

I understand you are chairing a hearing regarding abolishing daylight savings time in Oregon.

I feel strongly that this would be a mistake for several reasons:

1. Putting Oregon on a different time schedule than surrounding states would be very awkward. Do we want to change our clocks and watches every time we cross the state line?
2. The purpose of DST was to provide quality family time during the summer months. Having this extra hour of daylight in the evening is important for families and for quality of family life and activities. Why should we take this away from families?
3. We are connected with other states for various business and commercial activities. Putting us out of step with those states and with the rest of the Pacific time zone would create problems.
4. If we stay on Standard Time in the summer, it will be getting light outdoors at about 4 AM in some areas. Who needs that extra hour of light at that time of day, rather than in the evening when it can be used to benefit more citizens.
5. People who might benefit from having the extra hour of light at that very early time of day are in the minority. I believe that most people will use it to better advantage in the evening.

Daylight time was initiated for a sensible reason. We manipulate time for our convenience. Doing so for long summer evenings makes sense. Also, I believe the comments about health issues are pretty over stated. People are flexible, and adjust quickly to the difference. Losing an hour of sleep for one night a year is pretty meaningless. The change is made on weekends when most people can go to bed an hour early or sleep an extra hour in the morning if they really feel the need to do so.

I hope your committee will recommended keeping Daylight Savings Time in place. It just makes sense. Let's not allow a small minority of people to spoil this for the majority.

Sincerely,

Art Swanson  
[martam@q.com](mailto:martam@q.com)

Dear Senators –

Please support the bills to abolish daylight savings time in Oregon. Personally I would like it abolished in two years instead of six.

But please give these bills your support.

Thank you,

Becky Lemler

Elmira

Hello Committee Members,

I'm writing to share my support for SB 99 and SB 690 these bills are common sense pieces of legislative that would end Oregon's observance of daylight savings time.

While I can explain each and every benefit of getting rid of daylight savings time I would instead encourage committee members to read this article which has good citations:  
<http://gizmodo.com/5892438/why-daylight-saving-time-is-pointless>

Simply put Daylight Savings Time has a real negative impact to Health, Business and more and has not provided any benefits in decades. We should abandon this system which causes more harm than benefit.

Thanks,

Benjamin Kerensa

I would like to express my strong opposition to SB 99 and SB 690, which would do away with daylight savings time in Oregon.

This is the exact opposite thing that should be done. Which is, to make daylight savings time permanent.

I've never heard a single person say, when clocks are rolled back an hour in the fall, "Oh joy, it is going to get dark earlier, so I won't have much daylight left to go outside after work or school." But everyone loves it when daylight savings time starts in the spring.

I submit today's blog post on the subject as captivating persuasive testimony in opposition to this really bad idea.

<http://hinessight.blogs.com/hinessight/2015/03/lets-make-daylight-savings-time-permanent-in-oregon-and-everywhere.html>

Please, Oregon legislature, keep your hands off of our precious late afternoon and evening daylight. Us Oregonians love our daylight savings time!

Brian Hines  
10371 Lake Drive SE  
Salem, OR 97306

Chairperson Rosenbaum and Members of the Senate Rule Committee:

I write in opposition to SB 99, the legislation aimed at eliminating Daylight Saving Time via voter referral. As a small business owner/operator, the "extra" daylight in the evening is significant to my income potential. I provide mobile paint repair services for vehicles, and my customers are primarily wholesalers and retail lots. There is no equalizing hour early in the day - lots simply are not open at 6am. Private retail customers are also more appreciative of an evening visit than one in the early hours.

I am one of probably a few thousand Oregonians who provide some type of mobile vehicle service for dealers. In addition to paint repair technicians, mobile vendors provide dent repair, upholstery repair, steel bumper straightening, glass installation, striping and various other trim services.

While a few larger lots have indoor space, vendors are generally reliant upon the availability of outdoor lot space to do our work. While we can and must adjust to weather conditions, a portable tent will keep the rain at bay, but natural daylight and the extra PDT hour we have March through October is the most significant tool in our collective box. Vendor services, to be sure, are a quasi-seasonal business, dependent on the vacillations in the auto industry, which also is impacted by seasonal buying trends and other economic ebbs and flows. Having been in the industry 20 years, I can put it simply: our business is much better when the weather is much better. As the spring and summer days are long, so are our hours - often this is how we balance out the lean and exceptionally cold months.

The Fiscal Impact of SB 99 is undetermined according to the Measure's overview, but the implementation of this legislation would cost my business a minimum of approximately \$5000 and potentially as much as \$7500 per year. As a solo operator, this is a huge hit.

