

I would like to submit the following testimony to the Senate Committee on Rules regarding SB 99 and SB 690.

My name is Dave Gullledge and I speak to you as a citizen of this state. I support both of these bills.

Does the practice of Daylight Savings Time (DST) have it's purpose? Some say yes, but more and more are saying say no. Only 33% of American adults think DST is worth the hassle, according to a Rasmussen Reports national survey conducted in March 2014. That is down from 37% last year at this time and 45% in 2012. The dwindling support of DST is just one indicator that it needs to end. Couple this with the fact that there is copious amounts of research available and study after study have shown that changing time is associated with negative health issues and creates increased safety risks because of the rise in traffic accidents associated with time change. This is mainly due to the amount of light available at times when people are travelling to and from work or school. The practice of moving time forward and back each year needs to end.

Although I am in favor of these bills to stop this silly and harmful practice of constant time changing, I believe there is an alternative solution. If the benefits of DST are significant enough, why not consider a permanent change to DST instead of Standard Time? According to a May 2004 study in the journal Accident Analysis & Prevention, research has found that having DST all year round could reduce pedestrian fatalities by 13% in the 5:00-10.00 a.m. and in the 4:00-9:00 p.m. time periods. Motor vehicle occupant fatalities would be reduced by 3%, during the same time periods.

I am in favor of having a permanent single time standard, whether it be Standard Time or DST. Please move at least one of these bills forward with a do pass recommendation.

Thank you for the opportunity to testify on this issue.

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