

## HEALTH CARE PROVIDERS FOLLOWING IDSA GUIDELINES

Dr. Ron Culver, MD 4/04-Present	<u>Primary care physician since 2004</u> ; treated for recurring and ongoing headache with pain medications which had no effect. Referred her to Dr. Koch, pediatric neurologist at Doernbecher's Children's Hospital.
Dr. Koch, MD 4/06-3/07	<u>Pediatric Neurologist Doernbechers</u> ; diagnosed chronic daily headache OHSU (no tests such as CAT scan or MRI) and put her on the following drugs: Elavil (8/06-12/06) disc; no effect on headache; Depakote (12/06-2/07) mental foginess; discontinued; Topamax (disc; severe eye reaction) DOERNBECHERS Koch referred her to Doernbechers Pain Clinic
Pain Coping Clinic 6/06-10/07	<u>Biofeedback Pain Control</u> ; Doernbechers; pain coping team included weekly visits to learn ways of coping with pain DOERNBECHERS
Dr. Laura Rubiales 4/06-7/06	<u>Accupuncture/naturopath</u> ; referred by Dr. Koch for pain control; discontinued after four months
Dr. Bobby Jones 5/06-7/06	<u>Chiropractor</u> ; for muscle tension and knots; referred by Dr. Rubiales
Dr. Raji Matthew	<u>Dentist</u> ; to check for TMJ disorder of other dental causes for headache
Dr. Strasser 3/07-5/07	<u>Cranial Osteopathist</u> for ongoing headache
Connie Heddon	<u>Physical Therapist</u> (4/07) for carpal tunnel; no relief
Dr. Kingsbury, MD	<u>Rheumatologist</u> ; (10-10-07) inconclusive; referred her to a OHSU physiologist; seemed pointless; did not follow up
Dr. Guzman, MD	<u>Infectious Disease Specialist</u> ; (10-17-07) inconclusive; referred her OHSU back to a neurologist
Pain Coping Clinic	<u>Referred her to Dr. Koh, an anesthesiologist for pain medication</u> OHSU
Dr. Jeffrey Koh, MD	<u>Anesthesiologist</u> (11-06-07) referred her to a rheumatologist OHSU
Dr. Kingsbury, MD	<u>Rheumatologist</u> (no help; referred back to Dr. Koh for pain relief) OHSU
Dr. Crombie, MD 1/8/08-1/19-08	<u>Psychiatrist</u> (Emanuel Hospital psych ward) 1/08; checked in willingly because of severe depression and ongoing suicidal thoughts; Dr. Crombie denied Lyme; diagnosed bipolar disorder

**END IDSA GUIDELINES;**

## BEGINNING ILADS GUIDELINES

Dr. Marty Ross, MD 2/08-8/09	<u>LLMD (Lyme Literate Medical Doctor)</u> followed ILADS Guidelines over the next 1-1/2 years; gradually symptoms disappeared
9/09-present	Summer able to return to high school; lyme symptoms gradually dropped off; Graduated from high school in 2011; is currently symptom free and about to graduate from Portland State University