



PO Box 13391
Portland, Oregon 97213
Phone: (503) 890-8777
Email: emesberg@gmail.com
Website: www.ocen.org

Oregon Chapter, American College of Emergency Physicians (O.C.E.P)

Testimony before the Senate Committee on Education

SB 79, CPR training for students

Chair Roblan and members of the committee, my name is Katy King and I'm here today representing OCEP, the Oregon Chapter of the American College of Emergency Physicians. OCEP is a medical society that has represented physicians specializing in emergency medicine since 1971 and its members share a commitment to improve emergency healthcare for all Oregonians.

OCEP supports SB 79. This bill requires school district to provide instruction in cardiopulmonary resuscitation and uses of automated external defibrillators.

Out of Hospital Cardiac Arrest (OHCA) claims 3000 Oregonians lives each year. Effective therapies such as CardioPulmonary Resuscitation (CPR,) could cut that number in half.

Studies show that bystander CPR is one of the critical determinants in surviving out-of-hospital cardiac arrest. Cities that have high bystander CPR subsequently rank among the highest for OHCA survival. It doesn't take much—as little as 20 minutes of Hands ON CPR training can help increase community CPR rates.

Cities that have the highest bystander CPR rates and best OHCA survival have mandatory Hand On CPR in the K-12 curriculum.

In summary, bystander CPR is a critical component in the chain of survival for OHCA and is an important public health determinate. Thank you for the opportunity to testify. I'd be pleased to answer any questions.