Beyond the auto vendor industry there are thousands of other small shop operators in lite exterior construction, stone masonry, landscape maintenance, outdoor facility maintenance, painting and various other industries who rely on the seasonal income from the ability to work later in the day. We have no lobbyist, but we are reliant upon you to protect us from the whim of voters who may not realize how much they could potentially hurt so many hard-working Oregonians.

Please vote against this bill.

Carla "KC" Hanson

I would like to register my strong disapproval of the bill that is currently proposed to end Daylight Savings Time in Oregon.

Besides the fact that it would put us out of synch with most of the other states in the union, I personally do NOT want to be forced to give up my extra hour of daylight in the evening in the spring and summer. I suffer from SAD, as do many people, and the hardest part of the year for me is winter when it gets dark so early.

Rather than go back to year-round PST, I would LOVE to go to Daylight Savings Time ALL YEAR LONG!

This is a bad bill.

Carol Berger

My name is Charles V. Choate. I reside at 6080 14th Ave NE Keizer, Oregon,  
I oppose SB 99 and SB 690

I am unable to attend the public hearing this afternoon due to work constraints, but I want to express my strong support for ending Oregon's observance of Daylight Savings Time. I have advocated terminating the practice of Daylight Savings Time for many years--in fact, I wrote a letter to the editor of the Corvallis Gazette Times four or five years ago regarding this subject. My support of this measure cannot be overstated. I am a fifth generation Oregonian, and was raised on the complaints of my grandfather regarding the time switch. He was a dairy farmer in Blodgett, and said "the cows don't know what time it is", and was extremely annoyed by it his entire life.

I would also like to go on the record supporting SB 690 over SB 99, because I believe it does not require a vote by Oregonians to implement this change. While the people's will is important, I believe Daylight Savings Time is an anachronism in the twenty-first century, and the time has come to get rid of it. There are numerous other states considering this matter as well, and Oregon's prompt action could help speed national implementation along. At least that is my hope. I would also encourage implementation sooner than 2021, if that is at all possible.

Again, I cannot overstate my support of terminating Oregon's observance of Daylight Savings Time—it is unnecessary, and disruptive to daily routines.

Thank you for your time & attention.  
Sincerely,

Carol Ann Clark  
Sweet Home, Oregon  
503-860-1747



We own two vineyards, and have been thrilled DST was on again.  
Please think about us farmers (who have day jobs in offices) and need EVERY HOUR of daylight we can get in the "summer".  
I LOVEEEEEEEEE DST. Am always despondent to see it leave due to less productivity.  
Please KEEP daylight savings time.

Also, everyone in my "day time job" gets giddy knowing DST is coming. More hours with their kids outside, their biking or jogging or walking.

We all WANT Daylight Savings Time. Please preserve it.

Connie Tyson  
Lake Oswego, Oregon

There is a move in the Oregon Senate to take daylight Savings Time away.

Humm a few bars of Paul Simon tune

PLEASE

Don't Take my Daylight Savings away!!

5 am in June is early enough to get up!

Do love that late evening sun

PLEASE

Don't Take my Daylight Savings away!!PLEASE

Don't Take my Daylight Savings away!!PLEASE

Don't Take my Daylight Savings away!!

Cricket

[crixdix@frontier.com](mailto:crixdix@frontier.com)

Life is not certain,

Ride your best horse First!

We would like to show our support of passing SB99 and SB690 to abolish Daylight Saving Time in Oregon.

The original reasons for Daylight Saving Time date back over 100 years, which no longer apply to our State or Country.

There are reports proving that it does not save electricity. There are only so many daylight hours in a day, changing the time does not extend or change this. Being on standard time year round would be more sensible, and less confusing.

If anyone has ever had young children, then they would understand how difficult it is to help the children adjust to daylight saving time. Just try telling them that it is bedtime, but still daylight out. Not an easy task.

Please pass on our request to pass SB 99 and SB 690.

Thank You,

Darlene Bensin  
Richard Bensin

503 255 3813

1855 NE 138th Place  
Portland OR 97230  
[martam@q.com](mailto:martam@q.com)

I would like to submit the following testimony to the Senate Committee on Rules regarding SB 99 and SB 690.

My name is Dave Gullledge and I speak to you as a citizen of this state. I support both of these bills.

Does the practice of Daylight Savings Time (DST) have it's purpose? Some say yes, but more and more are saying say no. Only 33% of American adults think DST is worth the hassle, according to a Rasmussen Reports national survey conducted in March 2014. That is down from 37% last year at this time and 45% in 2012. The dwindling support of DST is just one indicator that it needs to end. Couple this with the fact that there is copious amounts of research available and study after study have shown that changing time is associated with negative health issues and creates increased safety risks because of the rise in traffic accidents associated with time change. This is mainly due to the amount of light available at times when people are travelling to and from work or school. The practice of moving time forward and back each year needs to end.

