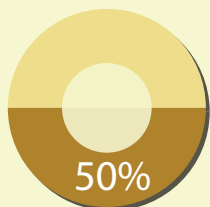


FAMILY CAREGIVERS HELP SENIORS IN OREGON

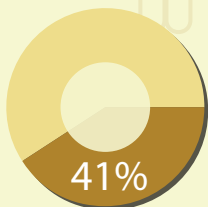


AARP is fighting to help seniors live independently and for the Family Caregivers who help make it possible for them to stay at home. AARP recently surveyed Oregon voters age 45+ about caring for their families. Here's what we learned:

Oregon voters are Family Caregivers: If you're not a caregiver now and weren't one in the past, you'll likely be one in the future:

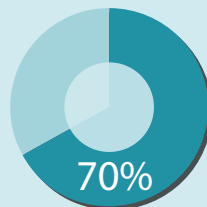


Current or Former Caregivers

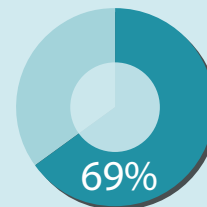


Likely Caregivers in the future

Oregon Family Caregivers help their older loved ones with daily activities like shopping, transportation, meals, and chores. They also:



Manage medications

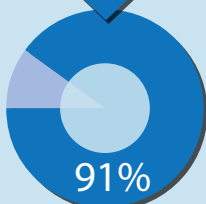


Handle nursing and medical tasks

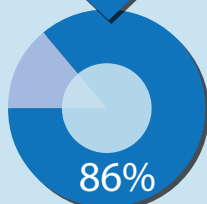
Oregon voters 45+ believe living independently at home, with caregiver assistance is the ideal situation when basic tasks become difficult. They strongly support policy options to help.



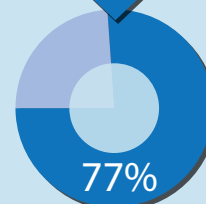
They want hospitals to better support family caregivers when their loved ones are admitted, specifically:



Hospitals should demonstrate medical and nursing tasks

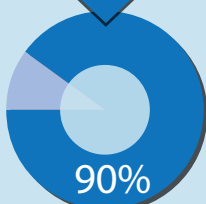


Hospitals should keep family caregivers informed of major decisions, like discharges

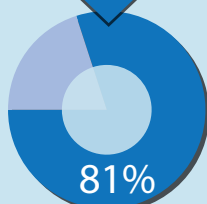


Hospitals should record the name of the family caregiver in the medical record

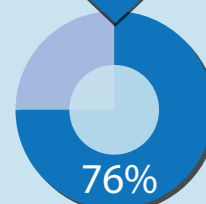
They say it's important for Family Caregivers and their older loved ones to have support, specifically:



Community services to help you or a loved one stay at home



Community services so family caregivers can take a break



Resources and training available for family caregivers

Oregon's Average Family Caregiver



62 year old and female



Works full or part-time



Cares for someone over age 50