

Rebecca Roth
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BRAIN-WASHING (Mind-Changing)

**A Synthesis of a Russian Textbook
on Mass Mind-Control (Psychopolitics)**

Revised and Edited by

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INTRODUCTION

The booklet you are about to read is an English paraphrase of a Red Communist "textbook" used both in Russia and in America to train Communist agents in the art of deceiving non-communists with words and with false precepts.

This "textbook" spells out methods which secret communists use to "alter the loyalties" of American citizens and then use those citizens, especially those in government positions, to take control of the nation. It describes these ingenious and effective methods of "mind control," called "psychiatry" and "psychology," which are promoted as forms of "mental healing." Needless to say, the Reds do not want Christian Americans to know these are false sciences by which they gain "control of the minds of the people."

However, in the 1950's, a disenchanted communist published this paraphrased version that you will read here and distributed several thousand copies to American Christians. Secret American Reds immediately ridiculed him and the book and tried in many ways to prevent its distribution. That former Communist died in the 1970's and this reprinting is made to carry on his attempt to warn the American people.

Americans have heard of this "art" of mind control by the term "brain-washing," a term coined by Ed Hunter, the famous war correspondent. Ed Hunter wrote a number of books in the 1950's on the methods used by Communists to capture whole nations by mental subversion. However, Ed Hunter's books, as this book, had very little distribution in America and perhaps only a few thousands Americans really understood his warnings about mind control.

In Ed Hunter's book, "Black Book on Red China," he showed that the secret processes used by the Red Chinese to capture that nation of 400 million people were identical to the secret techniques being used in America and in Europe on the people of the Christian West! In his books and in his lectures in America in the 50's and 60's, Ed Hunter told his audiences that the only defense against "brainwashing" was to know how it is done. He argued convincingly that any person who understands the technique of "brain-washing" cannot be "brain-washed." He said, "Knowledge of brain-washing is vaccination against, it." This book now in your hands will give you knowledge of that brain-washing.

A great, and almost secret, war is being waged by Red Communists against Christians and Christianity. A Red author once wrote, "Books are weapons in the war of ideas." The lectures and studies in this book

are of two weapons, psychiatry and psychology, that secret Red Communists use against us in our own country. You may have already realized that the pseudo-sciences of psychiatry and psychology are ruining millions of American lives. What you may not have known, is that such ruination is deliberate.

I pray that your reading of this, their own "textbook" on these two weapons, will not only neutralize their "mind weapons" against you, but that you, in turn, will use this book to warn others in America of these hidden methods the Reds are using in their war to destroy Christianity.

Jesus Christ told His followers, "The servant is not greater than his lord. If they have persecuted Me (they did), they will also persecute you." (They have, and they are.) Jesus also said, "In the world ye (Christians) shall have tribulation: but be of good cheer; I have overcome the world."

The age is drawing to a close. The Red world system is spewing forth its last desperate attempt to destroy Christianity. Read the following editorial note by Col. Gordon (Jack) Mohr, and the 1936 speech by Laventia Beria, the Jewish head of the Soviet Secret Police, as he confidently predicted the Communists would eventually "have dominion over the minds and bodies of every important person" in America and then would bring about the "quiet Communist conquest of the nation."

Then read the rest of the book for the details of that plan of "quiet" conquest and look at the America of today, a half century after Beria's speech.

Don't waste another minute. Turn the page and keep on reading. And may God have mercy on America, in Christ,

Pastor Emry

FOOTNOTE:

Here are a few warnings from the Holy Bible that antichristians would use lying words to deceive and to destroy Christians:

"The wicked plotteth against the just (the justified or-Christians), and gnasheth upon him with his teeth (with his words)."

"Yea, and all that will live godly in Christ Jesus (Christians) shall suffer persecution (from the wicked)."

"Through covetousness (desire for gain) shall they (the wicked) with feigned (deceitful) words make merchandise of you (sell or betray Christians for money)."

"For many deceivers (non-Christians) are entered into the world, who confess not that Jesus Christ is come in the flesh. This is a deceiver (of Christians) and an antichrist."

EDITORIAL NOTE

The synthesis of this Communist textbook was originally written by Rev. Kenneth Goff. Brother Goff, who recently passed away, was a dues-paying member of the Communist Party from May 2, 1936 to October 10, 1939, operating under the alias of John Keats. In 1939, Kenneth Goff voluntarily appeared before the House Un-American Activity Committee in Washington, D.C., which was chaired at this time by Congressman Martin Dies; his testimony can be found in Volume 9 of the 1939 Congressional Report.

During this period when Rev. Goff was a member of the Communist Party, he attended their indoctrination school located at 113 East Wells St., Milwaukee, Wisconsin, then being operated under the name of the Eugene Debs Labor School. It was here that American Communists were trained in all phases of psychological and physical warfare for the defeat and destruction of Capitalist society and Christian civilization.