Although I am in favor of these bills to stop this silly and harmful practice of constant time changing, I believe there is an alternative solution. If the benefits of DST are significant enough, why not consider a permanent change to DST instead of Standard Time? According to a May 2004 study in the journal Accident Analysis & Prevention, research has found that having DST all year round could reduce pedestrian fatalities by 13% in the 5:00-10:00 a.m. and in the 4:00-9:00 p.m. time periods. Motor vehicle occupant fatalities would be reduced by 3%, during the same time periods.

I am in favor of having a permanent single time standard, whether it be Standard Time or DST. Please move at least one of these bills forward with a do pass recommendation.

Thank you for the opportunity to testify on this issue.

Dave Gullledge  
Citizen of Oregon  
6720 Redstone St.  
Turner, OR 97392  
davegullledge@hotmail.com

I rather enjoy the extra hour of sunlight that DST provides and look forward to that time each spring where we get an extra hour. If anything, I'd prefer we stay on DST all year round.

Thanks!

David Lux  
Keizer, OR

I disagree with the bill. I would rather see us keep Daylight Savings time year around instead of the opposite.

Diane Canfield  
[disco.canfield@frontier.com](mailto:disco.canfield@frontier.com)

My wife and I cannot attend the public hearing today, but respectfully ask to have our opinion included in any ongoing discussion regarding the much-appreciated efforts to eliminate Daylight Savings Time in Oregon. We found your email address in online research of the pending actions to dispose of DST.

We feel the antiquated, useless difficulties of the twice-yearly time change severely disrupt daily routines, including such things as:

- The lengthy bodily/mental adjustment and frustration caused by bedtimes and awakening hours earlier than normal.
- Problems caused by forgetting to change all manual clocks which can result in missed appointments, increased energy use from incorrect heat settings, disrupted family schedules, etc.
- The sheer absence of present-day logic to support such a ridiculous intrusion on already-stressful lives.
- Having lived in Arizona from 1983 to 1993, I observed that state's positive and long-term support and enjoyment of being exempted from time changes. As progressive Oregonians, we should no longer follow an outdated and exasperating practice.

Thank you.

Doug and Keri Allen  
Ashland, Oregon

541-301-4946

I am writing in opposition to SB 99 and SB 690. Daylight Saving Time is actually a much more natural way of measuring time. Its aim is to keep clock noon as close to the midday zenith of the sun as possible. Throughout time, humans and many other animals have relied on "high noon" to measure their days. Having a time system that does not correspond to this natural fact of the world makes no sense. And being at the 45 parallel on the globe, Oregon benefits most from the change of the clock. Daylight Saving Time helps keep our clocks closer in balance to natural, solar time.

Accordingly, people, much like other animals, adjust quickly to the change because it is a natural occurrence. Whining about one hour of lost sleep a year, or having to change what few manual clocks are left is a foolish reason to defy nature. And, many of us much prefer to have more daylight when we get home in the evenings than fret over a slightly darker early morning.

And of course, there is the disruption to business and personal life of having a time that does not correspond with our time zone or our neighbors. I have friends in Arizona, and when I call I never know what time it is there. Leaving customers from other states (especially in Clark County, WA) wondering when they could call or stop in at businesses in Oregon is absurd and unproductive. Having to change our watches and clocks every time we go to Vancouver is a ridiculous suggestion.

While I oppose both bills, the citizens should be given the chance to express their opinions about the state messing with our clock and time zone. If the Rules Committee honestly feels one should make it out of committee, it should only be SB 99.

Nearly all of the developed countries of the world uses Daylight Saving Time at some point in their year. Daylight Saving Time has been a proposal for as long as there have been clocks with minute hands. And there is a good reason for that long history - it makes sense, and it is now stare decisis. Thank you.

Ms. Dresden Skees-Gregory  
7322 NE Shaleen Street  
Hillsboro, OR 97124  
503-645-1202



DEAR SIRS:

Yes—end it, and immediately—please!!!

Everyone I've talked to says, "We don't need it and it messes up your system for weeks; possibly a killer."

*Yours truly,*

**Eric S. Nelson, A.G.S.**  
Water & Environmental Technologies  
Cross Connection Control  
691 W. Maple St.  
Stayton OR 97383-2246  
[moses@wvi.com](mailto:moses@wvi.com)  
(503) 767-7679

I am amazed that these bills even deserved a hearing. Oregon has observed Daylight Savings time, like 49 of the 50 states, for longer than I have been alive. Many of us do business or have family in various parts of the country. How inconvenient if Oregon was on a different program that everyone else. Who thinks up this stuff. WE have important issues to deal with, and this concept borders on stupid.

