

# 2014 AARP CAREGIVING SURVEY: OREGON REGISTERED VOTERS AGE 45 AND OLDER OPINIONS AND EXPERIENCES ON CRITICAL CAREGIVING ISSUES

## KEY FINDINGS

*Oregonians want to live independently at home for as long as possible with the help of family caregivers. They strongly support having community services that will enable people to remain in their own homes as they age.*

- ❖ Over eight in ten (85%) Oregon registered voters age 45 and older say they **want to receive care for themselves or their loved ones at home with caregiver assistance** when the basic tasks of life become more difficult due to aging or illness.
  - The vast majority of Oregon registered voters age 45 and older says it is important to have **services that allow people to stay in their own home** as they age (90%) *and* more **resources and training** for family caregivers (76%).
- ❖ Half (50%) of Oregon registered voters age 45 and older **are currently providing or have provided unpaid care to an adult loved one** who is ill, frail, elderly or has a physical or mental disability.
  - Nearly all (89%) Oregon registered voter caregivers age 45 and older believe it is important to be able to provide care so that their **loved ones can keep living independently in their own home**.
  - More than four in five of these caregivers are helping or have helped with shopping (88%), transportation (87%) or household chores (84%).
  - At least seven in ten **are helping or have helped with more complex tasks** like medication management (70%) and other nursing and medical tasks (69%).
- ❖ More than four in ten (41%) Oregon registered voters age 45 and older say **it is likely that they will provide unpaid care to an adult loved one in the future**.
- ❖ A large majority of Oregon registered voters age 45 and older **strongly supports proposals that would help family caregivers when their loved ones go into hospitals or care facilities**:
  - Nearly all support requiring hospitals or care facilities to explain and demonstrate medical tasks family caregivers will need to perform after the patient returns home (91%).
  - Over four in five support keeping family caregivers informed of medical decisions regarding the patient (86%) and requiring hospitals to record the family caregiver's information in the patient's medical record (82%).

This AARP telephone survey on caregiving was conducted among Oregon registered voters age 45 and older. The survey was fielded from July 14<sup>th</sup> to 17<sup>th</sup>, 2014. A total of 800 interviews were completed and the sample was weighted to reflect the age and gender of the registered voter population age 45 and older in Oregon. The margin of sampling error for this random sample is  $\pm 3.5$  percent. An annotated survey of the weighted responses begins on page 10 followed by a detailed description of the methodology.