One portion of this study went thoroughly into the matter of psychopolitics. This is the art of capturing the minds of a nation through "thought control" and fake mental health -- the subjugating of whole nations of people to Communist rule by capturing their minds.

During the period since the Korean War in 1953, I have noted with increasing horror and concern the use of psychological warfare on the American people, through the media, the Church, and especially in our public schools. This first became evident in the "brainwashing" of our boys who were taken prisoner in Korea. It was my privilege to work with these men when they returned through Panmunjom in 1953. Later, because of this work, I wrote and taught the first classes given to the Army in the Military Code of Conduct.

Because of personal interest in this subject, I became aware of pressures of psychological warfare, as it was crammed down the throats of gullible people. It became evident in the military during the infamous "Pro-Blue" persecution of General Edwin Walker in Germany, and the equally infamous Fullbright Memorandum which effectively gagged any American servicemen who desired to expose this evil.

The drive to influence the public became evident during this same period in well-financed drives of mental health propaganda by left-wing pressure groups. Many of our states passed bills which could be used by the enemies of America to torture and imprison these men and women of courage, who still preach the Gospel of our Lord and Savior, Jesus Christ, and who believe Christians MUST oppose the menace of anti-God Communism.

A careful study of the Alaska Health bill will show you how this plan has been implemented in that state and how Alaska could be quickly turned into a gigantic prison camp, under the guise of mental health, for anyone who dares oppose Communism in America, and who dares to oppose the hidden government which operates this nation.

I have been a friend of Kenneth Goff for many years and, although I did not always agree with him, I had a great deal of admiration for his courage. I believe he would want this manual reproduced for this generation, showing the evils of this enemy of mankind which he so diligently opposed.

This book, used in underground schools throughout the United States, contains the welcoming address by Laventia Beria to American university students attending Lenin University prior to 1936. The text of this book in general was taken from the Communist Manual of Instruction for Psychological Warfare and was used in the United States in the training of Communist cadre. The only revision is in the summary, which was added after the atom bomb had been dropped in Japan at the end of World War II. In its contents you can see the diabolical plot of the enemies of Christ and America, as they seek to subvert and conquer our nation by subjugating the minds of our people to their will.

This manual needs to be in the hands of every loyal American, especially those who claim Christ as Savior, so that they may realize that nations are not always conquered by "force of arms alone."

This is an appeal to all concerned Americans to "learn the truth, that they may remain free." I do not believe we will lose our freedoms in America some dismal morning, when the enemy knocks on our door and hauls us away to a concentration camp; rather, we will lose it when we see things happening in our schools, churches, and government, which we know are wrong but we fail to take action to stop them. When enough good Americans fall down in their duty to God and Country, we will have to bury America and write on her headstone this epitaph: "America died because the American people didn't want to be bothered."

There are those who will claim the original synthesis by Kenneth Goff was a fake. I will not attempt to answer this accusation. I merely ask you to notice how these plans, written over 40 years ago, are now being implemented.

The added notes and underlining are my thoughts and emphasis.

/s/ Gordon "Jack" Mohr
Lt. Col. U.S. Army, Ret.
January 1976

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Remember as you read this that the entire text, except for the short notes at the bottom of some pages, are from Communist writings. Those notes are by Col. Mohr.

ALL ASSAULTS BY LAVENTIA BERIA

(Given to hand-picked American students who were sent to Moscow for indoctrination)

American students at the Lenin University, I welcome your attendance at these classes on Psychopolitics.

Psychopolitics is an important if less known division of Geo-politics. It is less known because it must necessarily deal with highly educated personnel, the very top strata of "mental healing."

By psychopolitics our chief goals are effectively carried forward. To produce a maximum of chaos in the culture of the enemy is our first most important step. Our fruits are grown in chaos, distrust, economic depression and scientific turmoil. At last a weary populace can seek peace only in our offered Communist State, at last only Communism can resolve the problems of the masses.

A psychopolitician must work hard to produce the maximum chaos in the fields of "mental healing." He must recruit and use all the agencies and facilities of "mental healing." He must labor to increase the personnel and facilities of "mental healing" until at last the entire field of mental science is entirely dominated by Communist principles and desires.

To achieve these goals the psychopolitician must crush every "home-grown" variety of mental healing in America. Actual teachings of James, Eddy and Pentecostal Bible faith healers amongst your misguided people must be swept aside. They must be discredited, defamed, arrested, stamped upon even by their own government until there is no credit in them and only Communist-oriented "healing" remains. You must work until every teacher of psychology unknowingly or knowingly teaches only Communist doctrine under the guise of "psychology." You must labor until every doctor and psychiatrist is either a psycho-politician or an unwitting assistant to our aims.

You must labor until we have dominion over the minds and bodies of every important person in your nation. You must achieve such disrepute for the state of insanity and such authority over its pronouncement that not one statesman so labeled could again be given credence by his people. You must work until suicide arising from mental imbalance is common and calls forth no general investigation or remark.