*Gary Coe*

Dear Senate Rules Committee:

Please consider this my personal testimony against both SB99 and SB 690.

I want permanent Daylight Savings Time in Oregon.

Daylight AFTER work is important for both travel and personal spirit.

At least light would be there for the tired part of a work day ...that is after work.

The morning darkness ...dark once a day is inevitable, let it be in the morning when we are most refreshed.

If anything, Double Daylight Savings should go into effect for the winter.

Do not take away the precious joy and safety of evening light.

Thank you.

Gary Strong  
20 SE 197th Ave.  
Portland, OR 97233

My personal best reason to eliminate Daylight Saving Time is lower blood pressure. Let's get this bill through and out to the voter. Thank you and Senator Thatcher.

Daylight Savings Time has never been popular with this farmer. In order to manage our animals properly they need a consistent schedule. That means, those who care take animals properly have to manage their live with two different times. One time to feed the other for personal business. This is quite nerve wracking to me at least.

Please support Senator's Thatcher and Boquist SB 690. Respectfully, Gary W. Tuyls, retired farmer

Unless all of the time zone changes this would be highly confusing for nearly all businesses who have out of stat clients. The current system has worked well for nearly 50 years.

Learned a long time ago change for sake of change is rarely good.

George Hunter (503-314-0360)

Keep daylight savings time as is. Please don't waste taxpayer money on these bills.

Gerald Dykes  
Keizer, OR

Discontinue observance of Daylight Saving Time? Absolutely not! Personally, I would rather leave the time set to Daylight Saving Time all year long, but I know that's not what is being proposed.

Coming home from work during the warm months and still having plenty of daylight left to get things done is wonderful. Much better visibility for traveling is a definite plus as well.

Having worked and commuted between observing and non-observing locations, I can attest to the never ending scheduling chaos this creates.

Please stick with what works. The current arrangement works.

Thank you,

Glen Gallamore  
Tigard, OR

I am in favor of eliminating the practice of daylight savings time. Among the usual reasons for DST are:

1. Makes for more sunlight.

DST does not control the length of the day.

2. Safer driving as it provides daylight driving time.

I have not seen studies that actually verify this, however there is no more problem driving in dark the rest of the year than in Winter. Actually the longer days provide the daylight for driving in any event, and as days get shorter DST moves the dark driving hours to morning. I've found that part of the year DST times commutes to times when the sun is at a dangerous angle for driving.

3. Inconvenient to need to change time when crossing from a state that uses DST to one that does not.

Limited number of people compared to those not crossing borders. Also, we have 4 time zones in the continental United States which force travelers to change time along a very long demarcation line and we get along just fine in dealing with that.

Guy B. Meredith



Please submit this communication as testimony for SB99 and SB690, which will put Oregon on standard time year-round.

As an Oregon constituent, I support these Bills. Although the United States of America has a penchant for doing things our own way (e.g. not using the metric system; not mandating paid time off for employees; being one of only four countries in the world that does not provide paid parental leave), the rest of the world is moving towards abolishing Daylight Savings Time. I would like Oregon to be at the forefront of this movement in the United States, joining Arizona and Hawaii as the only other States that stay on Standard Time year-round. Although North America and Europe comprise almost the complete list of holdouts for continuing with DST, the remainder of the world is blissfully free of this yearly annoyance to their populace that has disputed health and economic benefits.

These Bills make the will of Oregonians the final arbiter of whether we observe DST in the future. A referendum on the matter is a great idea, so I am glad it is part of the language of this Bill.

Sincerely,

Henry Richard Koelling, Jr.  
918 NE Birchaire Lane  
Hillsboro, OR 97124

Dear Senator Thatcher-

This is to show my strong support for SB 99 and SB 690. Let's please, PLEASE abolish 'daylight savings' for numerous reasons of which I'm certain you're already aware, not the least of which that it was enacted during and for the WWII effort, and after all, WWII has been over a few months short of 70 years now...

Additionally, my mother is in a retirement center which fortunately is only 3 blocks from our residence, so it's easy to visit her more frequently than most families might visit their folks, and we often join her for meals, take care of errands and small projects, and so on.

