

TO: Chair Doherty and Committee Members
Committee on Education

April 8th, 2015 House

FROM: Andrew Gabel
445 SW 167th Ave Beaverton OR. 97006

RE: Support of SB 79

Dear Chair Doherty and Committee Members,

My name is Andrew Gabel and I'm a Junior at Westview High School in Beaverton. I am an Eagle Scout and I work as a Certified Professional Lifeguard.

As part of the Health Careers program I have had the opportunity to teach compression-only CPR. Marwa Al Khamees, a friend of mine, at Beaverton High School, decided to teach High School students in our district how to perform compression-only CPR for her senior project. I had the opportunity to help Marwa with her project by instructing many students. Over the course of 2 days we taught 1000 students how to save lives with compression-only CPR. At the start of each short session, which was less than 1 hour, the students watched a short presentation and then were given the opportunity to practice on CPR mannequins. Health Career volunteers, like myself, and the Firefighters from my Fire and Rescue district, observed and helped the practicing students. The whole process took less than 1 hour per session. It was fun, easy, and quick.

Ensuring that every student in Oregon learns CPR in school is important because CPR saves lives. When CPR is applied immediately, the victim's chances of survival are tripled.

Last month in Washington, freshmen Hailey Enick and Jasmine Daniels found a man unresponsive in his car at a McDonald's parking lot. The man was surrounded by his friends who were attempting to revive him by dumping cold water on him. They didn't know what needed to be done and done QUICKLY. They didn't know CPR. Fortunately, the girls had recently learned CPR from their health teacher in school. They pulled the man out of his car and started CPR in the parking lot.. After 5 scary minutes the man gave a gasp for air. Hailey and Jasmine had resuscitated the man; they had saved his life. Police and paramedics arrived shortly thereafter and further stabilized the man. An Officer on scene confirmed to the girls that the man would have died without their CPR.

Teaching CPR to students would fill our community with lifesavers! Emergency Medical Services arrive fast, within minutes, but those minutes after a cardiac arrest are precious and defining. Students can effectively perform CPR while Emergency Professionals are enroute. I know if we teach students CPR there will be more lifesaving and inspiring stories like Hailey and Jasmine's.

I am prepared to save lives. Please support SB 79 so all my classmates are prepared too.

Thank you for your service to our community.