With the institutions for the insane you have in your country prisons which can hold a million persons and can hold them without civil rights or any hope of freedom. And upon these people can be practiced shock and surgery so that never again will they draw a sane breath. You must make these treatments common and accepted. And you must sweep aside any treatment or any group of persons seeking to treat by effective means.

You must dominate as respected men the fields of psychiatry and psychology. You must dominate the hospitals and universities. You

CHAPTER XII

THE SMASHING OF RELIGIOUS GROUPS

You must know that until recent times the complete subject of mental derangement, whether so light as simple worry or so heavy as insanity, was the sphere of activity of the church and only the church.

Traditionally in civilized nations and barbaric ones the priesthood alone had in complete charge the mental condition of the citizen. As a matter of great concern to the psychopolitician this tendency still exists in every public in the Western World and scientific inroads into this sphere have occurred only in official and never in public quarters.

The magnificent tool welded for us by Wundt would be as nothing if it were not for official insistence in civilized countries that "scientific practices" be applied to the problem of the mind. Without this official insistence or even if it relapsed for a moment, the masses would grasp stupidity for the priest, the minister, the clergy when mental condition came in question. Today in Europe and America "scientific practices" in the field of the mind would not last moments if not enforced entirely by officialdom.

It must be carefully hidden that the incidence of insanity has increased only since these "scientific practices" were applied. Great remarks must be made of "the pace of modern living" and other myths as the cause of the increased neurosis in the world.* It is nothing to us what causes it if anything does. It is everything to us that no evidence of any kind shall be tolerated afoot to permit the public tendency toward the church its way. If given their heads, if left to themselves to decide, independent of officialdom, where they would place their deranged loved ones the public would choose religious sanitariums and would avoid as if plagued places where "scientific practices" prevail.

Given any slightest encouragement, public support would swing on an instant all mental healing into the hands of the churches. And there are Churches waiting to receive it, clever churches. That terrible monster the Roman Catholic Church still dominates mental healing heavily throughout the Christian world and their well schooled priests are always at work to turn the public their way. Among Fundamentalist and Pentecostal groups healing campaigns are conducted, which, because of their results, win many to the cult of

***Note: [Many articles on mental health indicate that insanity is caused by social stresses.]**

Christianity. In the field of pure healing the Church of Christ Science of Boston, Massachusetts excels in commanding the public favor and operates many sanitariums. All these must be swept aside. They must be ridiculed and defamed and every cure they advertise must be asserted as a hoax. A full fifth of a psychopolitician's time should be devoted to smashing these threats. Just as in Russia we had to destroy, after many, many years of the most arduous work, the Church, so we must destroy all faiths in nations marked for conquest.

Insanity must be made to hound the footsteps of every priest and practitioner. His best results must be turned to jibbering insanities no matter what means we have to use.

You need not care what effect you have upon the public. The effect you care about is the one upon officials. You must recruit every agency of the nation marked for slaughter into a foaming hatred of religion. You must suborne district attorneys and judges into an intense belief as fervent as an ancient faith in God that Christian practice which might devote itself to mental healing is vicious, bad, insanity-causing, publicly hated and intolerable.

You must suborne and recruit any medical healing organization into collusion in this campaign. You must appeal to their avarice and even their humanity to invite their cooperation in smashing all religious healing and thus, to our end, care of the insane. You must see that such societies have only qualified Communist-indoctrinees as their advisors in this matter. For you can use such societies. They are stupid and stam pede easily. Their cloak and degrees can be used quite well to mask any operation we care to have masked. We must make them partners in our endeavor so that they will never be able to crawl from beneath our thumb and discredit us.

We have battled in America since the century's turn to bring to nothing any and all Christian influences and we are succeeding. While we today seem to be kind to the Christian remember we have yet to influence the "Christian world" to our ends. When that is done we shall have an end of them everywhere. You may see them here in Russia as trained apes. They do not know their tether is long only until the apes in other lands have become unwary.

You must work until "religion" is synonymous with "insanity." You must work until the officials of city, county and state governments will not think twice before they pounce upon religious groups as public enemies.*

*Note: [One of the main reasons for persecution of Fundamentalist church groups.]

Remember, all lands are governed by the few and only pretend to consult with the many. It is no different in America. The petty official, the maker of laws alike can be made to believe the worst. It is not necessary to convince the masses. It is only necessary to work incessantly upon the official, using personal defamations, wild lies, false evidences and constant propoganda to make him fight for you against the church or against any practitioner.

Like the official the bona-fide medical healer also believes the worst if it can be shown to him as dangerous competition. And like the Christian, should he seek to take from us any right we have gained, we shall finish him as well.

We must be like the vine upon the tree. We use the tree to climb and then, strangling it, grow into power on the nourishment of its flesh.

We must strike from our path any opposition. We must use for our tools any authority that comes to hand. And then at last, the decades sped, we can dispense with all authority save our own and triumph in the greater glory of the Party.