Twice a year I see the time change by that one hour, and since the retirement center is, after all, a business, the kitchen and all other staff follow the daylight savings time. The day following and for several days after I see a great many of the residents (as I would also guess many, many more thousands of seniors in Oregon) struggle to adjust their routines to the sudden time change, which appears as no small disruption in their lives, as I see how it affects them. Watching the confusion and difficulty suffered by many of them as they suddenly must readjust their routine (sleeping, eating, appointments, activities, even their pets typical 'potty' hours, [explain THAT to your pet!] etc. etc.) almost seems cruel. And, many of them have early stages of dementia, Alzheimer's disease, memory problems, etc. Frankly, it's tough on many of our seniors.

Of course, even people much younger of all ages also have difficulty with the time change. To the best of my recollection, in my 58 years, I recall NO ONE who wished daylight savings to remain in effect. And, as a person with a chronic sleep disorder, I have to go through my own tired struggle as well. Lastly, wouldn't it be nice if, in the middle of summer, the sun and temperature were beginning to go down at 9:00 pm instead of 10:00 pm? It's difficult to go to bed and attempt sleep when it's still bright out - even with the blinds closed.

Thank you,

Jeff Huffman  
7415 Parkplace Dr NE  
Keizer OR 97303

P.S.- If passed, any possibility of enacting this sooner than 5 years from now

Please do not remove daylight savings time. This would that put Oregon on a different hour than ALL of their neighboring states, causing confusion and frustration. The extra hour of sunlight in the evening is very useful and welcome. Having an extra hour of daylight to work outside in our yard, or gardens, or spending a little extra time outside with our families is invaluable.

Thank you,

Jerry

Dear Senator Thatcher:

End DST? You've got to be kidding! I like those long hours of daylight in the summer months. I'm betting that if this goes before the voters it will meet the same end or worse than the ill-advised SB 833 via Measure 88.

Sincerely,

Jerry Ritter

Erin, I would be in favor of below bills... I dont think we need to to keep switching clocks in future. From my understanding, this was created for the farmers to have more working hours. With todays use of tractors, and there lights, I see them cutting grass and wheat early AM, and well into the night in summer time...

Leave the clocks alone.. Arizona does.

thx  
jim

As I begrudgingly made my rounds to advance the time on all the household clocks, I wondered how many senior citizens, like myself, have fallen off of stepladders changing clocks twice a year. It really is a health risk, as well as a nuisance, and what purpose does it serve? There are still only so many hours of daylight. It's an antiquated idea. I would like to see it go the way of other old dinosaurs.

Joanne DeWitt

This has got to be the biggest waste of taxpayer money even considering a bill like this. Why would I want to be awakened at 4:30 AM in the summer and have less time to enjoy my Oregon summer evenings. Do you people have nothing better to do? This bill should be DOA. Stop wasting everyone's time.

John Eshleman

PO Box 15

Amity OR 97101

No daylight savings time in Oregon means sunrise will occur at 4:23 AM in June and twilight will start at 3:46 AM in June. Yes, it will be light out before 4 AM. As a parent I will not appreciate my children waking up so early during the summer even with dark shades on the windows.

Hawaii and Arizona are often cited as reasons that we do not need daylight savings time in Oregon. To compare Oregon to Hawaii is crazy. Hawaii has sunlight for 10 hours 50 minutes in December and 13 hours 26 minutes in June, a seasonal fluctuation of only 2 hours 36 minutes. Oregon has 8 hours 43 minutes of sunlight in December and 15 hours 41 minutes in June, a seasonal fluctuation of 6 hours and 58 minutes. What happens in Hawaii should not affect the way we do things in Oregon.

Lastly, daylight savings has been proven to reduce electricity consumption.

Sincerely,  
Jon Simonson  
Portland, OR 97236



As a farmer, I am always delighted when we change to daylight savings time. In fact, I would like to have us stay on daylight savings time year around. The additional daylight time in the evening makes it so much easier to do outside chores in the evening. That extra hour is a bonus.

Please vote against any bill that does not support daylight savings time.

Thank you,

Karen Hasel  
61240 Crooked Creek Rd.  
La Grande, OR 97850

I am writing in support of SB 99, and with a request to add the option of staying on daylight savings time (DST) year round.

I took an informal poll of my neighbors (66 responded) and found that there is overwhelming support for keeping a single time through the year. While 33% support stopping daylight savings and staying on Pacific Standard year round, the **52% support keeping daylight savings year round**. Only 15% want to continue as is. Screenshot of poll results below.

**Do you think we should stop changing the clocks every spring and fall?**

<input checked="" type="checkbox"/> Daylight savings year round (Mountain standard all year)	52%
<input type="checkbox"/> Pacific Standard year round	33%
<input type="checkbox"/> Keep as is: change clocks twice a year	15%

VOTED 66

Keeping DST year round lets us keep our summer days from 5:20am-9pm, while staying on Pacific Standard switches summer days to 4:20am-8pm. We are currently on DST 8 months of the year (March-Oct) and on Standard time only 4 months, so staying on DST year round actually requires less change than staying on Standard year round.

