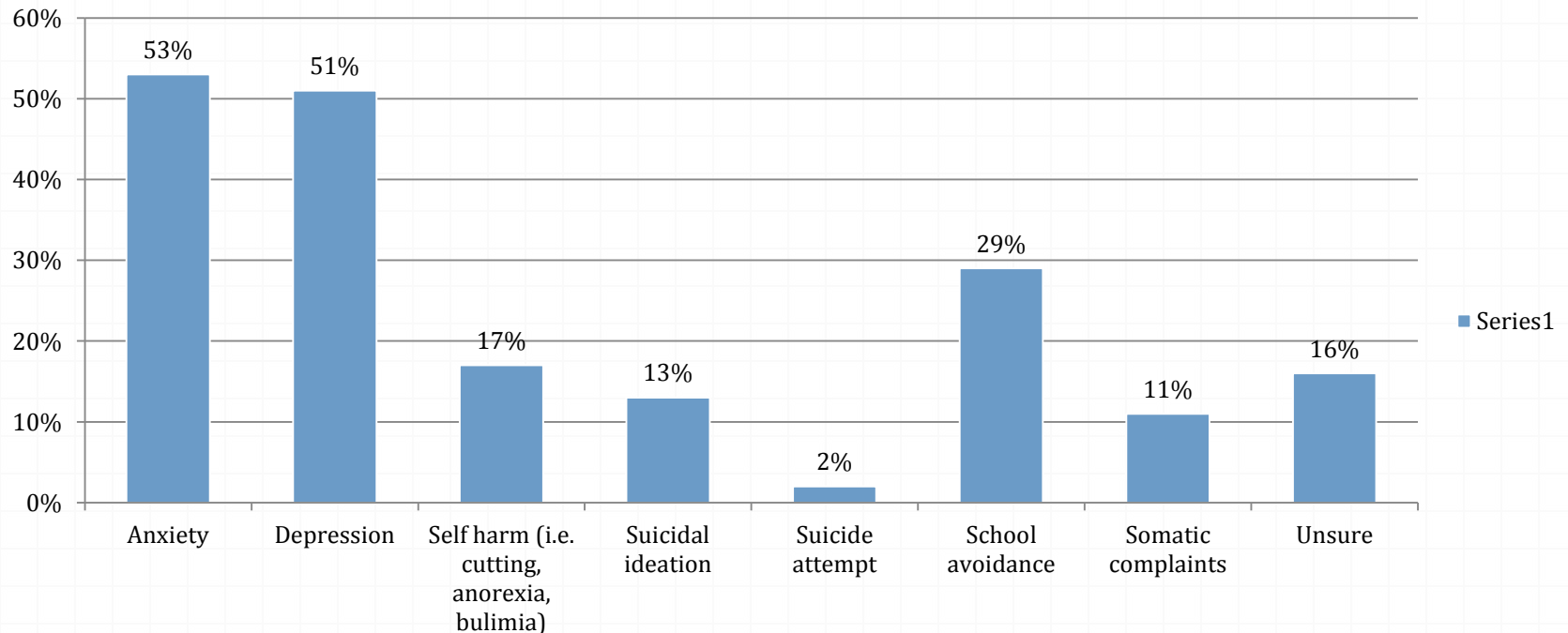
Nature of Issue: Elementary

Elementary Nature of Mental Related Issue Addressed



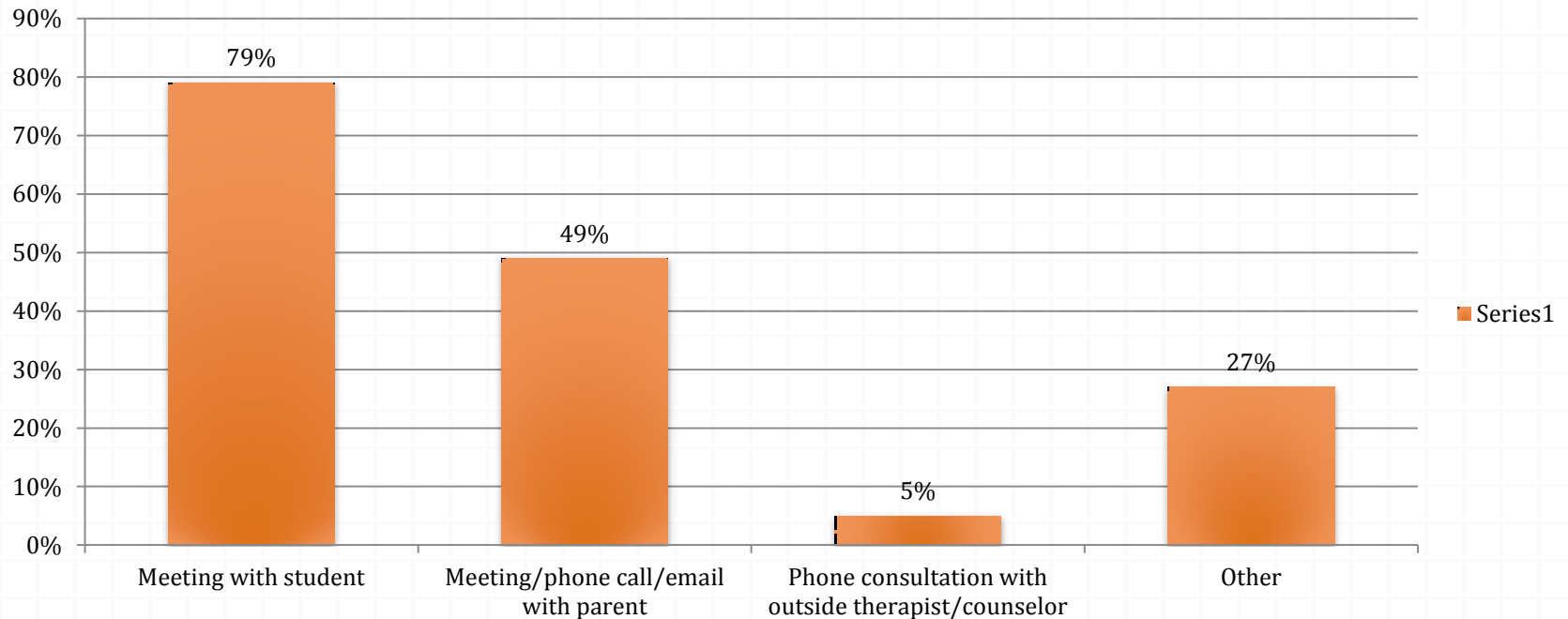
Nature of Issue: Secondary

Secondary Mental Health Related Issues Addressed



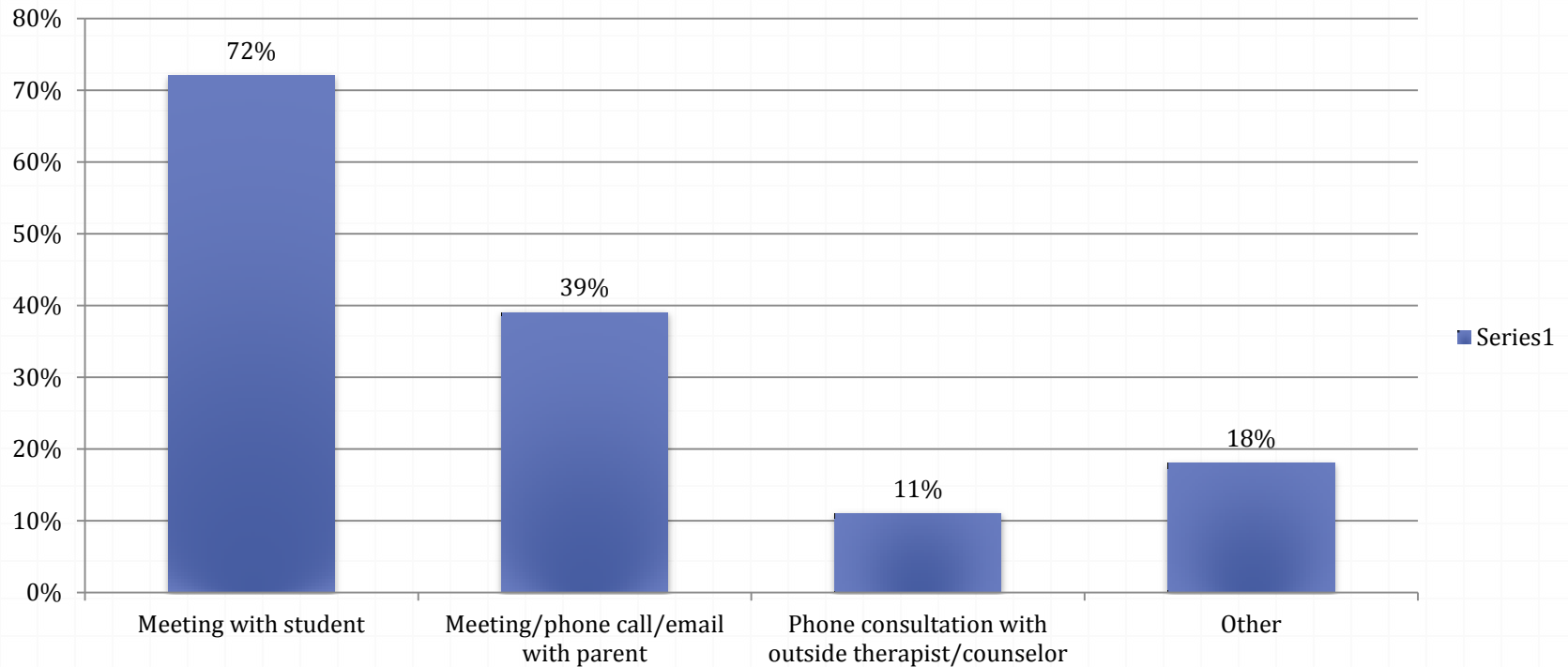
Nature of Contact: Elementary

Elementary Nature of Contact



Nature of Contact: Secondary

Secondary Nature of Contact



Impact on Special Education Services

- o Special Education Census:
 - o *4846 Students*
- o In-District Specialized Program Special Education Placements
 - o *937 Students*
- o *Out-of-District Special Education Placements*
 - o *109 students*

Next Steps

o Prevention:

- o BSD is adding 5 social workers with general fund dollars. That is 5 less teachers that can be hired.
- o Bring health providers into schools to provide mental health services directly to students where they are.
- o Develop a task force to make recommendations on how education and the medical community can partner on providing mental health services to students.
- o Find a way to break down the ODE, School District, Medical, Mental Health, and DHS silos.

o Increase supports for students already in crisis:

- o Evaluate access to day treatment and other mental services across the state for equity: Portland metro area v. the Oregon Coast.

Contact Information

- o Danielle Sheldrake
 - o 503-591-4370
 - o danielle_sheldrake@beaverton.k12.or.us