Unfortunately, Oregon would need to request permission from Congress to stay on DST year round, or request the USDOT to designate all of Oregon as Mountain time (Malheur County, Oregon is already on Mountain time). But **Oregon is not alone**; many [other states are introducing legislation to stop changes](#), and [ten states are trying to keep DST year round](#) either by petitioning Congress or USDOT. Our neighbors to the north in Washington state have introduced one bill to stay on Standard all year, and one bill to petition Congress to let them stay on DST all year.

thanks,

--

**Kristin Eberhard**  
[kristing@gmail.com](mailto:kristing@gmail.com)  
(805) 407-5342  
@KristinEberhard

I write about climate for [Sightline](#). ~\*~ In my free time, I write at [BetterQuest](#) and [Medium](#).

I am happy to see a bill regarding the elimination of Daylight Savings time. I've always considered it asinine to have to change the clocks twice a year. There are still only 24 hours in a day, no matter how you cut it. For a time we lived in Arizona. Arizona does not observe Daylight Savings Time. I loved the fact that I did not have to manually change all the many clocks in the household.

We urge the passage of this bill. It has our whole hearted approval.

Leonard & Joanne DeWitt

It is about time we got rid of daylight savings time I vote Yea.

Les & Leanna

As longtime registered Oregon voters, we both heartily support ABOLISHING the whole practice of Daylight Savings Time. It no longer serves any legitimate purpose.

Our only disagreement with SB99 is that it waits too long to go into effect. We see no reason to delay until 2021; we believe it could reasonably be phased out within 1 to 2 years following voter approval. And such approval should be presented to the voters on the very next ballot, whether that be a general election or a special election.

Linn & Barbara Whitaker  
6885 NE Earlwood Rd  
Newberg OR 97132

Please, pass this bill! If I need more daylight, I can just get up earlier. What I can't do is ever get adjusted to the time changes. I'm sorry but dst has got to be one of the most insane things we have ever done to our nation. Most of us are sleep deprived as it is, making the adjustment just adds to the problem. Again, PLEASE pass this bill.

Sincerely,  
Loni Humphrey

I strongly support the pass of these bills; as a Preschool Teacher, I can assure you the stress and struggles that causes in small children the change of time, I feel the strong need of a constant sleeping routine, which helps to promote better health, more focused and a happier personality. So please vote to pass the SB 99 and SB 690 and put it to effect as soon as this 2015 year. Thank you, Maria M.

I want to offer my support for Senate Bills 99 and 690, which would eliminate daylight saving time in Oregon.

I'm sure you all have heard of the usual disadvantages to daylight saving; increased risk of heart attack within the first few days after the change to daylight saving time, and an apparent increase in workplace and vehicle accidents with sleep-schedule disruptions, among other disadvantages.

Personally, daylight saving severely disrupts my body's circadian rhythm, and when it's thrown off, I'm tired, disoriented and sleepy at inconvenient times. This morning (Monday, March 9), I find myself extremely tired and currently less productive at work. It'll likely take me a couple of weeks at least to adjust. It makes sense to live by the sun's schedule, not an artificial change on our clocks. It seems to be a misconception that we actually get more sunlight during the day. Oregon already enjoys extended hours of sunlight during the summer months, and the actual number of daylight hours doesn't change. Therefore, I believe the rationale of switching to DST to "extend" sunlight hours doesn't suitably pertain to Oregon (or anywhere else in the United States).

I also do not believe that daylight saving reduces the use of energy. The energy use in my home increases at certain points during the summer because the evenings stay hotter longer, and the use of the air conditioner in my home increases. And there is now an increased demand for lighting in the morning. Prior to today, I didn't need to turn on as many lights in the morning to get ready for work. Today, I had to turn on many more lights. I think it ends up being a wash energy-saving wise.

I realize that Oregon faces several challenges, and some may find switching between standard and daylight saving times minor, but if health and safety of Oregon citizens are the deciding factors, Oregon should remain on standard time year round. The federal government does not require states to observe daylight saving time, and Oregon should be a leader in eliminating daylight saving time.

Kind regards,  
Melissa M. Young  
7415 Parkplace Dr NE  
Keizer OR 97303  
(503) 999-8054



I am always eager for Daylight Savings Time. It gives me more time to work outside after a long day in the office. That includes helping in a vineyard.

I do alot of gardening and outdoor activities. DST makes that possible.

Please do not eliminate DST.

Melody Roth

I'm in Favor of Standard Time Year Round.

Thank you for listening,

Michael Dotts

I fully support ending it or making it permanent. It does nothing for us but create extra stress one day out of the year that leads to more accidents on the roads, at work and at home when playing with our internal alarm clocks. Any nonsense regarding it helping to conserve energy is fallacy and unproven. If people want the extra hour of daylight, then just make it year round, or compromise, and make it an extra half hour year round in between setting time forward and back an hour.. One way or another, abolish it. It makes no sense and has no value in modern society.

Thank You

Michael Maier  
1017 Ratcliff Dr SE  
Salem, OR 97302

<http://news.nationalgeographic.com/news/2013/11/131101-when-does-daylight-savings-time-end-november-3-science/>

A very good explanation and argument in support of ENDING daylight savings time.

Mike Gougler

Hello,

I'm not sure exactly how this works, but it is my understanding that we can "submit testimony" regarding the bills that would end Daylight Saving in Oregon. I simply want to state that while I love our long summer evenings here, I would love an end to this impractical and outdated practice of changing time twice a year even more. Every time I've spent a little chunk of my life in a state or country that doesn't participate in Daylight Saving I have found it refreshing and simple. Plus, in today's globally linked world, it simply doesn't make sense to make it more difficult for people in a variety of timezones to connect with one another - it complicates both business and personal relations unnecessarily. Please give us the chance to vote on this topic.

Many thanks for your time,  
-Nephyr

The Naga Center, LLC  
School of Traditional Thai Medicine  
Nephyr Jacobsen, L.M.T.  
Director  
503-473-4268  
<http://www.NagaCenter.Org>  
Oregon license #6721

Dear Senator Thatcher and Senator Boquist,

Senator Thatcher, thank you for letting me know about the two bills pending to end Oregon's observance of daylight savings time. I attempted to send this e-mail to Erin Seiler the committee administrator, but it wouldn't work for me so I am asking you to forward this e-mail to her.

I object to both SB99 and SB690 and hope they are not passed.

I am one of many who "LIVE" for Daylight Savings Time. I hate long periods of darkness and I can hardly wait for Spring and Summer to get here.

I think these bills will make it more difficult for businesses trying to do business with other neighboring States, all of whom have Daylight Savings Time.

Spring and Summer is when I contribute more to the Oregon economy. I spend a lot of money eating out in the evenings, enjoying the long and warm evenings. I go shopping in the evenings because I feel safe having lots of daylight. I feel safer driving my car when there is daylight.

I spoke to several elderly people in my 55+ community and we all agree. We love Daylight Savings Time. We have "Wine in the Garden" activities on Friday nights because of the long evenings.

I spoke to my brother who is a Farmer in Klamath Falls and owns a heating and air conditioning business. He definitely like Daylight Savings time and so do his workers. They want to get home in the daylight, so they can get work done around their homes. As a farmer, he likes being able to feed the animals and get extra work done in the extra light of the evenings.

Today, I awoke at 7 am DST just to check to see what the light was like in case DST might negatively affect school children. Seeing that most children catch a bus at 7 am or after, I noticed that there is plenty of light for them and it is only going to get better until Fall.

I beg of you, do not change the system we are currently on BUT if you must, change it so that we have Daylight Savings Time year around. Thanks for your consideration.

Ray and Sue Olmstead  
2231 SE Magnolia Av  
Dallas, OR 97338  
(503) 831-1586

I strongly support bills SB 99 and SB 690, with the goal of ending Oregon's observance of daylight savings time.

Observing daylight savings time is an antiquated process which does not apply to modern life. It causes business losses, increased traffic accidents, and it harms children who have to adjust twice a year to new sleep/school schedules. It is completely unnatural and a perfect example of the negative side effects that occur from government policy trying to make an unnecessary correction to day-to-day life.

My thanks to Senator Thatcher and Senator Boquist for their work on these bills!

Sincerely,

Reed Shumaker

The idea is great. It is about time to get off of the daylight savings system.  
My only thoughts are we need to move off of it sooner 2016 or 2017. No later than 2017. And  
my personal thought is let's stay on the daylight savings time not standard time.  
kindest regards  
Ritch Hanneman and family.



I would like to be there to put my voice in but I will be at work.

I don't see the need for daylight savings time. If the schools think it would be too dark for children to come and go to school in the winter then they should change the school hours.

Ruby Pantalone  
Keizer, Oregon

Dear Chair Rosenbaum and Members of the Senate Rules Committee,

We urge a NO vote on SB 99.

Reasons:

1. It would cause massive confusion when dealing with people in other states.
2. The extra hour of daylight is highly desirable. It promotes evening activities for families and more time for working people to play outside with their pets.

We have horses and greatly appreciate an extra hour of daylight to work with them during the spring and summer outdoors.

Note: We are also against SB 690. We are constituents of Sen. Boquist.

Roger Kaye & Aileen Kaye  
503-743-4567  
[rkaye2@gmail.com](mailto:rkaye2@gmail.com)  
[arkaye2@gmail.com](mailto:arkaye2@gmail.com)

To the Committee:

Please put this bill on the ballot. The changing of time every spring and fall is incredibly stupid, especially in light of the findings that heart attacks, domestic violence, and accidents increase significantly in the days after the change.

I myself was personally non-functional yesterday, the first Monday after daylight savings started. In a daze, I tripped over a barrier in a grocery store parking lot and fell flat on my face and breaking a half-gallon of apple juice and scraping my arm and knee.

I feel especially sorry for the children who have to go to school way earlier than they should be anyway. To take another hour from their sleep is so insane.

I say if Oregon leads the way, Washington and California will follow. We do not need to be doing this to ourselves and our future citizens. Have it take place next year. In Eastern Oregon, we already deal with time changes within our state, with Ontario being on Mountain time. Start a national movement. Stop the insanity!

Sincerely,  
Sandra Sorrels  
La Grande

Please end daylight saving time as soon as possible. It is an unnecessary hassle. Thanks!

Sarah Draper

I am fully in support of ending daylight savings time.

Sincerely, Scott Miley.

I support the resolution to eliminate daylight savings time in Oregon.

Thanks!  
Scott Rook  
Portland

All for ending daylight savings!!! It makes it more dangerous for kids riding school buses as it increases the time that they are out catching the bus in the dark. But why would it go in effect in 2021?

Sherri

Why 2021, why not 2016? Let's make this happen NOW. Everyone is happier with more daylight.

Teressa Brandtjen



I support ending the practice of changing times. No more of this clock changing thing... The basis for it is old and not relevant today.

Tim Hendrix  
Manager  
Wildish Standard Paving Co.

Please add my name to the list of those supporting the ending of daylight savings time in Oregon.. Is there any way we can do it sooner than 2021?

Thanks, Tom

I unfortunately grew up on "daylight savings time" and would frankly like to see it END! This is the only common sense measure I've seen from this damned criminal democratic "legislature" in quite awhile.

Let's END it!

For God and America, William Lee Kohler

Please, please add me to the voices that find absolutely no reason for us to maintain this antiquated practice of needless time change. I support Representative Thatcher in this.

Sincerely,

William Macy

Below are comments to consider for tomorrow's hearing regarding the proposed Daylight Saving time bill. Please share these comments with the Senate Rules Committee as a real testimony from both a business and personal standpoint of why we need Daylight Saving time.

I run a small business in the Corvallis area and we eagerly await the arrival of Daylight Saving time every spring. It immediately extends outdoor activities in the evening that we all enjoy. I have two small children and we recently purchased an outdoor trampoline. This week because of the time change I actually have daylight to spend quality time bouncing with them after work. As a manager we do not see much in the way of lost productivity for employees the Monday following the time change and life goes on. In fact, we notice happier employees during daylight saving time and the change to Standard time in the Fall is an easy transition. We sell our products all across the country and the world. We already have a narrower window with our east coast customers every day due to the 3 hr time zone difference. Do we really want a 4 hr time difference half the year under the proposed legislation?

Also, I worked for Daimler Trucks North America in Portland for nearly 9 years in the Engineering department and there was never a concern with "spring forward", only anticipation. In all of my years I have never heard any complaints about Daylight Saving time.

Think about how disjointed summertime travel would be if Oregonians were on their own time relative to surrounding states. People travelling through Oregon would be confused, especially with a time change moving north or south across borders such as California. Also, the Ontario area is on Mountain Time. That means a disjoint in time literally in a matter of feet across the Snake river in Idaho.

One other issue to consider is when the sun rises. In the summertime on Daylight Saving time it rises at 5:30am in June. Do we really want the sun rising an hour earlier at 4:30am? I would think light that early would affect people's sleep cycles.

Please consider the ramifications of moving away from Daylight Saving time here in Oregon and the problems it may cause. The vast majority love the long summer evenings plus we are aligned with surrounding states and federal time standards. It simply does not make sense to change that.

Best regards,

Zack Peterson  
General Manager  
UniMeasure.com, Inc.  
[mmzack777@gmail.com](mailto:mmzack777@gmail.com)  
[zack@unimeasure.com](mailto:zack@unimeasure.com)  
541-231-4162